



Name of the Center: Millennium Institute for Research in Depression and Personality	
Type (Institute or Nucleus)	Institute
Acronym	MIDAP
Reported period	January 1 to December 31, 2023
Starting date of the Center	December 24 th , 2014
Web Page	https://midap.org/
Host Institution(s)	Pontificia Universidad Católica de Chile Universidad de Chile Universidad de La Frontera Universidad de Valparaíso Universidad del Desarrollo Universidad Diego Portales
Address	Vicuña Mackenna 4860, Macul, Santiago 7820436, Chile
Stage	Continuity
End date of the Center	December 24 th , 2024
Total amount	USD\$ 3,186,797.3
Total amount for the reported period	USD\$ 373,204.6
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Declaración de Singapur	
<p><i>Por este medio declaro que la información entregada en esta memoria anual es fidedigna, y que adhiero a la Declaración de Singapur, contenida en la Resolución Exenta N° 157 del 24 de enero de 2013 de Conicyt, como guía global para una conducta responsable en la investigación.</i></p>	
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1.1 Executive Summary

In 2023, and in accordance with MIDAP's scientific objective, which is the multidisciplinary study of depression as a complex phenomenon, i.e. in its interaction with personality and other psychosocial variables, we have continued to work on 4 lines of research, each of which produces several specific studies. Below, we summarize the Institute's main research findings, developments, and achievements in education and capacity building, networking and collaborative work, outreach and other connections, and in administration and financial status.

Line of research 1 (L1): Basic structures and bio-psycho-social processes. Scientific efforts within L1 intend to evaluate all the cultural, social, developmental, and psychobiological conditions involved in depression and personality dysfunction. 2023 was particularly rich in L1 research. Ongoing research projects covered various scientific problems related to biological, psychological, and social processes, including the adaptation of measurement instruments for basic psychopathology dimensions. Key studies included investigating disease mechanisms in patients with borderline personality disorder (BPD), evaluating differential mechanisms for the influence of information technologies on mental health outcomes, and examining the effects of perceived discrimination on health. Additionally, progress was made to understand attachment modulation, mental health-related stigma, and the impact of contemplative practices on well-being. Several studies addressed the mental health implications of the COVID-19 pandemic, covering topics such as maternal mental health, parental stress, university students' well-being, and the effects of the pandemic on mental health services. This year, MIDAP also continued to invest in research modules concerning depression included in major longitudinal studies currently ongoing in Chile. So, L1's multidimensional approach and national and international collaborations helped to advance knowledge and address mental health challenges in Chile and beyond.

Line of Research 2 (L2): Health promotion and psychosocial prevention. Line of research 2 focuses on health promotion and psychosocial prevention to address depression and personality dysfunction. During 2023, various studies within this line assessed the impact of prevention programs across different age groups, exploring innovative approaches such as mobile applications for early intervention, mindfulness-based interventions in schools, and interventions targeting caregivers of individuals with dementia. Additionally, this line of research examined the potential benefits of nature-based practices like forest bathing to alleviate anxiety symptoms. Overall, progress was made in the understanding and application of interventions that promote mental well-being and prevent the development of psychological disorders.

Line of Research 3 (L3): Psychotherapeutic interventions and change processes. This line of research focuses on the analysis of change processes and on the effectiveness of psychological interventions. Throughout 2023, efforts in this line yielded noteworthy contributions to the field, with publications spanning diverse topics such as the therapeutic alliance, interventions for specific patient populations like LGBT individuals, and reflections on psychoanalytic theory. Additionally, the work of L3 researchers extended beyond traditional research avenues, as they engaged in dialogues with different psychotherapeutic approaches and explored innovative treatment modalities. Through their collective endeavors, these researchers enriched our understanding of psychotherapy and provided valuable insights that inform clinical practice and enhance patient care.

Line of Research 4 (L4): Mitigation of chronicity during depression. This line of research focuses on the patient's recovery and on reducing the chronicity and recurrence of depression. During 2023, this line explored topics such as the impact of deinstitutionalization on psychiatric illness chronicity, the relationship between poverty alleviation programs and mental health, the efficacy of stigma-reducing interventions using virtual reality, and user experiences with internet-based interventions to prevent depression recurrence. These studies collectively contributed to advancing understanding and strategies for managing chronic depression effectively.

Education and Capacity Building. MIDAP has become a renowned research center that generates a high level of interest among young people who are receiving training in multiple areas of research linked to depression, personality disorders, and in Mental Health in general. Like every year, a relevant number of undergraduate and graduate students enrolled in the various programs offered by the host universities –e.g. psychology, clinical psychology, psychotherapy, neuroscience– asked to join MIDAP during 2023 to produce their theses with MIDAP researchers working on their subjects of interest. We have opened postdoc programs and offered scholarships for students and graduates to attend conferences and complete research projects (FIP).

Networking, Outreach, and Other Collaborative Work. During 2023, MIDAP continued to build its national and international status, maintaining and strengthening many of its networks in a range of areas such as depression and personality dysfunction; biological and personality interactions and cultural aspects in the development of psychological disorders; change processes in psychotherapy; longitudinal studies on the development of depression; mindfulness and other contemplative practices; research on E-Mental Health; and research on early developmental conditions. In addition, new connections have been generated across multiple levels. The participation of MIDAP researchers in several public and private initiatives, either as collaborators, consultants, or service providers, has continued to cement our place as leaders in mental health research in Chile and, in certain areas, also internationally. These connections concentrate mostly in Education and Medicine & Human Health.

In connection with outreach, during 2023 MIDAP maintained its commitment to its priority objective of making the community aware of its scientific work and the progress of its research projects through the implementation of various outreach activities (PME) financed by the MSI, as well as through dissemination activities carried out with its own funds and/or in conjunction with other sources. MIDAP researchers were invited to TV and radio programs, we organized open dissemination activities at host universities with national and foreign guests, and we published several articles on topics of interest in books and leading journals.

Administration and Financial Status. All the administrative tasks and internal meetings of the MIDAP Institute continued to be held remotely throughout 2023. The Council of Principal and Senior Researchers held its monthly meetings on Zoom. The management team met on a weekly basis and continued to work as efficiently as in previous years, though with an important change: Susana Maldonado retired and was replaced as executive director, after a public competition, by Mabel Muñoz. During this year, the Council continued working to define the objectives and goals of the Institute if its funding is renewed for another 10 years.

1.2 Resumen Ejecutivo

En 2023 y de acuerdo con el objetivo científico del MIDAP, cual es el estudio multidisciplinar de la depresión como fenómeno complejo, es decir, en su interacción con la personalidad y otras variables psicosociales, hemos seguido trabajando en 4 líneas de investigación, cada una de las cuales produce varios estudios específicos. A continuación, resumimos los principales resultados, avances y logros de la investigación en educación y desarrollo de capacidades, en trabajo en red y colaboración, en divulgación y otras conexiones, y en administración y situación financiera.

Línea de Investigación 1 (L1): Estructuras básicas y procesos biopsicosociales. Los esfuerzos científicos dentro de L1 pretenden evaluar las condiciones culturales, sociales, de desarrollo y psicobiológicas implicadas en la depresión y la disfunción de la personalidad. El año 2023 fue especialmente rico en investigación en la Línea 1. Los proyectos de investigación en curso abarcaron diversos problemas científicos relacionados con procesos biológicos, psicológicos y sociales, incluida la adaptación de instrumentos de medición de dimensiones psicopatológicas básicas. Entre los estudios más destacados cabe mencionar la investigación de los mecanismos de la enfermedad en pacientes con trastorno límite de la personalidad (TLP), la evaluación de los mecanismos diferenciales de la influencia de las tecnologías de la información en los resultados de salud mental y el examen de los efectos de la discriminación percibida en la salud. Además, se avanzó en la comprensión de la modulación del apego, la estigmatización relacionada con la salud mental y el impacto de las prácticas contemplativas en la salud mental.

Línea de Investigación 2 (L2): Promoción de la salud y prevención psicosocial. La Línea 2 de investigación se centra en la promoción de la salud y la prevención psicosocial para abordar la depresión y la disfunción de la personalidad. Durante 2023, varios estudios dentro de esta línea evaluaron el impacto de los programas de prevención en diferentes grupos de edad, explorando enfoques innovadores como las aplicaciones móviles para la intervención temprana, las intervenciones basadas en mindfulness en las escuelas y las intervenciones dirigidas a los cuidadores de personas con demencia. Además, esta línea de investigación examinó los beneficios potenciales de las prácticas basadas en la naturaleza, como los baños de bosque, para aliviar los síntomas de ansiedad. En general, se avanzó en la comprensión y aplicación de intervenciones que promueven el bienestar mental y previenen el desarrollo de trastornos psicológicos.

Línea de Investigación 3 (L3): Intervenciones psicoterapéuticas y procesos de cambio. Esta línea de investigación se centra en el análisis de los procesos de cambio y en la eficacia de las intervenciones psicológicas. A lo largo de 2023, los esfuerzos en esta línea produjeron notables contribuciones al campo, con publicaciones que abarcaron diversos temas como la alianza terapéutica, intervenciones para poblaciones específicas de pacientes como las personas LGBT, y reflexiones sobre la teoría psicoanalítica. Además, su trabajo se extendió más allá de las vías de investigación tradicionales, entablando diálogos con diferentes enfoques psicoterapéuticos y explorando modalidades de tratamiento innovadoras. A través de sus esfuerzos colectivos, estos investigadores enriquecieron nuestra comprensión de la psicoterapia y proporcionaron valiosos conocimientos que forman la práctica clínica y mejoran la atención al paciente.

Línea de Investigación 4 (L4): Mitigación de la cronicidad durante la depresión. Esta línea de investigación se centra en la recuperación del paciente y en la reducción de la cronicidad y recurrencia de la depresión. Durante 2023, esta línea exploró temas como el

impacto de la desinstitucionalización en la cronicidad de la enfermedad psiquiátrica, la relación entre los programas de alivio de la pobreza y la salud mental, la eficacia de las intervenciones de reducción del estigma utilizando la realidad virtual y las experiencias de los usuarios con intervenciones basadas en Internet para prevenir la recurrencia de la depresión. En conjunto, estos estudios contribuyeron a mejorar los conocimientos y las estrategias para gestionar eficazmente la depresión crónica.

Educación y Capacitación. El MIDAP se ha convertido en un reconocido centro de investigación que genera un alto nivel de interés entre los jóvenes que reciben formación en múltiples áreas de investigación vinculadas a la depresión, los trastornos de la personalidad y la Salud Mental en general. Como cada año, un número relevante de estudiantes de pregrado y postgrado matriculados en los diversos programas ofrecidos por las universidades anfitrionas -por ejemplo, psicología, psicología clínica, psicoterapia, neurociencia- solicitaron incorporarse al MIDAP durante 2023 para realizar sus tesis con investigadores del MIDAP trabajando en sus temas de interés. Hemos abierto programas postdoctorales y ofrecido becas a estudiantes y graduados para asistir a congresos y realizar proyectos de investigación (FIP).

Creación de Redes, Difusión y Otros Trabajos de Colaboración. Durante 2023, el MIDAP continuó construyendo su huella nacional e internacional, manteniendo y fortaleciendo muchas de sus redes en diferentes áreas como depresión y disfunción de la personalidad; interacciones biológicas y de personalidad y aspectos culturales en el desarrollo de trastornos psicológicos; procesos de cambio en psicoterapia; estudios longitudinales sobre el desarrollo de la depresión; mindfulness y otras prácticas contemplativas; investigación en Salud E-Mental; y en condiciones de desarrollo temprano. Además, se han generado nuevas conexiones a múltiples niveles. La participación de investigadores del MIDAP en diversas iniciativas públicas y privadas, ya sea como colaboradores, consultores o proveedores de servicios, ha continuado cimentando nuestro lugar como líderes en investigación en salud mental en Chile y, en ciertas áreas, también a nivel internacional. Estas conexiones se concentran principalmente en Educación y Medicina y Salud Humana.

En relación con la divulgación, durante 2023 MIDAP continuó con su objetivo prioritario de dar a conocer a la comunidad su trabajo científico y los avances de sus proyectos de investigación a través de la realización de diversas actividades tanto de proyección al medio externo (PME) financiadas por Milenio, como de divulgación realizadas con fondos propios y/o en conjunto con otras fuentes. Los investigadores del MIDAP fueron invitados a programas de TV y radio, organizamos actividades abiertas de difusión en universidades anfitrionas con invitados nacionales y extranjeros, y publicamos varios artículos sobre temas de interés en libros y revistas de difusión de alto nivel.

Administración y Situación Financiera. Todas las tareas administrativas y reuniones internas del Instituto MIDAP siguieron celebrándose a distancia a lo largo de 2023. El Consejo de investigadores principales y seniors celebró sus reuniones mensuales en zoom. El equipo directivo se reunió semanalmente y continuó trabajando eficientemente como en años anteriores, con un cambio importante: Susana Maldonado se jubiló y fue sustituida como directora ejecutiva, tras concurso público, por Mabel Muñoz. Durante este año el Consejo del MIDAP continuó realizando esfuerzos para definir los objetivos y metas del Instituto en caso de que se renueve su financiación por otros 10 años.

1.3 Brief History of the Center

MIDAP is the product of the “Psychotherapy and Change Research Group” (www.psychotherapyandchange.org) and the “Psychological Intervention and Change in Depression” Millennium Nucleus. In the context of this prior research, we tested a combination of psychological, psychosocial, and psychophysiological approaches. As a result, MIDAP’s aim is to improve our understanding of depressive disorders by extending this multidimensional view to include a more differentiated analysis of personality and all the relevant dimensions involved in these disorders. The history of the group goes as far back as 1992, when we formed the Chilean and the Latin-American chapter of the Society for Psychotherapy Research (SPR). Before earning the grant that originated MIDAP, the group created the Chilean Congress of Psychotherapy (2000), whose objective is to disseminate research in psychotherapy among young psychologists and psychiatrists. Subsequently, it founded the PhD in Psychotherapy (2007), a joint program between the University of Chile, the Pontificia Universidad Católica de Chile, and the University of Heidelberg (Germany). During all these years, we have established extensive international links that have been decisive in the development of MIDAP. In these nine years, MIDAP has extended its scientific interests beyond psychotherapy to become a research center of national and regional importance in mental health research. The emphasis on the multidimensional study of depression has led us to understand it as a complex phenomenon and, thus, as one with huge phenotypic heterogeneity and an etiology that ranges from genetics to socio-economic conditions and cultural context, including personality factors and epigenetics. Academic excellence is reflected in more than 500 scientific publications in high impact journals and numerous books. Our scientific collaboration networks span five continents and we have developed an extensive scientific dissemination work in social media and outreach events. Equally important is MIDAP's contribution to the training of advanced human capital, with the number of young undergraduate and postgraduate students who have benefited from MIDAP growing every year. Furthermore, all these years, we have received excellent evaluations from our international peers.

1.4. Outstanding Achievements

During 2023, several books were published by MIDAP researchers. The book *Mental Health and Society in Times of Crisis* presents several essays written by MIDAP researchers in the dissemination journal CIPER Académico. The book *Psychotherapeutic Tools for the Management of Patients with Depression* constitutes a valuable contribution to the clinical field in primary care based on sound research conducted by our Institute. A new Springer Series book entitled *Prevention and Early Treatment of Depression Through the Life Course* features several chapters by MIDAP researchers. Finally, the book *Psychotherapy and Mental Health in Sexually and Gender Diverse (lgbt+) People* consolidates a line of strong research by MIDAP looking at necessary adaptations of standard psychosocial interventions to address mental health problems in patients belonging to these groups. These publications are a testament to our commitment to consolidate our findings over the years and to launch them towards a broader audience, bridging the gap between science and practice in mental health.

During 2023 MIDAP was awarded a grant from CORFO to lead the design of a new Technological Institute for Public Innovation in Social Coexistence and Sustainability. MIDAP leads this project alongside the Pontificia Universidad Católica, the Universidad

de Tarapacá, and Universidad de la Frontera. This important project demonstrates MIDAP's commitment to examine the social determinants of well-being and mental health without neglecting basic neurobiological and psychological approaches to mental health, true to its multidimensional model. The new Institute will build new capacity for the state of Chile to understand and support important social and cultural transformations generated by technological and productive transitions, producing relevant knowledge, evidence, and social innovation platforms.

2. Introduction

a) Description of the Institute

The Millennium Institute for Research in Depression and Personality (MIDAP) is a scientific center that hosts researchers from various fields of the social and health sciences. MIDAP's primary objective is to generate scientific knowledge based on a multidimensional understanding of depression in interaction with personality. A specific aim of this research agenda is to optimize the effectiveness of interventions through the identification of agents and mechanisms of change involved in prevention, psychotherapy, and rehabilitation. Now in its ninth year of operation, MIDAP's scientific team comprises over 180 researchers, students, collaborators, and technicians affiliated with its six host institutions: Pontificia Universidad Católica de Chile (PUC), Universidad de Chile (UCH), Universidad del Desarrollo (UDD), Universidad de la Frontera (UFRO), Universidad de Valparaíso (UV), and Universidad Diego Portales (UDP), as well as other Chilean and foreign institutions.

MIDAP evolved from the "Psychotherapy and Change Research Group" and the "Psychological Intervention and Change in Depression" Millennium Nucleus. Within these scientific initiatives, a blend of psychological, psychosocial, and psychophysiological approaches to depression were explored and tested. MIDAP continues this multidimensional approach to depression research, while also conducting a differentiated analysis of personality and relevant dimensions related to depression and personality disorders.

The hallmark of MIDAP's multidimensional and multidisciplinary approach is the development of an empirical model that considers the etiology, prevention, intervention, and rehabilitation of depression. This approach investigates the interplay between depression and personality, as well as the multiple dimensions of human functioning empirically linked to this disorder. Consequently, MIDAP aims to systematically research each of these dimensions, including developmental, cognitive, emotional, and behavioral variables, along with psychophysiological and genetic factors. MIDAP pursues its multidimensional scientific agenda using various methods and research designs, including cross-sectional, longitudinal, experimental, and naturalistic approaches, as well as quantitative and qualitative data analysis strategies.

In 2023, most of MIDAP's research activities returned to in-person formats, retaining the new learning and work methodologies developed during the COVID-19 pandemic. Some scientific, training, and dissemination activities kept operating on-line to reach a broader audience of professionals, researchers, and users, reducing costs and increasing impact. MIDAP remained active in the media, providing evidence-based information on mental health across different contexts and age groups, contributing to public discourse and

knowledge dissemination. Additionally, MIDAP researchers contributed to the publication of numerous books on mental health topics, aimed at both specialized and non-specialized audiences.

Throughout 2023, MIDAP continued to strengthen its international networks focused on depression and personality, biological and cultural aspects of psychological disorders, the evolution of depression, and research in electronic mental health. These networks facilitated scientific collaborations and publications, enriching the training of postgraduate students and young researchers.

MIDAP's research is organized into four distinct lines of inquiry, all characterized by high-level, cutting-edge scientific work presented at international conferences and published in peer-reviewed journals. In 2023, researchers increased their participation in scientific conferences, many of which offered hybrid options to reduce costs and enhance inclusivity. The Institute's scientific output continued to impact both scientific knowledge and the development of public policies aimed at addressing the subjective and social burden of depression, particularly in the context of social unrest and post-pandemic economic challenges in Chile. MIDAP's multidimensional approach to understanding depression and its interaction with personality seeks to improve algorithms for indicating viable and cost-effective interventions, considering social determinants of mental health.

Some operational modifications implemented in 2022 to facilitate access and participation from outside the capital were maintained in 2023. Virtual platforms were utilized for periodic meetings, ensuring high participation rates. Many studies continued to employ telematic evaluations and interventions, leveraging technology in research endeavors.

b) Lines of Research

MIDAP's scientific activity is structured around four core lines of research, each encompassing specific studies conducted by interdisciplinary teams of researchers from the fields of psychology, psychiatry, genetics, psychophysiology, neuroscience, anthropology, and sociology. These lines of research are detailed below:

1. Basic Bio-Psycho-Social Structures and Processes: This line of research investigates the origins and mechanisms underlying psychological disorders, with a focus on depression and personality dysfunction. It examines cultural, social, developmental, and psychobiological factors contributing to depression and personality. In 2023, scientific efforts in this line continued to elucidate disease mechanisms, conduct basic psychological research, identify risk factors, and adapt instrumentation for local use.

2. Health Promotion and Psychosocial Prevention: This line of research evaluates intervention strategies aimed at altering early conditions associated with the development of depression and personality dysfunction. Studies within this line assess prevention program effectiveness across various age groups, exploring innovative approaches such as mobile applications for early intervention, mindfulness-based interventions in schools, and interventions targeting caregivers of individuals with dementia. Additionally, this line of research investigates the benefits of nature-based practices like forest bathing in alleviating anxiety symptoms, aiming to promote mental well-being and prevent psychological disorders.

3. Psychotherapeutic Interventions and Change Processes: This line of research analyzes change processes and the effectiveness of psychological interventions. Studies within this line examine change mechanisms, mediation, and moderation components of psychological treatments. In 2023, research efforts yielded significant contributions to areas such as therapeutic alliance, interventions for specific populations like LGBT individuals, and reflections on psychoanalytic theory. Researchers in this line engage in dialogues with various psychotherapeutic approaches and explore innovative treatment modalities, enriching understanding of psychotherapy and enhancing patient care.

4. Mitigation of Chronicity in the Course of Depression: This line of research focuses on understanding, preventing, and mitigating the chronicity of depression. Current research in this line explores the impact of early adverse experiences and childhood abuse on mental health outcomes, as well as the role of chronic health conditions in treatment response to antidepressant interventions. Studies also investigate treatment adaptations and innovations to optimize outcomes for patients with chronic depression. In 2023, research articles addressed topics such as the impact of deinstitutionalization on psychiatric illness chronicity, the relationship between poverty alleviation programs and mental health, and the effectiveness of stigma-reduction interventions using virtual reality. These studies collectively contribute to improving strategies for managing chronic depression.

c) Organization of Researcher's Team

MIDAP is overseen by the Council of Associate Researchers, which holds monthly meetings to organize and coordinate all scientific-academic activities, participate in research conferences, make decisions regarding researcher promotion, define rules for internal resources, and make strategic decisions about research direction. In 2023, there were no changes in MIDAP's management positions or associated researchers, as the group sought to maintain its cohesiveness to address challenges and achieve its goals. Studies are conducted within at least one of the four lines of research, with many being led by Associate Researchers, although increasingly by Adjunct, Young, or Post-Doctoral Researchers as part of the Institute's efforts to support early career development. The Director of Research plays a crucial role in coordinating research tasks, working closely with Study Directors and the Council of Associate Researchers to ensure the Institute's scientific objectives are met.

3. Scientific and Technological Research

a) Current Status of the Lines of Research

The scientific objectives of MIDAP are: (a) To produce scientific knowledge about depression and personality based on a multidimensional perspective that integrates cultural, social, developmental, psychological, psycho-physical, and genetic aspects; (b) To examine specific age-related characteristics associated with depression and personality during pregnancy/nursing, infancy, adolescence, adulthood, and older adulthood; and (c) To generate knowledge that can inform mental health policies for the development of improved prevention, therapy, and rehabilitation services.

In order to achieve these scientific goals, MIDAP develops four lines of research (see Annex 2). MIDAP's studies are executed within these lines of research based on multiple funding sources, including the Millennium Scientific Initiative (MSI) as well as other sources from ANID, among them FONDECYT and FONIS, and international grants. Accordingly, MIDAP researchers are encouraged to apply for national and international grants in order to sustain and/or continue their research.

This chapter presents a summary of MIDAP's scientific activity during 2023. Organizing the information by line of research, we first present the scientific aim for each line summarily; then, we describe the main studies developed within each line of research during 2023, pointing out their progress during the reported period and focusing on published products (for instance, indicating related productivity as well as other hallmarks of scientific output). All publications are referenced by number to Appendix II. Results are discussed in an integrative fashion, with attention to MIDAP's scientific goals. We conclude with the limitations and/or difficulties encountered. The specific areas of inquiry within lines has been outlined in the b) section of the introduction.

Line of Research 1 (L1): Basic structures and bio-psycho-social processes

L1 continues to strengthen and involves several ongoing and new research projects that have produced relevant scientific outputs. Studies developed within this line cover a broad range of scientific problems related to biological, psychological, and social processes and structures that continue to yield relevant results to advance the field and to strengthen promotion, prevention, and intervention initiatives and studies. Studies focused on adapting measurement instruments for basic psychopathology dimensions are also included within this line of research. This continues to be a specific contribution to the local sphere stemming from MIDAP, with new instruments now being adjusted for clinical and scientific use in Chile. During 2023, the scientific activity in L1 continued to uncover disease mechanisms, conducting basic psychological research, understanding risk factors, and adapting instrumentation for local use.

Study 001-L1 (The Psychopathology of Everyday Life of Borderline Personality Disorder: Towards an Integrative Model of Disease Mechanisms). This study aims to produce relevant disease mechanism models for patients diagnosed with Borderline Personality Disorder (BPD) using Ecological Momentary Assessment (EMA). In the previous report, the healthy control sample was recruited, and during 2023, 60 patients were recruited and completed 11 days of EMA prompts focusing on identity and cognitive dysregulation, interpersonal dysregulation, behavior dysregulation, and affective dysregulation, all core symptom areas of BPD. This study strengthens MIDAP's research of personality pathology using state of the art experience sampling methodologies which allow to capture moment to moment influences between psychopathology dimensions. Also, during 2023 a paper was published in *Journal of Medical Internet Research* (Paper # 5) featuring a systematic review and meta-analysis of EMA set-ups and their association with compliance, filling an important scientific gap in EMA research for patients diagnosed with BPD. As this and other MIDAP projects are planning on using EMA methodologies, this is an important article to calibrate set-ups and aggregate findings from different studies.

Study 011_L1 (Evaluation and Prediction of Suicide Risk) continued to focus on capacity building, during 2023. Transference of science into capacity building has been a hallmark of this group. In 2023, the team published a chapter in MIDAP's book *Mental Health and Society in Times of Crisis* (Paper # 59). This chapter employed a qualitative framework

to examine how a suicide attempt is experienced within a family. This type of study complements quantitative and predictive statistical approaches to the phenomena of suicide and expands MIDAP's explanatory models. Using a multi-methods approach is characteristic of MIDAP's scientific contribution, and in this particular case provides a nuanced, grounded, and relatable approach to understanding factors associated with suicide. This is the reason why this team chose to publish a qualitative piece in MIDAP's book which is precisely conceptualized to disseminate scientific findings to the broader population. An additional team at MIDAP also contributed interesting findings related to suicide. A paper was published in *Current Opinion in Psychiatry* looking at social contagion, violence, and suicide among adolescents (Paper # 4).

Study 006-L1 (Evaluation of differential mechanisms for the influence of information technologies in the development and maintenance of anxious and depressive symptoms). This study, funded through an ANID FONDECYT Grant (11201010), examined an important area of research that has recently attracted prominent attention, namely the interaction between internet use and affordances and adverse mental health outcomes. More specifically, the study focused on examining mechanisms that range from individual use of information technologies (e.g. online surfing or gaming) to adverse mental health outcomes. The study terminated in 2023. A follow-up study was submitted for funding and awarded a new FONDECYT Regular Grant (1240103): 022_L1 Differential longitudinal models for antecedents and consequences of internet addiction will further test mechanisms involved in problematic internet use, this time with the aid of more robust intensive longitudinal EMA experiments.

Study 016-L1 (Effects of perceived discrimination and unfair treatment on health, obesity, and metabolic syndrome: psychological and physiological mechanisms in a longitudinal study). Focusing on biological mechanisms, this study is looking at the effects of perceived discrimination, an environmental stressor, on obesity and psychological well-being. The study, under a ANID FONDECYT Grant (1180463), terminated during 2023 and yielded new insights. Obesity is a major public health problem in the world and also in Chile, with 75% of the population being overweight. One study published in 2023 (Paper # 139) employed structural equations to examine mechanisms involved in the relationship between weight stigma and emotional eating mediated by internalized weight bias and psychological distress. This study highlights the importance of including psychological and behavioral variables in more comprehensive models to understand obesity. MIDAP's researcher leading this study received a new FONDECYT Regular grant during 2023: Study 061-L1 (Longitudinal relationship between the perception of the interaction between physician and patient and metabolic control in patients with type 2 diabetes: a moderated mediation growth-curve analysis) will continue to produce important health-psychology research within MIDAP.

Study 004-L1 (An integrative psychophysiological study of the effects of contemplative practices on well-being; a cross-sectional and longitudinal approach) is an older study at MIDAP but the team published an article during 2023 in the journal *Nutrients* (Paper # 6). The paper examined how psycho-biotic effects on anxiety are modulated by lifestyle behaviors. Specifically, this is an innovative study of the Gut-Brain axis which expands current models of mental health. Even though no direct effects of probiotic intake were observed in this controlled trial on health outcomes, a strong positive correlation was found between lifestyle behaviors and positive well-being outcomes, including anxiety, emotional regulation, and mindfulness.

Study 052-L1 (Promoting sensitive care: Modulating the oxytocin paradox through secure attachment priming), follows in the footsteps of previous study 051-L1 with a newly received FONDECYT Grant (1221538). This project aims to determine how secure attachment modulation is related to the influence of oxytocin on parental behaviors and cognitions, depending on the level of early stress exposure. Thus, the project seeks to unravel the paradoxical effect of oxytocin administration in mothers who have experienced adverse experiences and expects that inducing mental states associated with secure attachment will promote more sensitive behaviors to baby signals. While the proposal has an experimental and basic approach, its potential for application is very high, especially for possible intervention strategies that can be developed. Within this broader context, during 2023, a paper featuring researchers from this project was published in the journal *Neurobiology of Stress* (Paper # 134) examining how acute psychosocial stress modulates attentional control in humans. The team also published a chapter in the Springer-edited book *Affectivity and Learning* (Paper # 124) investigating how individual differences in emotional reactivity, self-regulation, and cognitive/affective dispositions are related to functioning in an interpersonal environment. This chapter provides an interesting theoretical context to the specific experimental scope of this study, helping to build MIDAP's multidimensional model. In other words, the interface between basic experimental or clinical research and broader theoretical models is an indicator of MIDAP's scientific maturity after almost 10 years of operation. Of note, the role of oxytocin was also explored by a team of MIDAP researchers in collaboration with colleagues from Heidelberg University (not under the same research project). Paper # 98, published in *Brain, Behavior, and Immunity*, revealed interesting relationships between intranasal oxytocin and social processes related to positive couple interactions. Finally, an additional paper related to study 009-L1 (Gene-culture interaction in depressive symptomatology and subjective well-being in Chile) examined the role of a specific oxytocin receptor gene in social cognition in euthymic patients with bipolar disorder type I. The paper, published in *Frontiers in Psychiatry* (Paper # 8), further highlighted the role of child abuse subtypes. Different teams at MIDAP are looking at the specific role of hormones in modulating social behaviors and we hope that this work carried out within Line 1 will contribute to an integrated biosocial model.

Study 02-L1 (Facilitating and hindering factors of the search for psychological help in university students: An integrative and culturally relevant approach) has finished formal financing under ANID FONDECYT Grant (11180115) but continues to produce significant research. A study looking at the help-seeking behaviors of students during the COVID pandemic (Paper # 101) revealed that heightened distress in university students during the health crisis was paired with diminished help-seeking behaviors. Both in men and women, help-seeking behaviors were modulated by social support and negative emotions. A new FONDECYT Regular grant was awarded to the principal investigator from this study by ANID: study 023-L1 (Public stigma of depression in Chile: a multivariate and culturally pertinent approach) will tackle the issue of mental health-related stigma in Chile, which expands the scope of facilitating and hindering factors of help-seeking behaviors from student populations to the broader population.

Study 073-L1 (Using technology to facilitate international research on diagnosis and treatment of borderline personality disorder in adolescence, including low and middle-income countries – a strategy based on direct clinical benefit) has consolidated in the development and study of the Mental Health Information Reporting Assistant (MHIRA), an open-source, free software to aid in detection and case formulation for mental health disorders (<https://mhira.app/>). Though formal funding terminated in 2022, the team

continues to be productive and is still engaged in an international scientific collaboration including Chile, Switzerland, Kosovo, and Tanzania. In 2023, the software was published in *BMC Psychiatry* (Paper # 42), so it is now in the process of formal dissemination. During 2023, MHIRA was implemented in a public psychiatric hospital in Santiago and is currently being used in several centers for routine outcome monitoring and case identification.

Study 0076-L1 (Development of a Comprehensive Psychotherapy Model for LGBT Patients: A Qualitative Study of Patient and Psychotherapist Experiences), under a FONDECYT Regular grant, published a book about psychotherapy and mental health in sexually and gender diverse people (Paper # 48). This scholarly work further develops previous work by this group of MIDAP researchers on the cultural sensitivity and pertinence of clinical intervention including psychotherapy. Methodologically, the group also produced an interesting protocol for the use of phenomenological methods to explore body mapping in transgender population (Paper # 50).

Study 075-L1 (Re-contextualizing psychiatric deinstitutionalization in Chile: Local processes and tensions, global links, and opportunities for progress) focuses on examining deinstitutionalization, the process of reducing and closing large psychiatric hospitals, accompanied by the development and parallel establishment of community-based treatment alternatives. In 2023, the project yielded two publications on this underexplored subject in Chile. One article published in *The Lancet* (Paper # 26) discusses the increasing emphasis on involving service users and community representatives in mental health research, driven by funding bodies' expectations. The article highlights several unintended consequences, such as the standardization of participatory designs to align with funding criteria. This process may limit diversity and local context understanding, particularly in low-resource settings. Efforts to challenge this cycle include recognizing local contexts and enhancing selection mechanisms guided by participatory ideals. A second article (Paper # 27) further examined participatory research in mental health in Brazil, emphasizing community involvement across all stages of inquiry. It highlights obstacles to full participation and underscores the importance of addressing intersecting vulnerabilities faced by individuals labeled with mental illness in Brazil. Finally, this group published a paper in *Transcultural Psychiatry* reflecting on the concept of “scaling-up” in global mental health provision. Taken together, these studies advocate for prioritizing local epistemologies in global mental health research, expanding MIDAP’s research into substantial theoretical, ethical, and epistemological aspects of mental health research.

Line 1 COVID-19 and mental health studies. In the aftermath of the COVID-19 pandemic, MIDAP continues to actively develop research to further understand the impact of the pandemic on mental health. Several articles were published during 2023 covering this topic from different angles.

Paper # 54: During the COVID-19 pandemic, the mental health of primiparous women in Chile was significantly impacted, with increased depressive symptoms noted among those who delivered during the pandemic compared to pre-pandemic deliveries. Babies born during the pandemic had lower birth weights and shorter gestation periods. However, mothers during the pandemic maintained exclusive breastfeeding for longer. This study underscores the challenges faced by mothers and infants during the pandemic, highlighting the need for support to promote emotional well-being.

Paper # 80: This paper investigates the impact of social media addiction on adolescent life satisfaction during the COVID-19 pandemic. The study examines various coping mechanisms and their moderating effect on this relationship. Self-report questionnaires were administered to 1290 secondary school students, and data were analyzed using factor analysis and multiple linear regression. Results suggest that social media addiction negatively affects life satisfaction, while adaptive coping strategies positively correlate with it. Maladaptive coping strategies are negatively associated with life satisfaction. The study highlights the importance of addressing social media addiction and promoting adaptive coping mechanisms to enhance adolescent well-being during the pandemic.

Paper # 81: The COVID-19 pandemic exacerbated mental health issues among adolescents, leading to increased levels of social media addiction and negatively impacting life satisfaction. This study examined the moderating effect of various coping mechanisms on the relationship between social media addiction and adolescent life satisfaction. Findings revealed that adaptive coping strategies were positively correlated with life satisfaction, while maladaptive strategies were negatively correlated. Seeking socio-emotional support and active coping were positively related to life satisfaction, whereas maladaptive strategies were negatively associated with it. The study underscored the importance of addressing both social media addiction and effective coping mechanisms to promote adolescent well-being during challenging times.

Paper # 82: The stress experienced by parents during the pandemic, particularly those with school-aged children engaged in remote learning, was profound. Ecological Momentary Assessments conducted during lockdown revealed that higher educational levels did not necessarily protect against stress and that co-parental conflict significantly contributed to parental stress levels. This study emphasizes the importance of understanding and supporting parental stress management during crises like the COVID-19 pandemic.

Paper # 93: University students in Chile experienced high rates of mental health problems during the pandemic, with symptoms of anxiety, depression, and stress increasing significantly. Sleep quality deteriorated and perceived social support did not appear to mitigate mental health challenges. The findings underscore the need for targeted psychological support for students during and after the pandemic.

Paper # 110: The COVID-19 pandemic had significant adverse effects on mental health services in Chile, with drastic reductions in service provision across primary, secondary, and tertiary care levels. Challenges included maintaining continuity and quality of care, reduced psychosocial support, and negative impacts on the mental health of healthcare workers. Digital solutions were implemented to enable remote care, but disparities in access remained a concern. This study highlights the enduring impact of the pandemic on mental health services and the need for strengthened support systems.

Paper # 111: Health professionals experienced elevated rates of anxiety, depression, and suicidal tendencies during the COVID-19 outbreak. Factors such as a history of mental disorders and belief in conspiracy theories influenced mental health outcomes. While rates were lower compared to the general population, the findings emphasize the importance of addressing mental health concerns among healthcare workers, especially during crises.

Paper # 135: Large-scale psychological studies conducted during the pandemic explored the effects of various interventions on behavioral intentions and affective measures. The

dataset obtained from a diverse global sample provides valuable insights into coping strategies and self-determination during the early stages of the COVID-19 pandemic. These findings contribute to our understanding of psychological responses to crisis situations.

Paper # 101: University students in the La Araucanía Region of Chile exhibited reluctance to seek help for mental health problems during the pandemic, regardless of gender. Women reported higher levels of psychological distress and greater knowledge about mental health compared to men. Social support and negative emotions during the pandemic were identified as common predictors of help-seeking behavior across genders. This study underscores the need to address barriers to help-seeking and tailor interventions to the specific needs of male and female students.

Several additional articles relevant to the activity of L1 were published during 2023. These articles stem partially from research projects or are associated with other collaborations by MIDAP researchers and are thus reported as research activity within the line. A summary of such articles is provided in this section.

- The book *Mental Health and Society in Times of Crisis* was published during 2023, collecting a number of essays published by MIDAP researchers in a broader dissemination outlet (CIPER Académico). The chapters include work carried out by MIDAP researchers about the mental health considerations of the social unrest that affected Chile in 2019 and about the COVID-19 pandemic. Papers #56 #57 #58 #59 #60 #61 #62 #63 #64 #65 #69 #70 #71 #72 # 73 #75 #76 are all chapters in this important book that brings together the scientific work of a large number of MIDAP researchers.
- Seeking to facilitate the transfer of MIDAP's scientific work into real-life clinical settings, a manual was published in 2023 containing practical tools for the management of patients diagnosed with complex depression in primary health care services. The book included contributions by several of MIDAP's researchers, including one chapter about social processes involved in depression (Paper # 40) and the current introduction to this interesting applied guide (Paper # 31).
- Regarding instrumentation, a discussion paper with recommendations for the construction of instruments was published in the *American Journal of Epidemiology* (Paper # 112) and the psychometric qualities of the Stanford Proxy test for Delirium (S-PTDsv) were published in the *Journal of the Academy of Consultation-Liaison Psychiatry* (Paper # 43). Also, the Mental Health Examination for Autism Scale (AMSE) was adapted and validated for use in Chile (Paper # 113). Finally, the abbreviated version of the Adult Attachment Evaluation (CaMir) was validated for use with a Chilean population (Paper # 143).
- Several articles were published as chapters in the book *Depression: illness or vital suffering?* Edited by one of MIDAP's senior researchers. Papers #9, #10, #11, #12, and #79 all were published in this book.
- Studies looking at the impact of early-life maltreatment and trauma continue to be important for the scientific activity of the Institute. During 2023, several articles were published on this topic. One such paper was published in *Development and Psychopathology* (Paper # 84) and studied mechanisms involved in the relationship between early adverse stress and depression severity. Another article published in *Children* explored the relationship between traumatic experiences in childhood and

maternal depressive symptomatology (Paper # 86). An additional article looking at social determinants of mental health in children with a focus on resilience was also published in the journal *Children* (Paper # 109). Another article examined the symptomatology of caregivers and children who have been victims of sexual aggression (Paper # 52).

Longitudinal Studies. MIDAP continues to invest in research modules concerning depression in major longitudinal studies currently being conducted in Chile. As previously reported, methodologically, longitudinal research designs are the best scientific strategies to study basic components of the etiology, development, maintenance, and exacerbation of depressive symptomatology in a given context. As noted earlier, MIDAP has partnered with Research Centers that are carrying out large-scale longitudinal studies. Results from the first two waves (2010 and 2012) from the Encuesta Longitudinal de Primera Infancia (ELPI) [National Longitudinal Survey of Early Childhood] were presented in a previous report (2017).

Results from the Center for the Study of Social Conflict and Cohesion (COES) through its Longitudinal Social Study of Chile (ELSOC) continue to be available for researchers at MIDAP. ELSOC collects data from over 3000 individuals aged between 18 and 75 years. This particular study uses a probabilistic sampling method and achieves a representativity level of 77% of the national population and 93% of urban-area population. ELSOC collects data through seven thematic modules, one of which –health and well-being– screens for mental health difficulties, including depression. During 2022, the 2021 wave of data was published, constituting the fifth wave of this longitudinal study. Results indicate a relatively high prevalence of depressive symptomatology in Chile and confirm dramatic gender differences, with depression disproportionately affecting women (27% against 9.6 men with moderate to severe symptoms).

Research conducted by the Center for Intercultural and Indigenous Studies (CIIR), through the Longitudinal Survey on Intercultural Relationships (ELRI), was also reported in the previous year, with a particular emphasis on the mediational role of social support between discrimination and depressive symptoms for indigenous individuals. ELRI collects data from 3617 individuals aged 18 to 60 years, belonging to different indigenous and non-indigenous groups from the north, central, and southern parts of Chile. Third-wave data were published and are now available for analysis at MIDAP.

In summary, Line of Research 1 (L1) at MIDAP focuses on understanding the origins and mechanisms of psychological disorders, particularly depression and personality dysfunction, considering them as multi-causal phenomena. Studies within L1 aim to evaluate the cultural, social, developmental, and psychobiological conditions associated with these disorders. Ongoing research projects cover various scientific problems related to biological, psychological, and social processes, including the adaptation of measurement instruments for basic psychopathology dimensions. Key studies include investigating disease mechanisms in patients with Borderline Personality Disorder (BPD), evaluating differential mechanisms for the influence of information technologies on mental health outcomes, and examining the effects of perceived discrimination on health. Additionally, L1 contributes to understanding attachment modulation, mental health-related stigma, and the impact of contemplative practices on well-being. Several studies address the mental health implications of the COVID-19 pandemic, covering topics such as maternal mental health, parental stress, university students' well-being, and the pandemic's effects on mental health services. L1's multidimensional approach and

international collaborations contribute to advancing knowledge and addressing mental health challenges in Chile and beyond.

Line of Research 2 (L2): Health promotion and psychosocial prevention

Study 049-L2 (Trajectories and predictors of depressive and anxious symptomatology in family caregivers of people with dementia). This study was developed under an ANID FONDECYT Grant (1191726). Formal funding terminated in 2023, and during this year two articles with findings were published. The team edited a Springer book entitled *Prevention and Early Treatment of Depression Through the Life Course* (Paper # 17), with a specific chapter covering the issue of depressive disorders in family caregivers of people living with dementia (Paper # 23). An additional chapter of this Springer book dealt with the issue of prevention and treatments to alleviate depression in older adults (Paper # 22). This group also contributed to MIDAP's book *Mental Health and Society in Times of Crisis* with a chapter on individualism and aging (Paper # 73). An article was published in the *Journal of Environmental Research and Public Health* examining predictors of unmet needs in Chilean older people living under conditions of dependency (Paper # 90). Finally, an article was published in *Clinical Gerontologist* examining the use of the internet in informal caregivers in Chile (Paper # 78).

Study 021-L2 (Efficacy of a mobile application for early intervention of depression and anxiety in university students). This study was awarded a new Research Grant from ANID (FONDECYT Regular 1221230). The team is developing an app for early intervention of depression and anxiety in university students. The app has a viable MVP and piloting started in 2023. During 2023, a book chapter was published by the group in the Springer book *Prevention and Early Treatment of Depression Through the Life Course* focusing on digital technology interventions for preventing and treating depression in youth (Paper # 19). Also in this book, a broader chapter on innovations for preventive interventions for depression in children, adolescents, and youth was published with a focus on overcoming the treatment gap (Paper # 18). An important article presenting the findings of this project was published in the *British Journal of Psychiatry* (Paper # 117) and another paper was published about the use of digital technologies to address suicide risk among university students (Paper # 120). Expanding from a university student population, this team continued to conduct and publish research on the issue of mental health promotion and prevention in children and adolescents. Several articles were published in 2023 dealing with: disparities in access and use of mental health services in Chile (Paper # 122); barriers and facilitators of help-seeking from the perspective of adolescents with depression (Paper # 119); depression, generalized anxiety disorder, and substance abuse in secondary education students (Paper # 118); the importance of scientific evidence to base school interventions to prevent mental health problems (Paper # 116); a scoping review protocol to examine the evidence of implementation strategies and outcomes of school-based programs for adolescent suicide prevention (Paper # 105); depression in adolescents (Paper # 13).

Study 090-L2 (Brief internet mentalization-based video feedback intervention to improve parental sensitivity in depressed mothers being treated in public health services: randomized controlled feasibility trial). This is a new study that is currently being conducted under a MIDAP FIP Grant. While the study is being implemented, during 2023, the team published several articles on the topic of prevention, parenting, and perinatal development. First, a survey was conducted in Chile about perinatal women and

healthcare professionals' views on perinatal apps (Paper # 1). This article sets the stage for a second article presenting the protocol for a randomized controlled trial evaluating the effects of an app-based intervention for reducing depressive symptoms in postpartum women (Paper # 53). Finally, an article was published in the journal *General Hospital Psychiatry* looking at personality traits and emotional regulation during the perinatal period (Paper # 7).

Study 012-L2 (Prevention of depression in adolescents in schools using mindfulness-based interventions) continued to explore the preventive effects of mindfulness-based interventions and the convenience of their deployment in school settings. During 2023, the team published two articles. One article, published in the *Journal of Forest Research*, presented findings that suggest that Forest Bathing –a practice originating in Japan that involves immersing oneself in nature, particularly forests, for the purpose of enhancing mental and physical well-being– may diminish anxiety in undergraduate students in southern Chile (Paper # 94). The team also published two chapters in the book *Prevention and Early Treatment of Depression Through the Life Course*. One chapter presents a narrative review of nature contemplation practices to promote mental health and prevent depression in youth (Paper # 20) and another presents a review of mindfulness-based interventions in schools to prevent depression in children and adolescents (Paper # 24).

Study 018-L2 (Intervention in Attachment and Mentalization in caregivers of pre-school children) continued to develop over 2023. One article, published in *Children and Youth Service Review*, dealt with parental burnout in the context of the socio-health crisis with a focus on abuse and neglect (Paper # 142).

Several additional articles were published by line 2 researchers during 2023 that are either partially related to reported studies or emergent products stemming from additional collaborative projects. A summary of these articles and projects is presented in this section.

- During 2023, the book *Prevention and Early Treatment of Depression Through the Life Course*, edited by MIDAP researchers, was officially published by Springer. The book includes several chapters with contributions from MIDAP researchers. This book is part of a series of books about Depression and Personality that MIDAP has been developing with Springer. Specifically, papers #17, #18, #19, #20, #21, #22, #23, #24, and #121 are all chapters in this book contributed by MIDAP researchers.
- The issue of sexual education interventions for adolescents was investigated by MIDAP researchers during 2023. An article was published in the *International Journal of Environmental Research and Public Health* covering shared components of worldwide successful sexuality education programs.

In summary, line 2 of research at MIDAP concentrates on health promotion and psychosocial prevention to address depression and personality dysfunction. Its primary focus is on evaluating the effectiveness of intervention strategies aimed at altering early conditions linked to the onset of these conditions, reducing social exclusion for those with psychological disabilities, and enhancing the treatment skills of mental health professionals. During 2023, various studies within this line assess the impact of prevention programs across different age groups, exploring innovative approaches such as mobile applications for early intervention, mindfulness-based interventions in schools, and interventions targeting caregivers of individuals with dementia. Additionally, this research examines the potential benefits of nature-based practices like forest bathing to

alleviate symptoms of anxiety. Overall, the goal of this line of research is to advance understanding and implementation of interventions that promote mental well-being and prevent the development of psychological disorders.

Line of Research 3 (L3): Psychotherapeutic interventions and change processes

Study 046-L3 (Characterization of episodes of rupture and resolution of the alliance from the affective-facial communication of patients and therapists and their association with psychotherapeutic change: Distinctions for an effective clinical practice). This study is being developed under an ANID FONDECYT Grant (11180671). Formal funding was extended until October 2022 due to the COVID-19 pandemic. During 2023, the team published two chapters in the book *Psychotherapeutic Tools for the Management of Patients with Depression* (Publication # 28). The first chapter was about the clinical relevance, main components, and attitudes that foster the therapeutic relationship (Paper # 38). The second chapter presented strategies and techniques to develop and strengthen the therapeutic alliance with a focus of ruptures and tensions (Paper # 39). The team also published a chapter in an additional book published by McGraw Hill about assessing the therapeutic relationship in psychotherapy (Paper # 89).

Study 003-L3 (Effectiveness of a brief Dialectical Behavior Therapy Skills training group for Borderline Personality Disorder in a public outpatient service in Chile: a multiple baseline comparison). This study was awarded a grant from MIDAP (FIP). Recruitment for the study was completed in 2022. The study involves a multiple-baseline design and additionally a baseline and post-treatment measurement using Ecological Momentary Assessment. Results from the study were presented at the Society for Psychotherapy Research meeting in Dublin in 2023. Two articles were prepared for publication during 2023 and submitted in 2024.

Study 048-L3 (Towards a comprehensive model of the therapeutic alliance in psychotherapy with depressed patients: understanding the relationship between the alliance, patient/therapist characteristics, process variables, and outcome). This study is still recruiting participants. Formal financing terminated in 2023. One article was published by the team during 2023 in *Terapia Psicológica*. The article examines trajectories of psychotherapeutic change in a sample of Chilean patients (Paper # 85). Another article was published in *Counseling and Psychotherapy Research* examining interoceptive awareness and therapist characteristics (Paper # 95).

Study 088-L3 (Psychotherapeutic change process in boys and girls who have been victims of sexual assaults: Towards a comprehensive model of the influence of factors of responsible adults, interventions, and the therapeutic relationship; FONDECYT REGULAR 1200627). During 2023, the team published an article in *Psicoperspectivas* examining the initial therapeutic relationship psychotherapy with children who suffered sexual aggression. The study looked at perspectives of children and their therapists (Paper # 123).

Study 008-L3 (Training in psychotherapeutic skills for the management of depression in Primary Health Care). This study was conducted under an ANID FONIS Grant with formal financing terminating in December 2021. During 2023, results from this study consolidated in the book *Psychotherapeutic Tools for the Management of Patients with Depression* (Publication # 28). Several researchers from MIDAP contributed to this important book, including papers #29, #30, #33, #34, #35, #36, #37, #38, #39, and #41.

This book is a very important example of how basic research leads to applied research and from then to specific practical tools that can make a difference in patient care.

Study 050-L3 (Development of a Comprehensive Model of Psychotherapy with LGBT Patients: A Qualitative Study of the Experiences of Patients and Psychotherapists). This study is currently being conducted under an ANID FONDECYT Grant (1190270). During 2023, the team published a book entitled *Psychotherapy and Mental Health in Sexually and Gender Diverse (lgbt+) People*. This important product showcases several works by MIDAP researchers, including papers #47, #49, and #108. The team also contributed a chapter in the book *LGBTQ+ Affirmative Psychological Interventions* edited by Springer Nature. The chapter presents a review of psychotherapy and affirmative practices with trans and gender non-conforming patients in Chile (Paper # 45). Finally, the team published a paper about Chilean students and psychotherapists' beliefs and prejudices regarding sexual and gender diversity (Paper # 51).

Study 028-L3 (Video-feedback intervention focused on bond quality and parental reflective functioning, aimed at mother-father-child triads) has finished, but during 2023, findings from the study were instrumental to contribute a chapter in a book edited by Herder entitled *Mentalization-Based Treatment for Children. Clinical Applications in the Current Context*. The chapter presets video-feedback as a clinical tool enhancing mentalization-based psychotherapy (Paper # 55).

Several additional articles were published by line 3 researchers during 2023 that are either partially related to reported studies or emergent products stemming from additional collaborative projects. A summary of these articles and projects is presented in this section.

- Two articles published in the *International Journal of Applied Psychoanalytic Studies* attempt to engage in a dialogue with psychoanalysis, contributing to modernize this classic psychotherapeutic theory. One article discusses the transition from clinical psychoanalysis to public mental health in Chile (Paper # 16) and the second presents a critical review of scientific research in psychotherapy and psychoanalysis (Paper # 137).
- An article published in *Psychotherapy Research* presents a reflection on 10 years of psychotherapy process research from the perspective of Dr. Mariane Krause, Past President of the Society and researcher at MIDAP (Paper # 15).
- One MIDAP researcher participated in a randomized controlled trial to study a compassion-based treatment for couples with a female partner suffering from a current episode of depression. The study was published in the *Journal of Affective Disorders* (Paper # 99).
- A chapter on the views of psychotherapy patients about therapeutic failures was contributed by a group of MIDAP researchers for the book *Therapeutic Failures in Psychotherapy*, published by Routledge (Paper # 136).

In summary, Line 3 of research at MIDAP delves into the intricacies of psychotherapeutic interventions and the underlying processes of change. By examining the characteristics of both patients and therapists, as well as the dynamics within therapeutic relationships, researchers aim to unravel the mechanisms that drive therapeutic outcomes. Throughout 2023, their efforts yielded noteworthy contributions to the field, with publications spanning diverse topics such as the therapeutic alliance, interventions for specific patient

populations like LGBT individuals, and reflections on psychoanalytic theory. Additionally, their work extends beyond traditional research avenues, engaging in dialogues with other psychotherapeutic approaches and exploring innovative treatment modalities. Through their collective endeavors, these researchers enrich our understanding of psychotherapy and provide valuable insights that inform clinical practice and enhance patient care.

Line of Research 4 (L4): Mitigation of chronicity in the course of depression

Study 043-L4 (A collaborative computer-assisted cognitive-behavioral educational and psychological treatment for depressed patients with chronic disease at primary care). This study is currently financed by an ANID FONDECYT Grant. The study continued to collect data during 2023. No publications are reported.

Several additional articles were published by line 4 researchers during 2023 that are either partially related to reported studies or emergent products stemming from additional collaborative projects. A summary of these articles and projects is presented in this section.

- The issue of deinstitutionalization as related to the chronicity of psychiatric illness was discussed in a scoping review published in *Global Mental Health – Cambridge Prisms* (Paper # 25).
- Poverty alleviation programs as related to mental health chronicity were discussed in a study published in the *Journal of Community Psychology* (Paper # 46).
- A randomized clinical trial evaluated the effect of a stigma-reducing intervention using virtual reality. This study was published in the *Games for Health Journal* (Paper # 83).
- The experiences of users of internet-based interventions to decrease the recurrence of depression were presented in a study published in *Digital Health* (Paper # 88).

In summary, Line 4 of research at MIDAP focuses on mitigating the chronicity of depression and promoting patient recovery. Key inquiries include identifying post-treatment variables associated with reduced rates of relapse and chronicity, as well as characterizing patients with recurrent and complex depression to enhance management strategies and reduce the burden of depressive disorders. During 2023, while Study 043-L4 continues to collect data without reported publications, additional articles by researchers in this line explore topics such as the impact of deinstitutionalization on psychiatric illness chronicity, the relationship between poverty alleviation programs and mental health, the efficacy of stigma-reducing interventions using virtual reality, and user experiences with internet-based interventions to prevent depression recurrence. These studies collectively contribute to advancing our understanding of chronic depression and developing strategies for managing it effectively.

Productivity: During the reported period, 143 scientific documents were published, maintaining the high level of scientific output that characterizes MIDAP. This level of output signals scientific density and a remarkable number of research projects for the Institute. MIDAP is the largest and most productive mental health research center in Chile. Larger projects that had started in the previous years are also starting to yield their first results, resulting in more publications. As new projects were awarded grants recently,

this trend is expected to increase even more. Publications include 139 articles and 4 other scientific publications, including special bulletins, policy papers, reports, and treatment guidelines. With respect to scientific articles, 71 (49.6%) were published in journals indexed in Web of Science/SCOPUS. Of these 71 articles, 23 (32.4%) were published in quartile 1 (Q1) and 20 (28.2%) in quartile 2 (Q2) journals. When looking at publications by line of research, most publications originated from L1 (49%), followed by L2 (26.6%), L3 (19.6%), and L4 (5%). Out of a total of 143 publications authored or co-authored by MIDAP researchers, in 86 of them, only one researcher participated, in 34 of them, two researchers from MIDAP participated, 23 articles were authored by three or more researchers, and 15 articles were co-authored by four researchers (see Annex 3.7). This means that a substantial part (40%) of the publications of the Institute continue to be collaborative, and we will continue to encourage associative scientific work and publishing between researchers. Students were part of 16 of these publications, which also points to an important focus of further development, namely to encourage joint publications between AR and students. Also, out of 143 articles published during 2023, 15 involved Young Researchers or Postdoctoral Researchers as co-authors (5 were led by such researchers) and 10 included student participation (9 were student-led).

MIDAP maintains the position reported in 2017 regarding “open access” publications. Some of these journals are of high quality (for example *Frontiers in Psychology* or *PLOS One*), have rigorous peer-review procedures, and bring together high-quality output with high dissemination, because there are no costs associated with access to articles. However, the cost of publication continues to be a difficulty for our researchers, particularly because Chilean researchers typically do not qualify for standard discounts given the development level of the country.

b) Outstanding Publications

Because scientific output in high-impact journals is crucial to the dissemination of MIDAP’s scientific achievements, publications in the following journals are highlighted:

During 2023, several books were published by MIDAP researchers. The book *Mental Health and Society in Times of Crisis* presents several essays written by MIDAP researchers in the dissemination journal CIPER Académico. The book *Psychotherapeutic Tools for the Management of Patients with Depression* constitutes a valuable contribution to the clinical field in primary care based on sound research conducted by our Institute. A new Springer Series book entitled *Prevention and Early Treatment of Depression Through the Life Course* presents several chapters by MIDAP researchers. Finally, the book *Psychotherapy and Mental Health in Sexually and Gender Diverse (lgbt+) People* consolidates a line of strong research by MIDAP looking at necessary adaptations of standard psychosocial interventions to address mental health problems in patients belonging to these groups.

One study published in *The Lancet* (Paper #26) discusses the increasing emphasis on involving service users and community representatives in mental health research, driven by funding bodies' expectations. The article highlights several unintended consequences, such as the standardization of participatory designs to align with funding criteria. This process may limit diversity and local context understanding, particularly in low-resource settings. Efforts to challenge this cycle include recognizing local contexts and enhancing selection mechanisms guided by participatory ideals.

Summary Table

*Category of Publication	MSI Center Members	Number of Publications Coauthored by Students	Total Number of Publications
ISI/WOS Publications or Similar to ISI/WOS Standard	Associate Researchers	6	29
	Other Researchers	0	36
SCOPUS Publications or Similar to SCOPUS Standard	Associate Researchers	1	1
	Other Researchers	1	5
SCIELO Publications or Similar to SCIELO Standard	Associate Researchers	1	1
	Other Researchers	0	0
Books & Chapters of Books	Associate Researchers	1	39
	Other Researchers	5	28
Other Scientific Publications	Associate Researchers	1	2
	Other Researchers	0	2
TOTAL		16	143

*Sources: <https://jcr.clarivate.com/>; <https://www.scopus.com/>; <https://www.scimagojr.com>

c) Congress Presentations

During 2023, 189 presentations were delivered. Of these presentations, 44% were delivered physically or virtually in international venues (details are presented in Appendix III). 34% of all presentations included MIDAP students (in about half of these students are first authors), which is an important metric regarding capacity building. 53 presentations stem from L1 (30 national, 23 international), 31 from L2 (22 national, 9 international), 85 from L3 (45 national, 40 international), and 1 from L4, which was an international event. In addition to 5 shared presentations in L1 and L2, 3 in L1 and L3, 1 from L1 and L4, another 8 presentations in L2 and L3, and finally 2 from L1, L2 and L3.

Summary Table

Type of Researcher	Type of Presentation	National Events	International Events
Associate Researchers	Conferences, oral communications, poster communications, others (Specify)	67	59
	Invited presentations (not included in above row)	12	8
Other researchers	Conferences, oral communications, poster communications, others (Specify)	19	12
	Invited presentations (not included in above row)	7	5
Students	Conferences, oral communications, poster communications, others (Specify)	0	0
	Invited presentations (not included in above row)	0	0

d) Other Achievements

- **Patents:** Nothing to report during 2023.
- **Intellectual Property:** No information is reported here during the 2023 period.
- **Organization of Scientific Events:** During 2023, the Institute organized several scientific events. In January, we organized a scientific conference entitled *Challenges for Mental Health in Chile*, featuring the renowned psychiatrist, Ricardo Araya. In October, we organized the scientific seminar *Digital Mental Health: Challenges and Opportunities*, held in the city of Temuco, at the Universidad de la Frontera. A similar conference was then held in Santiago entitled *Digital Mental Health: Where are we? Where are we going?*
- **Scientific Editorial Boards:** The participation of several MIDAP researchers in Editorial Boards is shown in Appendix IV. During 2023, Dr. Mariane Krause continued to serve on the editorial board of *Psychotherapy Research*. Drs. Mariane Krause, Jaime Silva, Alemka Tomicic, Javiera Duarte, and Catalina Sieverson served on the board of *Terapia Psicológica*. Dr. Diego Cosmelli served on the editorial board of *Revista Chilena de Neuropsicología and Topics in Cognitive Science (topiCS)*. Drs. Diego Cosmelli and Carolina Altimir served on the board of *Studies in Psychology*. Dr. Luis Salazar served on the editorial board of *Pharmaceutics*, the *Brazilian Journal of Pharmaceutical Sciences*, *Clinica Chemica Acta*, and *Frontiers in Pharmacology*. Drs. Alex Behn and Daniel Espinoza served on the board of the *International Journal of Clinical and Health Psychology*. Dr. Alvaro Vergés served on the editorial board of the *Journal of Studies on Alcohol and Drugs*. Dr. Cristián

Montenegro served on the board of *Critical Public Health* and *PLOS Global Public Health*. Drs. Matías Irrázaval and Vania Martínez served on the board of *Revista Chilena de Psiquiatría y Neurología de la Infancia y Adolescencia*. Dr. Alberto Botto served on the board of *Revista APSAN*. Dr. Álvaro Jiménez was Guest Editor for a special issue of the *Journal of Environmental Research and Public Health* and served on the board of *Revista Castalia, Universidad Academia de Humanismo Cristiano*. Dr. Carola Pérez served on the board of the *Journal of Research on Adolescence*. Senior Researcher Dr. Adam Horvath served on the board of the *Journal of Clinical Psychology*.

- **Awards:** During 2023, several researchers at MIDAP received awards:
 - Juan Pablo Jimenez received the title of Emeritus Professor of Psychiatry at Universidad de Chile.
 - Cristián Montenegro received the Above and Beyond Silver Award for Outstanding Performance from the University of Exeter. Dr. Montenegro also received the Career Development Award from the Wellcome Trust.
 - Stephanie Vaccarezza, a doctoral student at MIDAP (working with Paula Errázuriz) received the Lester Luborsky Student Poster Award at the 54th International Annual Meeting of the Society for Psychotherapy Research (SPR).
 - Matías Irrázaval received the WHO Director-General's Excellence Award for his work in the Special Mental Health Initiative from the World Health Organization.
 - Claudia Miranda Castillo received the Presidential Medal within the framework of the celebrations of the 42nd anniversary of the Universidad de Tarapacá.
 - Mariane Krause received the Senior Distinguished Research Career Award at the 54th International Annual Meeting of the Society for Psychotherapy Research (SPR).

4. Education and Capacity Building

a) Education, Training, and Capacity Building

MIDAP is a renowned research center that generates a high level of interest among young people who are receiving training in multiple areas of research linked to mood and personality disorders and other fields where the Institute operates. Like every year, a relevant number of undergraduate and graduate students enrolled in the various programs offered by the host universities –e.g. psychology, clinical psychology, psychotherapy, neuroscience– asked to join MIDAP during 2023 to produce their theses with MIDAP researchers working on their subjects of interest.

To channel this interest, there is a well-defined procedure –established when the Institute was founded and managed by the executive board– which allows students working on their theses or research assistants collaborating with our researchers to apply to join our group. Upon joining MIDAP, students begin receiving periodic information about the Institute's scientific and educational activities, apart from being encouraged to apply for a variety of funding opportunities offered by the Institute. For instance, they can get financial support to participate in scientific events in Chile or abroad, commission

translation and/or editing services for their scientific manuscripts, fund part of their doctoral theses, give presentations at internal meetings and seminars, and receive thesis supervision, among other uses. Due to our limited annual budget, a competitive grant process is used in some cases, for example, for MIDAP members to attend congresses and cover doctoral thesis costs, whereas other funding is freely available, such as editing/translation and publication funds. Furthermore, MIDAP members can apply for grants to complete internships at foreign universities, which are covered with funding provided by UC, UFRO, UDD, and UDP (some of our host universities). The funds provided by the first three institutions are also awarded through a competitive grant process, while UDP directly manages its grants.

Also, as pointed out in previous reports, people who have completed a PhD under the aegis of MIDAP are able to continue their work at the Institute by joining it as Collaborator-Researchers. This category is used by MIDAP to designate individuals who support the Institute's scientific-technical activities but without any productivity obligations and without any direct MIDAP funding. MIDAP opens frequent promotional processes for Collaborators to enter another formal category such as Young or Adjunct Researcher –if they are interested in doing so and meet the necessary requirements. Furthermore, as MIDAP Collaborators, they are eligible for institutional sponsorship to apply for external grants, get support for paper publication, and participate in scientific events, among other opportunities.

However, potential economic support is not the only factor that motivates young students to join MIDAP. The main draw is the chance to gain support for disseminating and prompting debate on their thesis results through multiple means, including supervisions, student exchange opportunities, and collaboration with mental health professionals and leading Chilean and foreign researchers. They also gain access to instruments and get the chance to present their work at one of the four annual Plenary Meetings or other similar events, which extends the scope of the discussion and dissemination of their results.

Another specific contribution of MIDAP to the training of young researchers since 2020, in this case at a postdoctoral level, relies on funding received from the UC's Vice-President's Office for Research. These funds are used to grant a 2-year stipend to a postdoctoral researcher conducting their research within one of MIDAP's FIP projects (internal competition for the allocation of funds to carry out research in priority areas [Priority Research Funding (FIP)] defined by the institute in 2019). Also, the funds provided annually by UC's Faculty of Social Sciences and School of Psychology directly benefit MIDAP doctoral students enrolled at UC, enabling them to complete short research internships at prestigious research centers abroad.

b) Achievements and Results

During 2023, MIDAP welcomed 27 new young members, reaching the figure of 294 young trainees since its beginning. Specifically, MIDAP has hosted 64 undergraduate students, 99 master's students, 86 doctoral students, and 4 Postdoctoral Researchers (PR). To date, 106 students have graduated with their studies or theses under the guidance of MIDAP researchers: 39 PhDs, 34 master's degrees, and 33 undergraduate degrees. Furthermore, 17 Young Researchers (YR) have been part of MIDAP during these years. This large overall figure reflects young people's interest in joining MIDAP, since they regard it as a center of excellence relevant to their careers.

Forty doctoral students, 35 master's students, and 31 undergraduate students were part of MIDAP during 2023 (for details, see Annex 5). As usual, most doctoral students are enrolled in the Doctoral Program in Psychotherapy, jointly offered by UC and UCh. Other students are enrolled in Doctoral Programs in Psychology (UC, UCh, USACH, UDP, and UFRO), in UDEC's Doctoral Program in Mental Health, in UDD's Doctoral Program in Developmental Sciences and Psychopathology, in UC's Doctoral Program in Neurosciences, and in Doctoral Programs in Public Health (UC and UCh). Most of MIDAP's master's students came from UC's MSc in Clinical Psychology, while the rest came from UCh's MSc in Child and Adolescent Clinical Psychology and UC's MScs in Psychology and Health Psychology.

The activities and figures related to human capital training during 2023 have helped us to continue to comply with one of our global aims: to make a decisive contribution to the generation of advanced human capital in Chile and Latin America through graduate education and post-doctoral training and collaboration with universities in master's- and undergraduate-level education.

Twenty-four MIDAP students successfully completed their theses: four doctoral students, 13 master's students, and six students who obtained their bachelor's degree in psychology.

Five of these new PhDs were invited to join MIDAP: José Luis Rossi and María Carolina Velasco, who graduated from the Doctoral Program in Psychotherapy jointly offered by UC and U de Chile, plus Sebastián Alejandro Neira and María Belén Salinas, who completed the doctoral program at Universidad de la Frontera, and Norma Silva, who received her degree from Universidad Alberto Hurtado.

The gradual normalcy attained after the critical stage of the COVID-19 pandemic allowed MIDAP students to start applying for internships at foreign research centers again. In this context, in 2023, five doctoral students affiliated to MIDAP traveled to other four centers to conduct part of their theses with the support of renowned foreign researchers: Markus Moessner and Stephanie Bauer (Center for Psychotherapy Research (FOST), Ruprecht-Karls-Universität Heidelberg, Germany), Michael Barkham and Jaime Delgadillo (Psychotherapy Evaluation and Research Lab at Sheffield (PEARLS), University of Sheffield, UK), Nick Midgley (Anna Freud Centre for Children and Families, University College London, UK) and Wolfgang Lutz (Division of Clinical Psychology and Psychotherapy of the Department of Psychology, University of Trier, Germany). In contrast, during 2023, there were no internships for foreign students with MIDAP researchers (more details in Annex 5.2).

Also, five doctoral students received a small monetary grant from MIDAP aimed at supporting their thesis work: Antonella Davanzo, Betzabé Torres, Maria Jose Ugarte, Sofia Fernandez, and Stephanie Vaccarezza.

Out of 321 studies presented at national and international conferences during 2023, 189 involved YRs and PRs as co-authors (with 45 being led by them), while 141 included student participation (with 55 of them being student-led). A total of 33 graduate students and researchers received financial support from MIDAP to cover congress registration fees, as all events were held remotely, through application processes established by MIDAP to provide such aid. Out of 143 articles published during 2023, 101 involved YRs or PRs as co-authors (37 were led by such researchers) and 64 included student participation (29 were student-led).

In July 2023, the 54th International Annual Meeting of the Society for Psychotherapy Research (SPR) was held in Dublin, Ireland. On this occasion, 44 MIDAP researchers and 19 students attached to the Institute participated with their work. The researcher Paula Errazuriz obtained the Lester Luborsky Student Poster Award for her contribution as co-researcher. Furthermore, the Senior Distinguished Research Career Award was awarded to Mariane Krause. Both award recipients belong to UC.

Four diploma (certificate) programs directed by MIDAP researchers requested sponsorship from the Institute in 2023. All of these programs are a fundamental part of the activities conducted by MIDAP in collaboration with other universities. The average annual enrollments for these programs ranged from 20 to 65 professionals:

- Suicide Risk: Evaluation and Management. 9th version.
- Mindfulness, Science, and Health. 4th version.
- Video-Feedback as an Intervention Tool in Early Childhood. 6th version.
- Suicide Risk: Evaluation and Management. 10th version.

In July 2023, we offered the third version of the training course entitled “Mindfulness: Science and Health”. On this occasion, we adopted an online format. Mindfulness can be defined as the ability to pay attention to one's experience of the present moment with an attitude that includes kindness and non-judgment. Over the last decades, mindfulness practices have been incorporated into healthcare in order to develop new ways of approaching difficult experiences. Mindfulness practitioners cultivate greater awareness and acceptance of their experience. This new approach has resulted in the establishment of “contemplative studies”, which have identified a number of biological correlates and mechanisms of action of contemplative practices. Recent studies have highlighted their potential in the prevention and management of depression, anxiety, and stress. In line with these recent findings, MIDAP offers this experiential and didactic course informed by the contributions of contemplative practices –mindfulness and compassion– to personal and relational well-being. The course was facilitated by Adjunct Researcher Sebastián Medeiros and was attended by 30 professionals working in the healthcare field and other related areas.

The course “Suicide Risk: Assessment and Management” was again offered during 2023 (online). The sessions, held in October, were led by Adjunct Researchers María de la Paz Maino with Collaborator Researchers Orietta Echávarri, Tita Szmulewicz, Susana Morales, Claudia Moya, Cristóbal Morales. The attendees were 64 healthcare professionals and others working in related disciplines who are in contact with potentially at-risk adolescents or adults. As usual, the objective of the course was to present effective tools for detecting, evaluating, and managing suicide risk to professionals working with people who may be susceptible to it.

The course “Video-Feedback as an Intervention Tool in Early Childhood” was offered again in 2023 (in August, both times online). The teaching team included Associate Researcher Marcia Olhaberry, Postdoctoral Researcher Catalina Sieverson, and Collaborator Researcher Fanny Leyton. Parenting-focused interventions have been found to be among the most effective in promoting well-being and preventing difficulties during childhood. In this context, video-feedback represents an exceptional intervention tool, with numerous studies showing its impact on interaction and bond quality as well as on mental health and child development variables. The video-feedback course also seeks to improve therapists' reflective skills, allowing them to identify their own mental states and their triggers in themselves and the dyads or triads receiving care. This course was

designed to provide initial theoretical and practical content for participants to understand and use video feedback when working with young children and their families. This version of the course was attended by a total of 16 young professionals. Being an introductory course, it was aimed at mental health professionals (from the fields of clinical psychology, psychiatry, social work, and nursing) and undergraduate and graduate students from the same specialization fields with an interest in learning about the theoretical foundations and some technical principles of this therapeutic intervention model. Participants from other regions of Chile and from other countries were able to enroll in all courses. This has increased MIDAP's visibility and extended the range of young public or private sector professionals wishing to learn about new tools and acquire knowledge applicable to their fields of expertise. In 2023, our courses had participants from all regions of Chile, with professionals from Peru, Ecuador, Mexico, Brazil, and Uruguay also participating.

At MIDAP, we consider that the role of the continuing education area is important, since the participation of professionals –most of whom belong to public healthcare entities– allows the Institute to have a large impact on their workplace tasks and activities; that is, largely based on the results of MIDAP studies, we can have a direct influence on how they conduct their work after attending our courses.

c) Destination of Students

The situation of MIDAP students, as it relates to their destination upon completion of their studies, has not changed. Although some students who have obtained their doctoral degrees in recent years are affiliated with their universities on fixed-term contracts and without an academic position, others have gradually signed permanent contracts in a number of Chilean institutions. In addition, many of them are still involved in clinical work, putting into practice what they learned throughout the doctoral program as well as the results of their own research. As previously explained, most of them are now associated with MIDAP as Postdoctoral Researchers or Collaborator Researchers.

5) Networking and other collaborative work

a) Networking

During 2023, MIDAP continued to build its international presence, maintaining and strengthening many of its international networks. As has been previously reported, MIDAP's international activity can be organized in six areas of collaborative scientific work: (a) Depression and Personality Dysfunction, (b) Biological and Personality Interactions and Cultural Aspects in the Development of Psychological Disorders, (c) Change Processes in Psychotherapy, (d) Longitudinal Studies on the Development of Depression, (e) Mindfulness and other Contemplative Practices, (f) E-Mental Health Research, and (g) Early Developmental Conditions. Collaborative activity within the six areas above will be reported under the current heading (Networking and Annex 6.1) as well as under the heading Other Collaborative Activities (Annex 6.2).

a.1) Depression and Personality Dysfunction

The scientific collaboration to establish an International Network for the Study of the Heterogeneity of Depression (CONICYT, PCI REDES180104) is still ongoing with researchers from the University of Sheffield and Columbia University. Furthermore, during 2022, the network was strengthened by researchers from Switzerland and Austria. Datasets from all the countries involved in the network, including Uganda and Ethiopia (from our colleagues at Columbia University) have been compiled and the groups is working on a publication comparing depressive profiles at a global scale. Currently, researchers are working on a publication after initial comparative analyses of depression profiles across samples were presented in the 2023 SPR conference in Dublin. Also, during 2023, one MIDAP doctoral student completed research stays in Sheffield and in Zürich.

a.2) Biological and Personality Interactions and Cultural Aspects in the Development of Psychological Disorders

MIDAP's Young Researcher Dr. Natalia Salinas (Universidad de la Frontera, UFRO) continues to maintain an international network entitled Culture and Behavior Laboratory with colleagues from Loma Linda University, USA. Bound by a formal collaboration meeting, the functioning of this network, which also includes students, consists in joint publications and conferences as well as periodic coordination meetings for manuscript preparation. In 2023, a student from UFRO visited Loma Linda University for a research stay. Another network, the Platform for Social Research on Mental Health in Latin America (PLASMA) involves researchers from Chile, Brazil, Uruguay, Argentina, Peru, Colombia, Ecuador, and Panama. MIDAP has sponsored this group from its beginning and it has currently become a stable platform for scientific collaboration. Periodic scientific output is published in the network's website (blogplasma.wordpress.com). The network has also produced joint publications. Finally, in the area of biological and personality interaction, joint scientific work has been conducted between researchers at MIDAP and Heidelberg University and Concordia University in Montreal.

a.3) Change Processes in Psychotherapy

The international network "Psychotherapy and Change – Latin-American Network of Psychotherapy Research" includes members from Chile, Argentina, Brazil, Colombia, Mexico, Peru, Panama, and Ecuador. MIDAP has supported this important local network in an effort to strengthen regional ties in the area of psychotherapy research. During 2023, a paper about Routine Outcome Monitoring in psychotherapy in Latin America was prepared for submission between colleagues in Chile, Uruguay, and Ecuador. The network "Active Ingredients of Change in Transference Focused Psychotherapy: Towards the identification of candidate interventions for short-term, modular interventions for patients with complex, treatment-resistant depression" terminated in 2023 even though the team is still attempting to publish one joint paper. This network involves researchers from MIDAP, Cornell, and City University of New York.

a.4) Mindfulness and other Contemplative Practices

MIDAP continues its ongoing scientific and training networks within the area of Mindfulness. A new version of this international network consolidates joint work between Chile and Germany (Heidelberg University). This network remains active and, during

2023, a few papers were published about Forest Bathing and about mindfulness interventions with university students.

a.5) E-Mental Health Research

The network E-Mental Health for Depression: Latin-American experiences continues to thrive, involving researchers and centers from Chile, Colombia, Mexico, and Germany. During 2023, activities financed by a new grant from ANID for international scientific collaboration entitled “International Network for the fostering and development of Digital Mental Health” (FOVI220026) were conducted, including visits from colleagues in Germany and King’s College. An international seminary on e-mental health took place in Santiago during 2023. These new international collaboration funds consolidate and strengthen previous international work by MIDAP and associated centers. In the proposed international network, researchers from several institutions in Chile, Peru (Cayetano Heredia University), Colombia (CES University), Germany (Heidelberg University Hospital), the Netherlands (Vrije Universiteit Amsterdam), and the United Kingdom (King's College London) will synergistically cooperate, integrating knowledge and capabilities in various areas related to the development of e-mental health (EMH): (1) design and evaluation of prevention, detection, and treatment strategies based on EMH; (2) involvement of users, professionals, and associations; and (3) sustainability and dissemination of interventions.

An additional network between MIDAP and centers in Basel, Switzerland, Pristina, Kosovo, and Dar es-Salam, Tanzania has been developing a software package to enhance the capacity to detect mental health problems in low resource settings. The MHIRA (Mental Health Information Reporting Assistant) software package is now finished (<https://mhira-project.org/>) and the code is available to be downloaded for free (<https://github.com/mhira-project>). During 2023, it was formally introduced in a BMC Psychiatry publication.

a.6) Early Developmental Conditions

During 2018, an international research grant was awarded by CONICYT to create the Network for the Study of Emotion Regulation within the Family Context, involving researchers from Universidad del Desarrollo and MIDAP in Chile, University of California Davis in the USA, and the University of Melbourne in Australia. The aim of the network is to foster scientific exchange and develop multilateral training initiatives. During 2023, this network was active with close collaborations between members, particularly with Dr. Paul Hastings at UC-Davis. Also, during 2023, a doctoral student from UC-Davis visited Chile. Regarding early developmental conditions, a new important international collaboration grant was awarded by one of MIDAP’s researchers to strengthen the early childhood research network. Particularly, this network seeks to generate interdisciplinary knowledge about well-being during early childhood in Latin America. This network, called “the Triad”, involves researchers from Universidad Católica in Chile, Tecnológico de Monterrey in México, and Universidad de Los Andes in Colombia. Currently, the network is starting a USD \$80,000 project to study early adverse experiences and their impact on health outcomes in these three countries.

b) Other Collaborative Activities

As previously reported, regarding the development of **longitudinal studies**, MIDAP has partnered with national research centers, which has resulted in a significant strengthening of Research Line 1 (details are presented in Section 3). Specifically, MIDAP has signed an agreement with the Center for Intercultural and Indigenous Studies (CIIR) to include a mental health module in the Longitudinal Survey on Intercultural Relationships (ELRI). MIDAP has also signed an agreement with the Center for the Study of Social Conflict and Cohesion (COES) to include a mental health module for depression and subjective well-being in the Longitudinal Social Study of Chile (ELSOC). Finally, the Encuesta Longitudinal de Primera Infancia (ELPI) [National Longitudinal Survey of Early Childhood] completed its fourth wave of data collection for 2023. One doctoral student at MIDAP is currently analyzing these databases to explore depression heterogeneity.

During 2020, MIDAP started a collaboration with MIDE, a measurement center based at the School of Psychology of the Universidad Católica de Chile. During 2023, this collaboration continued and joint projects were conducted mainly to assess the mental health of students in one of Chile's largest technical universities and also, during 2023, to design and implement a major university-wide well-being and mental health program.

In addition, regarding **early developmental conditions**, MIDAP continues to have researchers participating formally in the Attachment & Adoption Research Network, which includes 12 countries in four continents. The network brings together an international group of researchers with the scientific aim of examining the development of attachment bonds in children deprived of their families. The network provides common instrumentation to advance research in this topic and aggregates findings in collaborative publications. Our Associated Researcher Dr. Pía Santelices is a formal member of the Chile team within this network. Dr. Santelices continues to serve as Director of CUIDA (Center for research in abuse and early adversity).

During 2023, MIDAP strengthened its ties with lived experience groups, including Fundación TLP Chile and Círculo Polar. Fundación TLP Chile brings together people diagnosed with Borderline Personality Disorder and their caregivers, while Círculo Polar hosts people with a Bipolar Disorder diagnosis. During 2023, MIDAP worked closely with both groups in the design and development of studies and participated with both groups in seminars and other public health initiatives. Bringing MIDAP closer to lived experience groups is essential for strengthening the relevance of our studies and building mutual avenues of incidence in our society.

6. Scientific Communication and Connections with Other Sectors

a) Scientific Communication

Sharing the advances and findings derived from our work is one of the key aspects of MIDAP's operations, an effort that can also further one of the stated goals of the Ministry of Science, Technology, Knowledge, and Innovation: transferring the knowledge generated and helping the target audience of each activity and/or the people who receive the information to make this knowledge their own. With this goal in mind, in 2023, the Institute continued implementing scientific communication and outreach activities. This work boosted its status as a trustworthy authority on mental health topics, especially

depression and personality functioning, given its expertise as a world-class research center. The scientific evidence collected, which is often supported by clinical work, grants MIDAP researchers the necessary credibility to inform society at large about the latest findings in this area. For this reason, MIDAP professionals were permanently asked to provide their authoritative voice as experts, which resulted in over 100 media appearances. It is worth noting that 54 of these appearances were interviews.

The Institute started 2023 with the late January launch of the digital edition of the book “Mental Health and Society in Times of Crisis”, which is freely available on multiple digital platforms such as Amazon, Google Books, Apple Books, Ebooks Patagonia, and Catalonia. This publication comprises 16 columns and three interviews produced by a group of researchers from the Institute between December 2019 and November 2021, which were then published in the electronic outlets CIPER Académico, Tercera dosis, and CIPER+. This edition was made possible by the funding provided by the Millennium Program of the National Research and Development Agency (ANID), within the context of the 2021 Competitive Grant for Outreach Initiatives (PME). These resources also enabled us to print 300 copies of the book, which were partly distributed on April 25, during the launch of this publication. The event was held in the Eloísa Díaz Hall of the Central Building of Universidad de Chile, one of MIDAP's host institutions, before an audience of 70 people including academics, Psychology and Psychiatry students, and individuals with an interest in the topics covered. Juan Pablo Jiménez, director of MIDAP and Professor Emeritus at Universidad de Chile, was in charge of presenting the book. The academics commenting on the publication were Olga Toro, head of the Mental Health Program at the School of Public Health of Universidad de Chile; Manuel Antonio Garretón, recipient of the 2007 National Prize for Humanities and Social Sciences; and Lucía Dammert, sociologist and full professor at USACH.

In the first half of 2023, MIDAP continued to execute the second outreach activity funded with Millennium-ANID funding approved in October 2022: the second version of the campaign “Take Care of Your Mental Health!”. This initiative, carried out by PsiConecta, a foundation led by MIDAP researchers and academics from the School of Psychology of Pontificia Universidad Católica de Chile (UC) Paula Errázuriz and Candice Fischer, and supported both conceptually and communicationally by the Institute, seeks to promote mental health among the wider public, specifically targeting Santiago Metro passengers, and has extended its reach to the social media followers of the participating institutions. “Take Care of Your Mental Health!” pursues its goals through psycho-education about four key issues necessary to attain healthy interpersonal relationships: workplace relationships, parenting skills, sexual-affective relationships, and school climate, all of which are studied under the aegis of MIDAP. The public intervention involved (1) the development of material written and adapted for all adult audiences which is available at the PsiConecta and MIDAP websites and (2) the production of promotional videos about each topic, one lasting 10 seconds that was shown on the Massiva advertisement screens in the Santiago Metro, and a promotional video lasting 30 seconds that was shown on Metro TV. The campaign was broadcast daily for over six months at the 136 stations of the capital's public transport network alternated with advertisements from other entities, which ensured that the initiative would be highly impactful. It is worth noting that the screens set up by Massiva, a company with expertise in outdoors advertising, is the first platform of static, dynamic, and digital publicity present in Metro stations. Metro TV is a closed-circuit television system used as a means of communication and as an advertisement platform in the stations of the subway

network, with approximately four screens operating in each of the 136 stations located in 23 different municipalities.

In the second half of 2023, and also within the framework of the activities funded by the 2022 Millennium-ANID 2021 Competitive Grant for Outreach Initiatives (PME), MIDAP finished editing the 32 chapters of the book “Mental Health and Psychiatry in Primary Health Care Practice”, which features contributions by more than 60 experts and which constitutes a complete guide aimed at professionals who work in Primary Health Care (PHC) and who, in their daily practice, encounter mental health problems and clinical-psychiatric disorders that require diagnostic and problem-solving capacity. This is a contribution by MIDAP, together with the Department of Psychiatry and Mental Health of the Faculty of Medicine of the Universidad de Chile, to the specialization programs in mental health offered by the relevant health authority. The book, edited in collaboration with the Catalonia publishing house, is composed of four sections: Mental health and psychiatry in Primary Health Care; Evaluation and management of clinical presentations in Primary Health Care; Therapeutic interventions in Primary Health Care; and Mental Health Topics in Primary Health Care. The digital edition of the book was launched in 2024 and is available for free on the main e-book platforms, including Amazon, Google Books, Apple Books, Ebooks Patagonia, and Catalonia. The print version of the book is scheduled for mid-2024.

In 2023, prior outreach activities were complemented with initiatives that brought together some 400 participants among mental health professionals, professionals from other similar fields, undergraduates and graduates, academics, and members of the public. With 60 people in the audience, Dr. Ricardo Araya, psychiatrist and recipient of the 2022 National Award for Applied and Technological Sciences, gave the lecture entitled “Some challenges for mental health in Chile” on January 9. The event, open to the community, was conducted at the Domingo Asún Hall of the Faculty of Psychology of Universidad Diego Portales, one of the six MIDAP host institutions, and streamed over the Institute's YouTube channel. Dr. Araya began his presentation by thanking –within the context of his accolade– scholars who have played a part in his work and career, including MIDAP researchers Graciela Rojas, Vania Martínez, and Paul Vöhringer.

On January 19, the Institute took part in the 2023 Congreso Futuro, whose title was “No real limits” and which addressed the topic of virtual worlds. On this internationally relevant stage, MIDAP's Director of Research, Alex Behn, gave a presentation during the segment “Shared emotions”. In his talk, among other points, he said: “one of the things that the COVID-19 pandemic left us was a much more acute awareness of the importance of mental health for our well-being and our future as a society. It was evident that, during the pandemic, certain groups were more severely affected than others (...) and also the lockdowns intensified and worsened existing mental health difficulties”.

With mainly Psychology undergraduates in the audience, the lecture “Models of treatment personalization in psychotherapy” was given by Juan Martín Gómez, PhD in Psychology, Professor at the Universidad de Buenos Aires and researcher at the National Council of Scientific and Technical Studies of Argentina (Argentina) and director of the Clinical Psychology Research Team (EIPSI) of Argentina.

In order to take MIDAP researchers outside the capital and disseminate the Institute's work, on September 8, associate researcher María Pía Santelices was the main speaker in the seminar “Commemoration of the World Suicide Prevention Day”, organized by the Childhood and Adolescence Office of the municipality of El Quisco. This event was held

at the Municipal Hall of the city before an audience of some 60 people, including parents, teachers, counselors, psychologists employed by primary and secondary schools in the area, and 11th and 12th grade students. The activity sought to deliver knowledge about child depression and mental health to the community of El Quisco, emphasizing the role of educational communities. On this occasion, the speaker also presented her book “¿Qué le pasa al gran árbol?” [What's Wrong with the Big Tree], published in 2022 thanks to MIDAP funding through PME competitive grants.

The high prevalence of mental health disorders and the associated need to establish how to prevent, diagnose, treat, and rehabilitate patients with said disorders, inform all the scientific communication actions carried out by MIDAP researchers. E-mental health was one of the topics that were extensively covered in 2023, specifically through two seminars organized within the context of MIDAP's International Network for Strengthening and Developing Mental Health. First, on October 16, Universidad de La Frontera (Temuco), one of MIDAP's host institutions, organized the conference “E-mental health: challenges and opportunities in Chile”. One of the guests was world-renowned scholar Mark Moessner, PhD in Psychology and researcher at the Center for Psychotherapy Research at Heidelberg University Hospital. In his talk “Using digital technologies to innovate and reduce gaps in mental health”, he explained that the large percentage of people worldwide who do not receive help or treatment has spurred research on the gap between the available resources, people's help-seeking behaviors, and how to use technologies to begin closing this gap. On this occasion, there was a roundtable discussion about e-mental health studies and interventions that was moderated by Graciela Rojas, Associate Researcher at MIDAP, and which benefited from the participation of young researcher Natalia Salinas and associate researcher Carola Pérez, along with other researchers from UDD and the Complex Engineering Systems Institute (ISCI). In the second half of the event, MIDAP researchers Álvaro Langer and Álvaro Jiménez gave talks, followed by a lecture by Ricardo Araya, recipient of the 2022 National Award for Applied and Technological Sciences, who spoke about several e-mental health interventions recently conducted in Latin America. The event was closed by adjunct researcher Manuel Ortiz, academic at the Universidad de la Frontera, who noted before an audience of more than 60 people that “it is fundamental to ask ourselves what we psychologists are doing to learn how to use these third-generation therapies”, concluding that “there are many challenges that remain for us to tackle, and MIDAP must play a major role that I would like to highlight”.

On October 19, the second activity of MIDAP's E-Mental Health Network was held in the Auditorium of the Faculty of Education of Universidad Diego Portales: the seminar “E-Mental Health: Where Are We? Where Are We Going?”. The event features presentations by Graciela Rojas, Markus Moessner, and Ricardo Araya, as well as by Ricardo Pinto, Head of MINSAL's E-Health Project.

The informative bulletin and associated product “Mental Health Updates - MIDAP's Podcast”, available through Spotify, continued to further the Institute's scientific communication efforts in 2023. While the bulletin was submitted monthly to a list of 5,500 people composed of researchers from the Institute and the mental health field, professionals from other areas, government authorities working on related fields, university professors, undergraduates and graduates, and members of the public, the podcast “Mental Health Updates” has reached 45 episodes, has 920 followers, and has garnered 6,620 plays as of the completion of this section of the report (May 10, 2024). It is also worth noting that, as of the same date, MIDAP has 6,910 followers on Instagram,

11,645 on Facebook, 2,560 on LinkedIn, and 2,010 on X (Twitter), as well as 3,340 subscribers to its YouTube channel, which features 176 videos with 528,291 plays in total.

b) Connections with Other Sectors

Most of the connections established in previous years have been maintained over time, while new ones have been generated across multiple levels. Thus, the participation of MIDAP researchers in a number of public and private initiatives, either as collaborators, consultants, or service providers, has continued to cement our place as leaders in mental health research in Chile and, in certain areas, also internationally. Some of these connections are mentioned below, while the complete list is in Annex 8. These connections mostly concentrate in two economic sectors: Education (34.5%) and Medicine & Human Health (48% of total connections). With respect to education, the links focus on scientific training, surveys, teaching, project development, and consultancy. Examples of these activities include the training program entitled “Video-Feedback como estrategia de intervención en primera infancia” [Video-Feedback as an Intervention Strategy in Early Childhood], led by Professor Marcia Olhaberry. This course, a private initiative, teaches the Video-Feedback technique and its methods of application. Another example is a training program entitled “Depresión infantil – Suicidio adolescente” [“Child Depression – Adolescent Suicide”], jointly offered by two public institutions, Universidad de Chile and Servicio de Salud Metropolitano Central [Central Metropolitan Health Service]. This diploma program helps professionals to learn more about diagnosis in children and young people.

Consultancy services have been regularly provided, also in foreign countries. During 2023, MIDAP researchers provided support to the “Consejo Asesor CUIDO-60” in Cuba, associated with education NGOs and foundations. In another economic sector, Medicine & Human Health, consultancy services have also been provided abroad; for example, to the “High-Level Commission” in the USA, a multi-government organization. Besides, in Argentina, consultancy services were delivered to the “Global Mental Health Summit Expert Committee”, a government body. Lastly, MIDAP also provided services to the “Expert Advisory Group” in the USA. Most of these consultancy services were provided to public institutions.

Consultancy services were also provided locally. For example, MIDAP supported the “Consejo Asesor en Salud Mental para el Sistema de Educación Superior” [Advisory Council on Mental Health to the Higher Education System], working on policy proposals or public policy interventions. Also, a number of MIDAP researchers participated in a technical cooperation committee of Centralized and Decentralized Public Institutions to take part in the “Diálogos de Actores Claves sobre la Implementación de Estrategias de Prevención del Suicidio” [Discussions Among Key Actors about the Implementation of Suicide Prevention Strategies]. Finally, the Institute took part in the “Mesa asesora en Demencia” [Dementia Advisory Committee].

MIDAP researchers have continued to collaborate with various institutions and bodies. For instance, Mariane Krause joined other MIDAP researchers to design a Public Technological Institute for Coexistence and Social Sustainability. This new Institute will receive public funding from CORFO.

Also, within the human health sector, Young Researcher Álvaro Jiménez and Adjunct Researcher Vania Martínez participated in the regional commission on suicide prevention

of the Metropolitan Region Department, Ministry of Health (MINSAL), to coordinate initiatives aimed at fulfilling the objectives of the National Suicide Prevention Program.

With respect to universities and research centers, some existing ties have been preserved and new ones have been generated. Principal Researcher Luis Salazar has continued to collaborate internally with UFRO, serving on various bodies such as UFRO's Committee of Graduate Affairs and Medical Specializations and the Continuous Quality Improvement Team, Doctoral Program in Sciences (specialization in Applied Cellular and Molecular Biology), and as a member of the Advisory Board on the Accreditation of Graduate Programs for the National Accreditation Commission. Adjunct Researcher Diego Cosmelli is president of the Graduate Advisory Commission of the Council of Presidents of Chilean Universities (CRUCH). Luis Salazar, Principal Researcher, is an evaluator of research projects submitted to the Biology and Medicine Division, Swiss National Science Foundation, Switzerland. Adjunct Researcher Claudia Capella is Principal Investigator of the FONDECYT Project “Psychotherapeutic change process in children who have been victims of sexual assault: toward an explanatory model of the influence of caregiver, intervention, and therapeutic relationship factors”. Since 2022, Adjunct Researcher Jaime Silva has developed the FONDECYT Project “Proyecto FONDECYT 1221538 “Promoting sensitive care: modulating the oxytocin paradox through secure attachment priming”. The FONDECYT Program is part of the National Agency for Research and Development (ANID) and organizes competitive grant processes to fund research in all knowledge areas. Therefore, the financial resources for the FONDECYT Program are provided to public sector through the Ministry of Science, Technology, Knowledge and Innovation.

7. Administration and Financial Status

a) Organization and Administration

All the administrative tasks and internal meetings of the MIDAP Institute continued to be held remotely throughout 2023. The Council of Principal and Senior Researchers¹ holds its monthly meetings on Zoom. As is already known, the tasks of the Council include organizing and coordinating all the scientific-academic activities of the Institute; actively participating in a variety of research activities held each year; making decisions about the promotion of researchers belonging to the Institute; defining the rules of some internal tenders and selecting their beneficiaries; and making strategic decisions about the research conducted at the institute, among other tasks. Since 2021, the MIDAP Council has made increasing efforts to define the objectives and goals of the Institute if its funding is renewed for another 10 years through a competitive grant to be conducted by Milenio-ANID in late 2024, as permitted by the terms and conditions of the original competitive grant awarded to MIDAP.

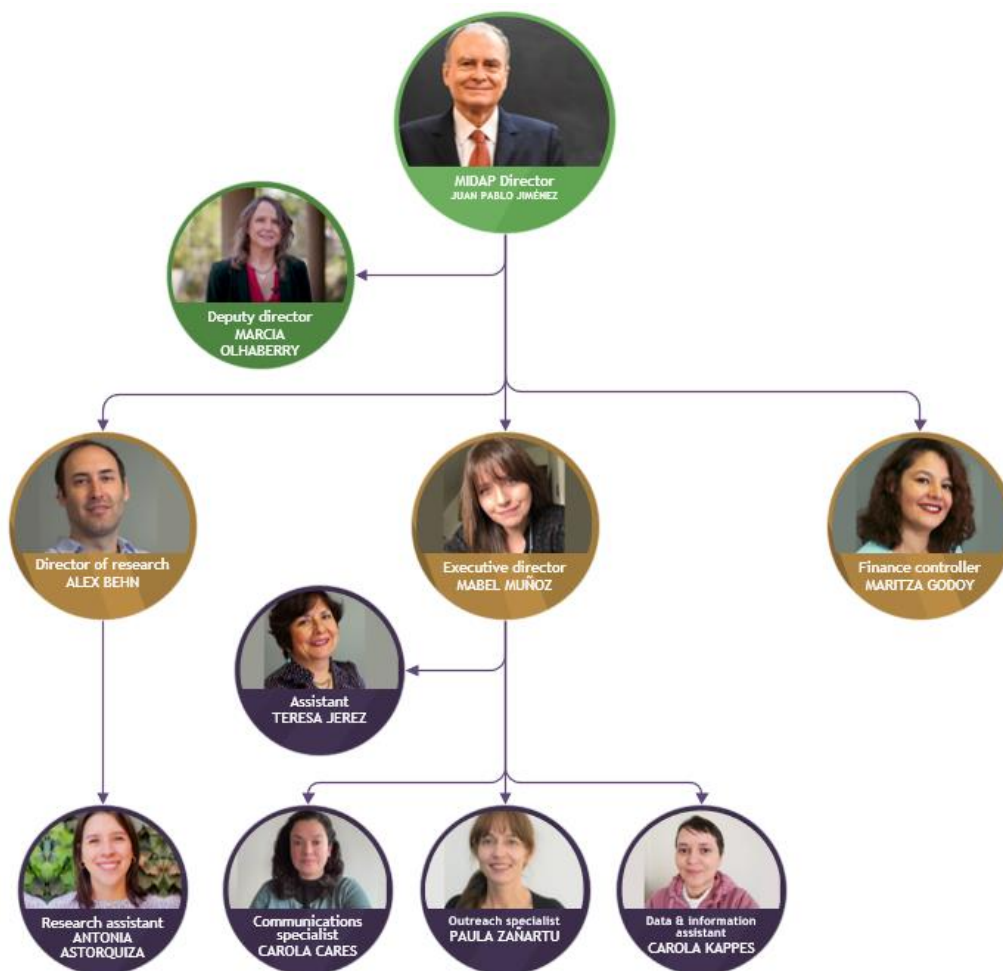
Six Host Universities support MIDAP. These institutions host various research groups, which are associated with the full diversity of MIDAP's lines of research. The research groups are composed of a PI, Senior Researchers, Young Researchers, Collaborative Researchers, Research Assistants, Postdocs, Undergraduates, and Postgraduate Students. At the heart of MIDAP is a team of professionals who work on daily tasks related to

¹ Only senior researchers residing in Chile are part of the Council.

communications, outreach activities, financial administration, data management, supervision of contest applications, and sponsorship of scientific events, among others.

MIDAP's Management Team continued holding weekly internal meetings on-line. This team executes the decisions of the Institute's leaders and Council (see previous annual reports). In 2023, the composition of the team changed relative to the previous year. Mrs. Susana Maldonado, former Executive Director who had been in charge for almost 9 years, resigned in July. Between May and July, the management team opened a competition for the position of executive director. Several candidates applied, with Ms. Mabel Muñoz being ultimately selected. She took up her new post in August 2023, a change that is shown in the following diagram.

Figure 1: Organigrama MIDAP



The various studies led by a MIDAP researcher have a team composed of other researchers and research assistants, most of whom receive payment through MSI funds for part-time staff. The other research assistants are supported through external funds provided through additional research projects led by MIDAP researchers. Regardless of the origin of the funds that they receive as payment for their work, research assistants are a relevant part of the Institute's community and, as such, they are encouraged to participate in all the research meetings held annually by MIDAP.

Category	Female	Male	Total
Assistant & Technicians	24	9	33
Administrative Staff	2	0	2
Total	26	9	35

MIDAP depends on six Host Institutions (see Introduction). In terms of infrastructure and administrative duties, our Institute primarily relies on the support of UC's School of Psychology (EPUC). General facilities provided by all Host Institutions include workspaces for the researchers and students involved in each project; library services; meeting rooms; clerical assistants; phone and Internet connection; video conferencing equipment; software for quantitative and qualitative statistical analysis; and other general services. During 2023, the collaboration of Universidad Diego Portales and Universidad de Valparaíso gained relevance, since they hosted a range of in-person activities organized by MIDAP.

b) Financial Status

The Institute received the full payment of its last financial contribution from the MSI by August 2023 (approx. US\$331,561), a slightly larger amount in Chilean pesos than the previous year, but equivalent to an 8.7% smaller dollar amount relative to 2022. Additionally, the MSI did not contribute to Outreach activities. Despite these economic constraints, we were able to maintain most of the planned activities. MIDAP has continued receiving some financial support from ANID (approximately US\$ 154.8), allocated through FONDECYT for three research projects conducted by MIDAP researchers, together with other grants obtained from various sources, like the funds awarded by Botnar Foundation, Switzerland (US\$ 3,756.3). In 2023, we received another grant amounting to CLP\$10,000,000 (approx. US\$10,518) from the Vice-President's Office for Research of Pontificia Universidad Católica de Chile to support the training of postdoctoral researchers (more details in section 4). In addition, we received a payment of US\$ 77,603 for a scientific consultancy commissioned by DUOC, as a continuation of the consultancy services of 2022, and US\$ 106,750 for a consultancy commissioned by CORFO for designing the Public Technology Institute (ITP, Instituto Tecnológico Público) for Coexistence and Social Sustainability. Finally, we received an additional US\$ 13,075 from some training programs offered annually by MIDAP. The outflow structure for the year 2023 followed the same pattern of past years, with most of the MSI income being spent on researchers' and students' salaries and bonuses, internal research grants, research assistants' salaries, partial support for publications, and increased contributions for attending scientific events, among other elements.

8. Annexes

Annex 1.- Institute Researchers

1.1.- Summary table of MIDAP researchers (as of December 31, 2023)

Category of researcher	Quantity	Average age	Nationality		Gender Distribution		
			National	International	Male	Female	Not stated
Director	1	78,9	1	--	1	--	0
Alternate Director	1	55,3	1	--	--	1	0
Principal Researcher (excluding director and alternate director)	12	54,9	12	--	3	9	0
Senior Researcher	5	70,3	1	4	4	1	0
Adjunct Researcher	23	50,9	19	4	11	12	0
Young Researcher	14	43,1	14	--	6	8	0
Postdoctoral Researcher	4	40,5	3	1	2	2	0
Total	60	51	51	9	27	33	0

*As of December 31, 2023, MIDAP had other 77 Research Collaborators actively participating in different studies carried out at the Institute.

1.2.- Principal Researchers

Full Name	Line of Research	Nationality	Gender	Date of birth	Profession	Academic Degree	Affiliation	Current Position	Relation with Center
Juan Pablo Jiménez	L1: Basic bio-psycho-social structures and processes.	Chilean	M	03-07-1945	Psychiatry	D	Universidad de Chile	Emeritus professor	2
Marcia Olhaberry	L2: Health promotion and psychosocial prevention. L3: Psychotherapeutic interventions and change processes.	Chilean	F	24-02-1969	Psychology	D	Pontificia Universidad Católica de Chile	Associate Professor	2
Alemka Tomicic	L1: Basic bio-psycho-social structures and processes. L3: Psychotherapeutic interventions and change processes.	Chilean	F	17-09-1976	Psychology	D	Universidad Diego Portales	Associated Professor, Director of the School of Psychology	2
Alex Behn	L1: Basic bio-psycho-social structures and processes. L3: Psychotherapeutic interventions and change processes. L4: Mitigation of Chronicity in the Course of Depression.	Chilean	M	12-08-1979	Psychology	D	Pontificia Universidad Católica de Chile	Associate Professor	2

Carolina Altimir	L3: Psychotherapeutic interventions and change processes.	Chilean	F	06-11-1975	Psychology	D	Universidad Alberto Hurtado	Assistant Professor, Director of Graduate Studies and Research, School of Psychology	2
Claudia Miranda	L2: Health promotion and psychosocial prevention.	Chilean	F	17-12-1974	Psychology	D	Universidad Andrés Bello	Associate Professor	2
Claudio Martínez	L1: Basic bio-psycho-social structures and processes. L3: Psychotherapeutic interventions and change processes.	Chilean	M	06-04-1962	Psychology	D	Universidad Diego Portales	Full Professor	2
J. Carola Pérez	L1: Basic bio-psycho-social structures and processes. L4: Mitigation of Chronicity in the Course of Depression.	Chilean	F	21-03-1970	Psychology	D	Universidad del Desarrollo	Associate Professor	2
Luis Antonio Salazar	L1: Basic bio-psycho-social structures and processes.	Chilean	M	29-08-1960	Medical Technology	D	Universidad de la Frontera	Full Professor	2
María Graciela Rojas	L1: Basic bio-psycho-social structures and processes.	Chilean	F	24-09-1954	Psychiatry	D	Universidad de Chile	Full Professor	2

	L4: Mitigation of Chronicity in the Course of Depression.								
María Pía Santelices	L2: Health promotion and psychosocial prevention.	Chilean	F	04-02-1969	Psychology	D	Pontificia Universidad Católica de Chile	Full Professor	2
Mariane Krause	L3: Psychotherapeutic interventions and change processes. L4: Mitigation of Chronicity in the Course of Depression.	Chilean	F	17-10-1955	Psychology	D	Pontificia Universidad Católica de Chile	Full Professor, Dean of the Faculty of Social Sciences	2
Paula Dagnino	L1: Basic bio-psycho-social structures and processes. L3: Psychotherapeutic interventions and change processes.	Chilean	F	27-11-1975	Psychology	D	Universidad de San Sebastián	Associate Professor	2
Paula Errázuriz	L3: Psychotherapeutic interventions and change processes. L4: Mitigation of Chronicity in the Course of Depression.	Chilean	F	31-10-1978	Psychology	D	Pontificia Universidad Católica de Chile	Associate Professor	2

1.3.- Senior Researchers

Full Name	Line of Research	Nationality	Gender	Date of birth	Profession	Academic Degree	Affiliation	Current Position	Relation with Center
Guillermo de la Parra Ciecwa	L3: Psychotherapeutic interventions and change processes.	Chilean	M	24-10-1952	Psychiatry	D	Pontificia Universidad Católica de Chile	Full Professor	2
Adam Otto Horvath	L3: Psychotherapeutic interventions and change processes.	Canadian	M		Psychology	D	Simon Frasier University	Professor Emeritus, Counselling Psychology Program (Education) & Department of Psychology	2
Peter Fonagy	L1: Basic bio-psycho-social structures and processes.	British	M	14-08-1952	Psychology	D	University College London	Head of Department, Research Department of Clinical, Educational and Health Psychology and the Freud Memorial Professor of Psychoanalysis,	2
	L3: Psychotherapeutic interventions and change processes.								

								University College, London	
Susanne Schlüter-Müller	L3: Psychotherapeutic interventions and change processes. L1: Basic bio-psycho-social structures and processes.	Swiss	F	19-02-1954	Psychiatry	D	Institut für Psychotherapie des Kindes- und Jugendalters der Universitätskliniken Basel, Bern, Zürich.	Researcher and teacher	2
Klaus Schmeck	L1: Basic bio-psycho-social structures and processes. L3: Psychotherapeutic interventions and change processes.	Swiss	M	12-11-1956	Psychiatry	D	The University Psychiatric Clinics (UPK) Basel	Ordinarius für Kinder- und Jugendpsychiatrie	2

1.4.- Adjunct Researchers

Full Name	Line of Research	Nationality	Gender	Date of birth	Profession	Academic Degree	Affiliation	Current Position	Relation with Center
Orietta Echávarri	L1: Basic bio-psycho-social structures and processes.	Chilean	F	14-04-1963	Psychology	M	Pontificia Universidad Católica de Chile	Associate Professor, clinical	2

								special category	
Candice Fischer Perlman	L3: Psychotherapeutic interventions and change processes L4: Mitigation of Chronicity in the Course of Depression	Chilean	F	22-03-1977	Psychology	D	Pontificia Universidad Católica de Chile	Clinical Associate Professor	2
Nelson Valdés Sánchez	L1: Basic bio-psycho-social structures and processes. L3: Psychotherapeutic interventions and change processes.	Panamanian	M	23-07-1971	Psychology	D	Universidad Santo Tomás	Full Professor	2
Susana Maldonado Curti	L1: Basic bio-psycho-social structures and processes.	Chilean	F	24-08-1960	Biology	M	Instituto Milenio para La Investigación en Depresión y Personalidad-MIDAP	Researcher, Continuing Education Manager	2
Stephanie Bauer	L2: Health promotion and psychosocial prevention. L3: Psychotherapeutic interventions and change processes.	German	F	09-04-1975	Psychology	D	University Hospital Heidelberg	Chief Researcher at Center for Psychotherapy y Research	2

Patrick Luyten	L3: Psychotherapeutic interventions and change processes. L1: Basic bio-psycho-social structures and processes.	British	M	12-01-1973	Psychology	D	Research Department of Clinical, Educational and Health Psychology, University College London	Professor and Researcher	2
Susana Morales Silva	L1: Basic bio-psycho-social structures and processes.	Chilean	F	02-10-1966	Psychology	D	Pontificia Universidad Católica de Chile, Departamento de Psiquiatría	Adjunct Researcher	2
Diana Rivera Ottenberg	L3: Psychotherapeutic interventions and change processes.	Chilean	F	01-04-1957	Psychology	D	Pontificia Universidad Católica de Chile	Teacher Special Plant	2
Álvaro Langer	L2: Health promotion and psychosocial prevention.	Chilean	M	29-05-1979	Psychology	D	Universidad San Sebastián	Associate Professor	2
Manuel Ortiz Parada	L1: Basic bio-psycho-social structures and processes.	Chilean	M	15-10-1975	Psychology	D	Universidad de la Frontera	Vice-Dean, Faculty of Education, Social Sciences and Humanities, Associate Professor	2

Matías Irrázaval Domínguez	L2: Health promotion and psychosocial prevention.	Chilean	M	21-07-1978	Psychiatry	M	Pan American Health Organization, PAHO; World Health Organization, WHO	Mental Health and Substance Use Advisor for the Region of the Americas	2
Carla Crempien Robles	L3: Psychotherapeutic interventions and change processes.	Chilean	F	18-05-1967	Psychology	D	Instituto Milenio para la Investigación en Depresión y Personalidad-MIDAP	Adjunct Researcher	2
Olga María Fernández González	L3: Psychotherapeutic interventions and change processes.	Chilean	F	10-11-1964	Psychology	D	Universidad de Chile, Departamento de Psiquiatría y Salud Mental, Facultad de Medicina	Associate Professor	2
Paul Vohringer Cárdenas	L1: Basic bio-psycho-social structures and processes.	Chilean	M	11-10-1975	Psychiatry	M	Universidad de Chile, Facultad Medicina	Associate Professor	2
Francisca Sofía Pérez Cortés	L2: Health promotion and psychosocial prevention.	Chilean	F	21-10-1983	Psychology	D	Universidad Adolfo Ibáñez	Staff academician	2

Claudia Capella	L3: Psychotherapeutic interventions and change processes.	Chilean	F	07-01-1979	Psychology	D	Universidad de Chile.	Academic Department of Psychology	2
Sebastián Medeiros	L3: Psychotherapeutic interventions and change processes. L2: Health promotion and psychosocial prevention.	Chilean	M	28-01-1978	Psychiatry	M	Unidad de Salud Mental – Centro Médico San Joaquín de la Red Salud UC-Christus, Psiquiatría UC	Psychiatrist and Head of mindfulness program	2
Mabel Alicia Muñoz Ilabaca	L3: Psychotherapeutic interventions and change processes.	Chilean	F	02-08-1976	Social Work	D	MIDAP	Executive Director	2
Diego Cosmelli	L1: Basic bio-psycho-social structures and processes.	Chilean	M	18-01-1973	Biochemistry	D	Pontificia Universidad Católica de Chile	Full Professor	2
Jaime Silva	L1: Basic bio-psycho-social structures and processes.	Chilean	M	07-07-1972	Psychology	D	Universidad del Desarrollo	Director Institute of Socioemotional Wellness, Full Professor	2
Henry Daniel Espinosa Duque	L2: Health promotion and psychosocial prevention.	Colombian	M	10-08-1983	Psychology	D	Universidad CES – Medellín	Research Professor	2

Cristian Montenegro Cortés	L1: Basic bio-psycho-social structures and processes.	Chilean	M	02-06-1986	Sociology	D	Wellcome Centre for Cultures and Environments of Health. University of Exeter	Research Fellow	2
Vania Martínez	L3: Psychotherapeutic interventions and change processes. L2: Health promotion and psychosocial prevention.	Chilean	F	14-01-1970	Psychiatry	D	Universidad de Chile	Full Professor	2

1.5.- Young Researchers

Full Name	Line of Research	Nationality	Gender	Date of birth	Profession	Academic Degree	Affiliation	Current Position	Relation with Center
Álvaro Jiménez Molina	L1: Basic bio-psycho-social structures and processes	Chilean	M	14-03-1985	Psychology	D	Universidad Diego Portales	Assistant Professor	2
Cecilia Juanita de la Cerda Paolinelli	L3: Psychotherapeutic interventions and change processes	Chilean	F	26-02-1966	Psychology	D	Universidad de Playa Ancha	Academic Associate	2
Alberto Botto	L1: Basic bio-psycho-social structures and processes	Chilean	M	29-07-1975	Psychiatry	D	Universidad de Chile	Assistant Professor	2
A. Javiera Duarte Soto	L3: Psychotherapeutic interventions and change processes	Chilean	F	25-04-1980	Psychology	D	Universidad Diego Portales	Associate Professor	2
Javier Morán Kneer	L3: Psychotherapeutic interventions and change processes	Chilean	M	11-09-1980	Psychology	D	Universidad de Valparaíso	Professor	2
Pablo Martínez Díaz	L2: Health promotion and psychosocial prevention	Chilean	M	10-05-1988	Psychology	D	Douglas Research Centre, McGill University	Postdoctoral Fellow	2
Cristóbal Hernández Contreras	L3: Psychotherapeutic interventions and change processes	Chilean	M	15-11-1989	Psychology	D	Universidad Adolfo Ibáñez	Assistant Professor	2

Nicolle Álamo Anich	L3: Psychotherapeutic interventions and change processes	Chilean	F	20-10-1975	Psychology	D	Pontificia Universidad Católica de Chile	Assistant Professor	2
Natalia Salinas Oñate	L2: Health promotion and psychosocial prevention	Chilean	F	01-01-1985	Psychology	D	Universidad de La Frontera	Assistant Professor	2
María José León Papic	L3: Psychotherapeutic interventions and change processes	Chilean	F	18-03-1985	Psychology	D	Fundación En Mente	Executive Director	2
Kathleen Saavedra Peña	L1: Basic bio-psycho-social structures and processes	Chilean	F	14-04-1986	Medical Technology	D	Universidad de La Frontera	Assistant Professor	2
Stefanella Costa Cordella	L3: Psychotherapeutic interventions and change processes	Chilean	F	19-06-1986	Psychology	D	Universidad Diego Portales	Assistant Professor	2
Pablo López Silva	L1: Basic bio-psycho-social structures and processes	Chilean	M	01-01-1986	Psychology	D	Universidad de Valparaíso	Full Professor	2
María Isabel Gaete Celis	L1: Basic bio-psycho-social structures and processes	Chilean	F	16-06-1967	Psychology	D	Centro de Estudios Laboratorio de Fenomenología Corporal, LA FEC	Researcher	2

1.6.- Postdoctoral Researchers

Full Name	Line of Research	Nationality	Gender	Date of birth	Profession	Academic Degree	Affiliation	Current Position	Relation with Center
Maryam Farhang	L1: Basic bio-psycho-social structures and processes.	Iranian	F	20-04-1984	Psychology	D	Universidad de Las Américas (UDLA)	Research Associate Professor	2
Catalina Sieverson Raddatz	L2: Health promotion and psychosocial prevention.	Chilean	F	12-11-1985	Psychology	D	MIDAP/ Pontificia Universidad Católica de Chile	Postdoctoral Researcher	2
Ismael Palacios García	L1: Basic bio-psycho-social structures and processes.	Chilean	M	08-11-1987	Molecular Biotechnology and Engineering	D	Pontificia Universidad Católica de Chile	Postdoctoral Researcher	2
Yamil Quevedo	L1: Basic bio-psycho-social structures and processes.	Chilean	M	21-06-1977	Psychiatry	D	Universidad de Chile	Assistant Professor	2

<u>NOMENCLATURE</u>[Gender]: [M] Male [F] Female [NR] Not Reported	[Academic Degree] [U] Undergraduate [M] Master [D] Doctoral	[Relation with Center] [1] Full-time [2] Part-time
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Annex 2.- Lines of Research

N°	Line of Research	Objectives of Line of Research	Description of Line of Research	Researcher	Research Discipline	Starting Date	Ending Date	Status
1	L1: Basic bio-psycho-social structures and processes.	This line of research focuses on the origins and the mechanisms that trigger, develop, and sustain psychological disorders. It includes the assessment of the multiple cultural, social, developmental and psychobiological conditions involved in depression and personality.	It includes the assessment of the multiple cultural, social, developmental, and psychobiological conditions involved in depression and personality. Some topics for specific studies of this line are: - cultural, social, and family variables in the prevalence of depressive disorders, suicide risk, and subjective experience of illness. - Confluence of cultural aspects and genetic susceptibilities with personality types and depression in the Chilean population. - Conditions of labor and educational contexts for subjective well-being and depression. - Trauma and alterations of early attachment as determinants of depression and personality disorders. - Psychobiological correlates of depressive disorders in interaction with personality types and structures.	Carola Pérez. Luis Antonio Salazar. Alemka Tomicic. Susana Maldonado. Orietta Echávarri. Susana Morales. Manuel Ortiz. Cristian Montenegro. Peter Fonagy. Álvaro Jiménez. Nelson Valdés. Maryam Farhang. Paul Vöhringer. Patrick Luyten. Alberto Botto. Kathleen Saavedra. Pablo López. María Isabel Gaete. Klaus Schmeck. Juan Pablo Jiménez. Ismael Palacios. Alex Behn. Diego Cosmelli. Jaime Silva. Susanne Schlüter. Cristóbal Hernández. Claudio Martínez. Pablo Martínez. María Graciela Rojas.	Genetics and evolution. Psychosomatic Medicine (including psychiatry). Psychobiology. Physical Anthropology. Other Biology specializations. Other Psychologies. Other Sociologies. Psychology of Personality.	24-12-2014		

				Iván Yamil Quevedo. Paula Dagnino. María Graciela Rojas. Cristian Montenegro.				
2	L2: Health promotion and psychosocial prevention.	This line of research focuses on evaluating the effectiveness of intervention strategies aimed at changing the early conditions associated with the development of depression and personality disorders and reducing the social exclusion of the psychologically handicapped and fostering the capacities of mental health professionals.	It includes: - Assessment of the effectiveness of media campaigns aimed at transforming social representations and practices associated with the social determinants of disorders and with social exclusion. - Impact of social support programs and early attachment interventions on psychological wellbeing and the prevention of disorders. - Effectiveness of interventions geared towards preventing depressive disorders and suicidality among adolescents attending school. - Design and evaluation of interventions aimed at increasing the problem-solving capacity of mental health teams in primary health care.	María Pía Santelices. Claudia Miranda. Vania Martínez. Matías Irrarázaval. Henry Daniel Espinosa. Francisca Sofía Pérez. Álvaro Ignacio Langer. Stephanie Bauer. Pablo Martínez. Sebastián Medeiros. Natalia Salinas. Marcia Olhaberry Catalina Sieverson. Vania Martínez. Henry Daniel Espinosa.	Other Psychologies. Clinical Psychology. Cultural and Social Anthropology. Psychosomatic Medicine (including psychiatry). Other medical specializations.	24-12-2014		

3	L3: Psychotherapeutic interventions and change processes.	This line of research focuses on the analysis of change processes and the effectiveness of psychological interventions	Two of these studies involve multinational process-outcome studies: - Impact of the operational psychodynamic diagnosis of personality (OPD) on the suitability, effectiveness, and change process in psychotherapies for depression. - Impact of meditation and mindfulness on depressive symptoms, psychological well-being, as well as on psychophysiological correlates and personality. - Change mechanisms involved in the effectiveness of psychotherapies for depression and personality disorders in different approaches and age groups, such as AIT (Multinational Study), computer-based CBT for adolescents, psychodynamic therapy, gestalt therapy, mindfulness therapy, and group therapy for the elderly. - Interaction of personality styles and depressive symptoms in shaping the subjective experiences of adolescents, adults, and older adults concerning psychotherapeutic success or failure. - Effectiveness of the application	Adam Otto Horvath. Diana Rivera. Claudio Martínez. Vania Martínez. Mariane Krause. Alemka Tomicic. Carla Crempien. Peter Fonagy. Patrick Luyten. Olga María Fernández. Nelson Valdés. Claudia Capella. Javier Morán. Stephanie Bauer. Cecilia de la Cerda. A. Javiera Duarte. Guillermo de la Parra. Susanne Schlüter-. María José León. Stefanella Costa. Cristóbal Hernández. Mabel Muñoz. Sebastián Medeiros. Nicolle Álamo. Marcia Olhaberry. Klaus Schmeck Paula Errázuriz. Carolina Altimir. Paula Dagnino. Candice Fischer Perlman. Alex Behn. Vania Martínez.	Clinical Psychology. Psychosomatic Medicine (including psychiatry). Other Psychologies. Other biology specializations.	24-12-2014		
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			of E-Mental Health devices for decreasing depressive symptoms in adolescents (Multinational Study). - Physiological and neural correlates and effects of psychotherapeutic change processes, considering different personality types and structures, regulation processes and mentalization.					
4	L4: Mitigation of Chronicity in the Course of Depression	This line focuses on patient recovery, relapse prevention, maintenance of gains, successful / unsuccessful treatment experiences reported by patients, and generally on decreasing the chronicity and recurrence of the depression.	It includes the following research topics: - Determination of personality and bio-psychological variables involved in recurrence and chronicity of depression as well as resistance to treatment. - Effectiveness of interventions oriented to psychological and social determinants involved in long term recovery and mitigation of chronicity (does not focus on direct treatment outcome) - Effectiveness of the application of E-Mental Health devices for decreasing the chronicity of recurrent depressive disorders and an effective return to work after treatment. This aspect involves “booster” interventions and treatment-	Candice Fischer. Paula Errázuriz. Alex Behn. Mariane Krause. J. Carola Pérez. María Graciela Rojas.	Clinical Psychology. Psychosomatic Medicine (including psychiatry). Other Psychologies.	27-11-2019		

			gain maintenance interventions delivered through electronic devices. - Effectiveness of social inclusion strategies for older people who suffer from depressive disorders.					
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Annex 3.- Publications (Total or partially financed by MSI).

[If you wish to see the references in APA format, please go to appendix II]

3.1.- ISI/WOS Publications or Similar to ISI/WOS Standard

3.1.1.- Principal Investigators

*Q4: Option for those items that do not have quartile

No.	Title	Authors	Source (Name of the Journal)	DOI	Quartile*	Lines of Research	No. principal investigators of the center	No. of researchers of the center another category	No. students	Date of publication
1	A Chilean survey of perinatal women and health care professionals' views towards perinatal apps	Franco P, Olhaberry M, Kelders S, Muzard A.	mHealth	10.21037/mhealth-22-37	Q3	L2: Health promotion and psychosocial prevention.	1	0	2	16-01-2023

2	Shared components of worldwide successful sexuality education interventions for adolescents: a systematic review of randomized trials	Torres-Cortés B, Leiva L, Canenguez K, Olhaberry M, Méndez E.	International Journal of Environmental Research and Public Health	10.3390/ijerph20054170	Q2	L2: Health promotion and psychosocial prevention.	1	0	1	25-02-2023
3	Study features and response compliance in ecological momentary assessment research in borderline personality disorder: systematic review and meta-analysis	Davanzo A, d'Huart D, Seker S, Moessner M, Zimmermann R, Schmeck K, Behn A.	Journal of Medical Internet Research	10.2196/44853	Q1	L1: Basic bio-psycho-social structures and processes.	1	2	0	15-03-2023
4	Parental personality traits and emotion regulation: its relationship with infants' socioemotional development during the perinatal period	Muzard, A., Olhaberry, M., Nuñez, C., Vaccarezza, S., Franco, P., Morán, J., Sieverson, C., León, M.J., Apter, G.	General Hospital Psychiatry	10.1016/j.genhosppsych.2023.04.004	Q1	L2: Health promotion and psychosocial prevention.	1	3	4	01-07-2023
5	A long but fruitful journey: from clinical psychoanalysis to public mental health in Chile	Jiménez, J. P., & De la Parra, G.	International Journal of Applied Psychoanalytic Studies	10.1002/aps.1815	Q1	L3: Psychotherapeutic interventions and change processes.	1	1	0	15-05-2023

6	The interaction of the oxytocin receptor gene and child abuse subtypes on social cognition in euthymic patients with bipolar disorder type I	Ríos U, Morán J, Hermosilla J, González R, Muñoz P, Arancibia M, Herrera L, Jiménez JP and Moya PR	Frontiers in Psychiatry	10.3389/fpsyt.2023.1151397	Q2	L1: Basic bio-psycho-social structures and processes.	1	3	0	17-04-2023
7	Lessons from ten years of psychotherapy process research	Krause, M.	Psychotherapy Research	10.1080/10503307.2023.2200151	Q2	L3: Psychotherapeutic interventions and change processes.	1	0	0	07-05-2023
8	Mental Health Information Reporting Assistant (MHIRA)—an open-source software facilitating evidence-based assessment for clinical services	Zimmermann, R., Konjufca, J., Sakejo, P., ... Quevedo, Y., ... Cottin, M., Hernández, C., ... Behn, A.	BMC Psychiatry	10.1186/s12888-023-05201-0	Q2	L1: Basic bio-psycho-social structures and processes.	1	3	0	02-10-2023
9	Attitudes, clinical practices, and perceived advocacy needs of professionals with interests in personality disorders	Ellison WD, Huprich S, Behn A, Goodman M, Kerr S, Levy KN, Nelson SM, Sharp C; Board of Directors of the International Society for the Study of Personality Disorders	Journal of Personality Disorders	10.1521/pedi.2023.37.1.1	Q3	L1: Basic bio-psycho-social structures and processes.	1	0	0	01-02-2023

10	Reliability and validity of the Spanish adaptation of the Stanford Proxy Test for Delirium (S-PTDsv) in two clinical Spanish-speaking communities	Infante, S., Behn, A., González, M., Pintor, L., Franco, E., Araya, P., & Maldonado, J. R.	Journal of the Academy of Consultation-Liaison Psychiatry	10.1016/j.jaclp.2023.09.004	Q3	L1: Basic bio-psycho-social structures and processes.	1	0	0	06-10-2023
11	The right to dream: a cross-sectional look at poverty alleviation programs	Daher, M., Tomicic, A., Rosati, A., & Campero, M. J.	Journal of Community Psychology	10.1002/jcop.22930	Q2	L4: Mitigation of Chronicity in the Course of Depression.	1	0	0	01-05-2023
12	App-based intervention for reducing depressive symptoms in postpartum women: protocol for a feasibility randomized controlled trial	Franco, P., Olhaberry, M., Cuijpers, P., Kelders, S., & Muzard, A.	Internet Interventions- The Application of Information Technology in Mental and Behavioural Health	10.1016/j.invent.2023.100616	Q1	L2: Health promotion and psychosocial prevention.	1	0	2	01-04-2023
13	Maternal mental health and effects on the baby during the COVID-19 pandemic	Coo, S., García, M.I. & Olhaberry, M.	Andes Pediátrica	10.32641/andes.pediatr.v94i3.4313	Q4	L1: Basic bio-psycho-social structures and processes.	1	0	0	01-05-2023
14	Protocol of application and phenomenological exploration of body mapping in transgender population: an art-based research method	Gaete, M. I., Castillo-Hermosilla, M., Martínez, C., Concha, F., Paiva-Mack, I., & Tomicic, A.	International Journal of Qualitative Methods	10.1177/16094069221150108	Q1	L1: Basic bio-psycho-social structures and processes.	2	1	1	17-01-2023

15	Identifying the trajectories of therapeutic change in brief psychotherapy in Chilean patients	Fuentes, V., Errázuriz, P., Campos, S., & Miranda, D.	Terapia Psicológica	10.4067/s0718-48082023000100001	Q4	L3: Psychotherapeutic interventions and change processes.	1	0	0	13-04-2023
16	Internet use by informal caregivers in Chile: an analysis including age and gender perspectives	Rosell J., Araya A.X. & Miranda-Castillo C.	Clinical Gerontologist	10.1080/07317115.2023.2173692	Q2	L2: Health promotion and psychosocial prevention.	1	1	0	11-02-2023
17	Well-being, social media addiction and coping strategies among Chilean adolescents during the pandemic	Varela, J.J., Pérez, J.C., Rodríguez-Rivas, M.E., Chuecas, M.J. & Romo, J.	Frontiers in Psychiatry	10.3389/fpsy.2023.1211431	Q2	L1: Basic bio-psycho-social structures and processes.	1	0	0	29-08-2023
18	Early adverse stress and depression severity: A pilot exploration of mediating psychological mechanisms	Martínez, P., Gloger, S., Dagnino, P., & De Medina, D.	Development and Psychopathology	10.1017/S0954579423000688	Q2	L1: Basic bio-psycho-social structures and processes.	1	1	0	11-07-2023
19	Understanding the use/non-use of an internet-based intervention complementing standard depression treatment: a qualitative study of users' experiences	Fernández O, Pérez JC, Fernández S, Krause M, Cáceres C, Espinosa-Duque D.	Digital Health	10.1177/20552076231203920	Q1	L4: Mitigation of Chronicity in the Course of Depression.	2	2	0	29-09-2023

20	Predictors of unmet needs in Chilean older people with dependency: a cross-sectional study	Carvacho R, Carrasco M, Fernández MB, Miranda-Castillo C.	International Journal of Environmental Research and Public Health	10.3390/ijerph20206928	Q2	L2: Health promotion and psychosocial prevention.	1	0	0	16-10-2023
21	Trajectories of parental daily stress: an ecological momentary assessment study during the COVID-19 lockdown	Aldoney D, Coos S, Pérez JC, Muñoz-Najar A, González C, Montemurro M, Tapia L, Gana S, Silva LM, Panesso C, & Silva J.	International Journal of Environmental Research and Public Health	10.3390/ijerph20116008	Q1	L1: Basic bio-psycho-social structures and processes.	1	1	0	31-05-2023
22	Traumatic experiences in childhood and maternal depressive symptomatology: their impact on parenting in preschool	Santelices MP, de los Ángeles Fernández M, Wendland J.	Children-Basel	10.3390/children10010055	Q2	L1: Basic bio-psycho-social structures and processes.	1	0	0	01-01-2023
23	A complex intervention to support breastfeeding: a feasibility and acceptability study	Lucchini-Raies, C., Marquez-Doren, F., Perez, JC., Campos, S., Beca, P., & Lopez-Dicastillo, O.	International Journal of Nursing Practice	10.1111/ijn.13184	Q3	L2: Health promotion and psychosocial prevention.	1	0	0	18-07-2023

24	Reducing stigma toward people with serious mental illness through a virtual reality intervention: a randomized controlled trial	Rodríguez-Rivas ME, Cangas AJ, Martin A, Romo J, Pérez JC, Valdebenito S, Cariola L, Onetto J, Hernández B, Ceric F, Cea P, & Corrigan P.	Games for Health Journal	10.1089/g4h.2023.0118	Q1	L4: Mitigation of Chronicity in the Course of Depression.	1	0	0	11-09-2023
25	Parenting culture(s): ideal-parent beliefs across 37 countries	Lin, G.-X., Mikolajczak, M., Keller, H., ... Santelices, MP., ... Roskam, I.	Journal of Cross-Cultural Psychology	10.1177/00220221221123043	Q3	L1: Basic bio-psycho-social structures and processes.	1	0	0	01-01-2023
26	Interoceptive awareness and therapist characteristics	Ovalle, A., Fischer, C., Dagnino, P., & Vaccarezza, S.	Counselling and Psychotherapy Research	10.1002/capr.12701	Q3	L3: Psychotherapeutic interventions and change processes.	1	1	2	01-10-2023
27	Looking back into the future of psychoanalysis: a second chance	Jiménez, J. P.	International Journal of Applied Psychoanalytic Studies	10.1002/aps.1854	Q1	L3: Psychotherapeutic interventions and change processes.	1	0	0	15-11-2023
28	Parental burnout in the context of the socio-health crisis and its relationship with abuse and neglect	Piraino C, Santelices MP, Escobar MJ, Oyarce D, van Bakel HJA	Children and Youth Services Review	10.1016/j.chldyouth.2023.107249	Q1	L2: Health promotion and psychosocial prevention.	1	0	0	07-11-2023

29	Chilean validation of the attachment evaluation in the adult CaMir, shortened version	Garrido-Rojas, L., Guzmán-González, M., Calderón Carvajal, C., Pía Santelices, M., Pierrehumbert, B., & Vega-Arce, M.	Terapia Psicológica	10.4067/s0718-48082023000200195	Q4	L1: Basic bio-psycho-social structures and processes.	1	0	0	30-10-2023
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3.2.- SCOPUS Publications or Similar to SCOPUS Standard

3.2.1.- Principal Investigators

No .	Title	Authors	Source (Name of the Journal)	DOI	Quartile	Lines of Research	No. principal investigators of the center	No. of researchers of the center another category	No. students	Date of publication
1	Early therapeutic relationship in cases of child sexual assault: perspectives of children and their therapists	Muñoz-Pérez, C., Núñez Hidalgo, L. B., Capella Sepúlveda, C., Gabriel-Vacher, N., Olhaberry, M., & Álamo, N.	Psicoperspectivas	10.5027/psicoperspectivas-vol22-issue3-fulltext-2972	Q2	L3: Psychotherapeutic interventions and change processes.	1	3	2	15-11-2023

3.3.- SCIELO Publications or Similar to SCIELO Standard

3.3.1.- Principal Investigators

Nº	Title	Authors	Source (Name of the Journal)	DOI	Quartile	Lines of Research	Nº principal researchers of the center	Nº of researchers of the center another category	Nº students	Date of publication
1	Symptomatology in children who have experienced sexual abuse and in their caregivers.	Bravo-Evans, A., González-Araneda, N., Capella Sepúlveda, C., Meza Araneda, C., Núñez Hidalgo, L., Olhaberry Huber, M., & Alamo Anich, N.	Revista de Psicología	10.5354/0719-0581.2023. 69653	Q4	L2: Health promotion and psychosocial prevention.	1	3	1	01-01-2023

3.4.- Scientific Books and Chapters

3.4.1.- Principal Investigators

No.	Title	Authors	Researcher Principal associated with the Publication	Source (Name of the Journal)	DOI	Quartile	Lines of Research	No. principal investigators of the center	No. of researchers of the center another category	No. students	Date of publication
1	Depression in old age	Rojas, G.	María Graciela Rojas Castillo.	En Rojas, G. (ed) La depresión ¿enfermedad o sufrimiento vital? Santiago: Editorial Universitaria. ISBN: 9789561129955. Primera edición	https://midap.org/investigadora-graciela-rojas-presenta-libro-la-depresion-enfermedad-o-sufrimiento-vital/	Q4	L4: Mitigation of Chronicity in the Course of Depression.	1	0	0	01-02-2023
2	Interventions for adult depression in primary health-care clinics	Martínez, P., Rojas, G.	María Graciela Rojas Castillo.	In Martínez, V., Miranda-Castillo, C. (eds) Prevention and Early Treatment of Depression Through the Life Course. Depression and Personality. Springer, Cham.	10.1007/978-3-031-13029-8_7	Q4	L2: Health promotion and psychosocial prevention.	1	1	0	01-01-2023

				Print ISBN 978-3-031-13028-1							
3	Depression: disease or lifelong suffering?	Rojas, G. (Editor)	María Graciela Rojas Castillo.	Santiago: Editorial Universitaria. ISBN: 9789561129955. Primera edición	https://mida.p.org/investigadora-graciela-rojas-presenta-libro-la-depresion-enfermedad-o-sufrimiento-vital/	Q4	L1: Basic bio-psycho-social structures and processes.	1	0	0	01-02-2023
4	Depressive disorders among family caregivers of people living with dementia	Miranda-Castillo, C., Tapia-Muñoz, T., Oliveira, D., Sáez, S.	Claudia Miranda Castillo.	In Martínez, V., Miranda-Castillo, C. (eds) Prevention and Early Treatment of Depression Through the Life Course. Depression and Personality. Springer, Cham. Print ISBN 978-3-031-13028-1	10.1007/978-3-031-13029-8_10	Q4	L1: Basic bio-psycho-social structures and processes.	1	0	0	01-01-2023
5	Depression: A common disease?	Rojas, G. & Martínez, P.	María Graciela Rojas Castillo.	In Rojas, G. (ed) La depresión ¿enfermedad o sufrimiento vital? Santiago: Editorial Universitaria.	https://mida.p.org/investigadora-graciela-rojas-presenta-	Q4	L1: Basic bio-psycho-social structures and processes.	1	1	0	01-02-2023

				ISBN: 9789561129955. Primera edición	libro-la-depresion-enfermedad-o-sufrimiento-vital/						
6	When depression is not a pathology: Beyond the bio-medical model	Jiménez, JP	Juan Pablo Jiménez.	In Rojas, G. (ed) La depresión ¿enfermedad o sufrimiento vital? Santiago: Editorial Universitaria. ISBN: 9789561129955. Primera edición	https://midap.org/investigadora-graciela-rojas-presenta-libro-la-depresion-enfermedad-o-sufrimiento-vital/	Q4	L1: Basic bio-psycho-social structures and processes.	1	0	0	01-02-2023
7	Prevention and early treatment of depression through the life course. Depression and Personality	Martínez, V., Miranda-Castillo, C. (eds)	Claudia Miranda Castillo.	Springer, Cham. Print ISBN 978-3-031-13028-1	10.1007/978-3-031-13029-8	Q4	L2: Health promotion and psychosocial prevention.	1	1	0	01-01-2023
8	Objectives, goals, and focus in psychotherapy	Gómez-Barris, E., De la Parra, G., & Dagnino, P.	Paula Dagnino.	In De la Parra, G., Crempien, C., Morales, S., Zúñiga, A., Errázuriz, A. (Eds.) Herramientas	https://ediciones.uc.cl/herramientas-psicoterapeuticas-para-el-manejo-de-	Q4	L3: Psychotherapeutic interventions and change processes.	1	2	0	01-06-2023

				psicoterapéuticas para el manejo de pacientes con depresión. Una guía para el trabajo en atención primaria. Ediciones UC. ISBN 978-956-14-3108-9	pacientes-con-depresion-config-9789561431089.html						
9	Crisis interventions	Gómez-Barris, E., De la Parra, G., & Dagnino, P.	Paula Dagnino.	In De la Parra, G., Crempien, C., Morales, S., Zúñiga, A., Errázuriz, A. (Eds.) Herramientas psicoterapéuticas para el manejo de pacientes con depresión. Una guía para el trabajo en atención primaria. Ediciones UC. ISBN 978-956-14-3108-9	https://ediciones.uc.cl/herramientas-psicoterapeuticas-para-el-manejo-de-pacientes-con-depresion-config-9789561431089.html	Q4	L3: Psychotherapeutic interventions and change processes.	1	2	0	01-06-2023
10	The therapeutic relationship: clinical relevance, components,	Altimir, C., Crempien, C., Morales, S., & Zúñiga, A.K.	Carolina Altimir.	In De la Parra, G., Crempien, C., Morales, S., Zúñiga, A., Errázuriz, A. (Eds.)	https://ediciones.uc.cl/herramientas-psicoterapeuticas-para-el-manejo-	Q4	L3: Psychotherapeutic interventions and change processes.	1	3	0	01-06-2023

	and attitudes that foster the therapeutic alliance			Herramientas psicoterapéuticas para el manejo de pacientes con depresión. Una guía para el trabajo en atención primaria. Ediciones UC. ISBN 978-956-14-3108-9	de-pacientes-con-depresion-config-9789561431089.html						
11	Strategies and techniques for developing and strengthening the therapeutic alliance by paying attention to ruptures and tensions in the relationship	Altimir, C., Crempien, C., Morales, S., & Zúñiga, A.K.	Carolina Altimir.	In De la Parra, G., Crempien, C., Morales, S., Zúñiga, A., Errázuriz, A. (Eds.) Herramientas psicoterapéuticas para el manejo de pacientes con depresión. Una guía para el trabajo en atención primaria. Ediciones UC. ISBN 978-956-14-3108-9	https://ediciones.uc.cl/herramientas-psicoterapeuticas-para-el-manejo-de-pacientes-con-depresion-config-9789561431089.html	Q4	L3: Psychotherapeutic interventions and change processes.	1	3	0	01-06-2023

12	Psychotherapy and affirmative practices with trans and gender non-conforming (TGNC) patients in Chile	Martínez Guzmán, C., Tomicic, A.	Claudio Martínez Guzmán.	In R. Chaparro; R. Abreu. (eds.) LGBTQ+ Affirmative Psychological Interventions. Springer Nature. ISBN 3031306449, 9783031306440	10.1007/978-3-031-30644-0_2	Q4	L3: Psychotherapeutic interventions and change processes.	2	0	0	13-06-2023
13	Psychotherapy and mental health in sexually and gender diverse (lgbt+) people. Research and practice in Latin America	Martínez C., Tomicic A., Brandelli Costa A., Rueda M. (eds.)	Claudio Martínez Guzmán. Alemka Tomicic Suñer.	RIL Editores. ISBN 978-956-01-1480-8	https://midap.org/alemk-a-tomicic-y-claudio-martinez-lanzan-libro-sobre-psicoterapia-y-salud-mental-en-personas-de-la-diversidad-sexual-y-de-genero/	Q4	L3: Psychotherapeutic interventions and change processes.	2	0	0	14-06-2023
14	Pride and prejudice: Social determinants of mental health and suicidality in	Tomicic A., Martínez C., & Rodríguez J.	Alemka Tomicic Suñer. Claudio Martínez Guzmán.	In Martínez C., Tomicic A., Brandelli Costa A., Rueda M. (Eds.) (2023) Psicoterapia y salud mental en personas de la	https://midap.org/alemk-a-tomicic-y-claudio-martinez-lanzan-libro-sobre-psicoterapia	Q4	L1: Basic bio-psycho-social structures and processes.	2	0	0	14-06-2023

	the LGBT community			diversidad sexual y de género (lgbt+). Investigación y práctica en Iberoamérica. RIL Editores. ISBN 978-956-01-1480-8	-y-salud-mental-en-personas-de-la-diversidad-sexual-y-de-genero/						
15	“Coming out of the closet” is not the same as feeling proud of who you are: the psychotherapy process and internalized sexual stigma	Martínez C., & Tomicic A.	Claudio Martínez Guzmán. Alemka Tomicic Suñer.	In Martínez C., Tomicic A., Brandelli Costa A., Rueda M. (Eds.) (2023) Psicoterapia y salud mental en personas de la diversidad sexual y de género (lgbt+). Investigación y práctica en Iberoamérica. RIL Editores. ISBN 978-956-01-1480-8	https://mida.p.org/alemka-tomicic-y-claudio-martinez-lanzan-libro-sobre-psicoterapia-y-salud-mental-en-personas-de-la-diversidad-sexual-y-de-genero/	Q4	L3: Psychotherapeutic interventions and change processes.	2	0	0	14-06-2023
16	First part: depression, suicide, and personality disorders. Chapter 4: Myths and realities about borderline	Behn, A., & Fischer, C.	Alex Behn.	In Jiménez, JP., Olhaberry, M., Altimir, C., Errázuriz, P., Dagnino, P. (Eds.) Salud mental y sociedad en tiempos de crisis. Festina Lente	https://play.google.com/books/reader?id=4WSyEAAAQBAJ&pg=GBS.PT2&hl=es	Q4	L1: Basic bio-psycho-social structures and processes.	1	1	0	01-04-2023

	personality disorder.			Ediciones. ISBN 978-956-6210-06-1							
17	Second part: the “social explosion” and mental health. Chapter 1. Looking at 18-O from the perspective of mental health: when domestic violence occupied the streets	Jiménez, JP.	Juan Pablo Jiménez.	In Jiménez, JP., Olhaberry, M., Altimir, C., Errázuriz, P., Dagnino, P. (Eds.) Salud mental y sociedad en tiempos de crisis. Festina Lente Ediciones. ISBN 978-956-6210-06-1	https://play.google.com/books/reader?id=4WSyEAAAQBAJ&pg=GBS.PT2&hl=es	Q4	L1: Basic bio-psycho-social structures and processes.	1	0	0	01-04-2023
18	Second part: the “social explosion” and mental health. Chapter 2. Depression and social discontent in Chile	Jiménez, JP., Behn, A., Manzi, J., & Flotts, P.	Juan Pablo Jiménez. Alex Behn.	In Jiménez, JP., Olhaberry, M., Altimir, C., Errázuriz, P., Dagnino, P. (Eds.) Salud mental y sociedad en tiempos de crisis. Festina Lente Ediciones. ISBN 978-956-6210-06-1	https://play.google.com/books/reader?id=4WSyEAAAQBAJ&pg=GBS.PT2&hl=es	Q4	L1: Basic bio-psycho-social structures and processes.	2	0	0	01-04-2023
19	Second part: the “social explosion” and mental health. Chapter 3. In	Jiménez Á., Rojas G., & Jiménez Á.	María Graciela Rojas Castillo.	In Jiménez, JP., Olhaberry, M., Altimir, C., Errázuriz, P., Dagnino, P. (Eds.)	https://play.google.com/books/reader?id=4WSyEAAAQBA	Q4	L1: Basic bio-psycho-social structures and processes.	1	1	0	01-04-2023

	debt and depressed: mental health in a country with 4.6 million defaulters			Salud mental y sociedad en tiempos de crisis. Festina Lente Ediciones. ISBN 978-956-6210-06-1	J&pg=GBS. PT2&hl=es						
20	Third part: the pandemic and mental health. Chapter 1. The effects of the SARS-COV-2 virus on our brain and how the pandemic affects mental health	Behn A., Parada Fdo., & Quevedo Y.	Alex Behn.	In Jiménez, JP., Olhaberry, M., Altimir, C., Errázuriz, P., Dagnino, P. (Eds.) Salud mental y sociedad en tiempos de crisis. Festina Lente Ediciones. ISBN 978-956-6210-06-1	https://play.google.com/books/reader?id=4WSyEAAAQBAJ&pg=GBS.PT2&hl=es	Q4	L1: Basic bio-psycho-social structures and processes.	1	1	0	01-04-2023
21	Third part: the pandemic and mental health. Chapter 2. The syndemic: the triple social, health, and economic crisis and its impact on health.	Jiménez Á., Rojas G., & Duarte F.	María Graciela Rojas Castillo.	In Jiménez, JP., Olhaberry, M., Altimir, C., Errázuriz, P., Dagnino, P. (Eds.) Salud mental y sociedad en tiempos de crisis. Festina Lente Ediciones. ISBN 978-956-6210-06-1	https://play.google.com/books/reader?id=4WSyEAAAQBAJ&pg=GBS.PT2&hl=es	Q4	L1: Basic bio-psycho-social structures and processes.	1	1	0	01-04-2023

22	Third part: the pandemic and mental health. Chapter 4. Being born today: how the pandemic has changed the childbirth and postpartum experience	Olhaberry, M., Sieverson, C., Romero, M., Honorato, C., Iribarren, D. & Tagle, T.	Marcia Olhaberry.	In Jiménez, JP., Olhaberry, M., Altimir, C., Errázuriz, P., Dagnino, P. (Eds.) Salud mental y sociedad en tiempos de crisis. Festina Lente Ediciones. ISBN 978-956-6210-06-1	https://play.google.com/books/reader?id=4WSyEAAAQBAJ&pg=GBS.PT2&hl=es	Q4	L2: Health promotion and psychosocial prevention.	1	1	0	01-04-2023
23	Third part: the pandemic and mental health. Chapter 6. Sexual assault against children and adolescents in Chile. Experiences and lessons during the pandemic	Capella, C., Núñez, L., Olhaberry, M., & Álamo, N.	Marcia Olhaberry.	In Jiménez, JP., Olhaberry, M., Altimir, C., Errázuriz, P., Dagnino, P. (Eds.) Salud mental y sociedad en tiempos de crisis. Festina Lente Ediciones. ISBN 978-956-6210-06-1	https://play.google.com/books/reader?id=4WSyEAAAQBAJ&pg=GBS.PT2&hl=es	Q4	L2: Health promotion and psychosocial prevention.	1	3	0	01-04-2023
24	Video-feedback as a mentalization-based clinical tool for psychotherapy	Olhaberry, M.	Marcia Olhaberry.	In Malberg, N. & Dangerfield, M. (Eds.) Tratamiento basado en la mentalización para niños. Aplicaciones clínicas en el	https://www.libreriadelfg.am.cl/libro/tratamiento-basado-en-la-mentalizacion-para-	Q4	L3: Psychotherapeutic interventions and change processes.	1	0	0	01-04-2023

				contexto actual. Herder, Colección Salud Mental dirigida por la Fundació Vidal i Barraquer, Barcelona, España. ISBN: 978-84- 254-4900-0	ninos_1143 16						
25	Mental health and society in times of crisis	Jiménez, JP., Olhaberry, M., Altimir, C., Errázuriz, P., Dagnino, P. (Eds.)	Juan Pablo Jiménez. Marcia Olhaberry. Carolina Altimir. Paula Errázuriz. Paula Dagnino.	Festina Lente Ediciones. ISBN 978-956-6210-06- 1	https://play.google.com/books/reader?id=4WSyEAAAQBAJ&pg=GBS.PT2&hl=es	Q4	L1: Basic bio-psycho- social structures and processes.	5	0	0	01-04-2023
26	Third part: the pandemic and mental health. Chapter 5. Bringing up and growing up in the time of COVID: how the pandemic has deteriorated the well-being of parents and children	Olhaberry, M., Escobar, J., Oyarce, D., Sieversson, C., Aldoney, D. & Pérez C.	Marcia Olhaberry. J. Carola Pérez Ewert.	In Jiménez, JP., Olhaberry, M., Altimir, C., Errázuriz, P., Dagnino, P. (Eds.) Salud mental y sociedad en tiempos de crisis. Festina Lente Ediciones. ISBN 978-956-6210-06- 1	https://play.google.com/books/reader?id=4WSyEAAAQBAJ&pg=GBS.PT2&hl=es	Q4	L2: Health promotion and psychosocial prevention.	2	1	0	01-04-2023

27	First part: depression, suicide, and personality disorders. Chapter 1. Poor women exhibit the highest rates of depressive symptomatology in Chile	Krause, M.	Mariane Krause Jacob.	In Jiménez, JP., Olhaberry, M., Altimir, C., Errázuriz, P., Dagnino, P. (Eds.) Salud mental y sociedad en tiempos de crisis. Festina Lente Ediciones. ISBN 978-956-6210-06-1	https://play.google.com/books/reader?id=4WSyEAAAQBAJ&pg=GBS.PT2&hl=es	Q4	L1: Basic bio-psycho-social structures and processes.	1	0	0	01-04-2023
28	Fourth part: Mental health, the constituent process, and social challenges. Chapter 1: Included or excluded? Origins of women's civic and political involvement	Bruna, J., Jiménez, G., Luengo, P. & Olhaberry, M.	Marcia Olhaberry.	In Jiménez, JP., Olhaberry, M., Altimir, C., Errázuriz, P., Dagnino, P. (Eds.) Salud mental y sociedad en tiempos de crisis. Festina Lente Ediciones. ISBN 978-956-6210-06-1	https://play.google.com/books/reader?id=4WSyEAAAQBAJ&pg=GBS.PT2&hl=es	Q4	L1: Basic bio-psycho-social structures and processes.	1	0	0	01-04-2023
29	Fourth part: Mental health, the constituent process, and social challenges. Chapter 2: Why is	Miranda C.	Claudia Miranda Castillo.	In Jiménez, JP., Olhaberry, M., Altimir, C., Errázuriz, P., Dagnino, P. (Eds.) Salud mental y sociedad en tiempos de crisis.	https://play.google.com/books/reader?id=4WSyEAAAQBAJ&pg=GBS.PT2&hl=es	Q4	L2: Health promotion and psychosocial prevention.	1	0	0	01-04-2023

	individualism unhealthy in old age?			Festina Lente Ediciones. ISBN 978-956-6210-06-1							
30	Fourth part: Mental health, the constituent process, and social challenges. Chapter 3: conversion therapies: the myth of free choice and the negligence of the State	Martínez C., & Tomicic A.	Claudio Martínez Guzmán. Alemka Tomicic Suñer.	In Jiménez, JP., Olhaberry, M., Altimir, C., Errázuriz, P., Dagnino, P. (Eds.) Salud mental y sociedad en tiempos de crisis. Festina Lente Ediciones. ISBN 978-956- 6210-06-1	https://play.google.com/books/reader?id=4WSyEAAAQBAJ&pg=GBS.PT2&hl=es	Q4	L3: Psychotherapeutic interventions and change processes.	2	0	0	01-04-2023
31	First part: depression, suicide, and personality disorders. Chapter 2. How depression is experienced and why it takes so long to recognize it	Altimir, C.	Carolina Altimir.	In Jiménez, JP., Olhaberry, M., Altimir, C., Errázuriz, P., Dagnino, P. (Eds.) Salud mental y sociedad en tiempos de crisis. Festina Lente Ediciones. ISBN 978-956- 6210-06-1	https://play.google.com/books/reader?id=4WSyEAAAQBAJ&pg=GBS.PT2&hl=es	Q4	L1: Basic bio-psycho-social structures and processes.	1	0	0	01-04-2023

32	Closing remarks. Mental health in Chile: urgent matters, challenges, and silences	Errázuriz, P., Jiménez, J.P., Olhaberry, M., Altimir, C., & Dagnino, P.	Paula Errázuriz. Juan Pablo Jiménez. Marcia Olhaberry. Carolina Altimir. Paula Dagnino.	In Jiménez, JP., Olhaberry, M., Altimir, C., Errázuriz, P., Dagnino, P. (Eds.) Salud mental y sociedad en tiempos de crisis. Festina Lente Ediciones. ISBN 978-956- 6210-06-1	https://play.google.com/books/reader?id=4WSyEAAAQBAJ&pg=GBS.PT2&hl=es	Q4	L1: Basic bio-psycho-social structures and processes.	5	0	0	01-04-2023
33	Incarcerated women, motherhood, and mental health: reflections on the Chilean experience in women's penitentiary centers	Olhaberry, M. & Hasson D.	Marcia Olhaberry.	In De la Rosa-Gómez, A & Flores-Elvira, A. (2023). Privación de la libertad: atisbos compartidos. Editado por la Universidad Nacional Autónoma de México, Facultad de Estudios Superiores Iztacala, México. ISBN: 978-607-30-7805-4	http://www.librosoa.unam.mx/bitstream/handle/123456789/3650/9786073078054.pdf?sequence=1&isAllowed=y	Q4	L1: Basic bio-psycho-social structures and processes.	1	0	0	01-07-2023
34	4,270 km away. A diary of broken friendships,	Álamos, F., Kausel, L., Martínez,		Editorial Zig-Zag (2023). ISBN 9789561237278	https://tienda.zigzag.cl/a-4270-km-diario-de-	Q4	L2: Health promotion and	1	1	0	01-01-2023

	mental health, and neuroscience	G., Palacios, I.		Asesora científica: Olhaberry, M.	amistades-rotas-salud-mental-y-neurociencia-9789561237278.html		psychosocial prevention.				
35	Avaliando a relação terapêutica/Assessing the therapeutic relationship	Serralta, F., Altimir, C., & Ribeiro, E.	Carolina Altimir.	In Kristensen A.D. & Kristensen C.H. (Eds.), A Relação Terapêutica nas Terapias Cognitivo-comportamentais. Prática Clínica e Aspectos Transteóricos/The Therapeutic Relationship in the Clinical Practice of Cognitive-Behavioral Psychotherapies. McGraw Hill. ISBN 9786558821878	https://loja.grupoa.com.br/a-relacao-terap-nas-tercog-comportamentais9786558821878-p1021687	Q4	L3: Psychotherapeutic interventions and change processes.	1	0	0	01-01-2023
36	The T Project: developing a psychotherapeutic treatment program for trans* and gender	Martínez C, Sánchez B, & Godoy S.	Claudio Martínez Guzmán.	In Martínez C, Tomicic A, Brandelli A, & Rueda M. (Eds.) Psicoterapia y salud mental en personas de la	https://mida.p.org/alemka-tomicic-y-claudio-martinez-lanzan-libro-sobre-	Q4	L3: Psychotherapeutic interventions and change processes.	1	0	0	14-06-2023

	nonconforming (TGNC) people in Chile			diversidad sexual y de género (lgbt+): investigación y práctica en Iberoamérica. RIL Editores. ISBN 978-956-01-1480-8	psicoterapia -y-salud-mental-en-personas-de-la-diversidad-sexual-y-de-genero/						
37	Introduction	Tapia-Muñoz, T., Miranda-Castillo, C., Martínez, V.	Claudia Miranda Castillo.	In Martínez, V., Miranda-Castillo, C. (eds) Prevention and Early Treatment of Depression Through the Life Course. Depression and Personality. Springer, Cham. Print ISBN 978-3-031-13028-1	10.1007/978-3-031-13029-8_1	Q4	L2: Health promotion and psychosocial prevention.	1	1	0	01-01-2023
38	Failure in psychotherapy: a qualitative comparative study from the perspective of patients diagnosed with depression	Suárez-Delucchi N, Keith-Paz A, Reinel M, Fernandez S, and Krause M.	Mariane Krause Jacob.	In Gazzola N., Iwakabe S., Knox S. (Eds.) Therapeutic Failures in Psychotherapy ISBN 9781032574011. Published by Routledge	https://www.routledge.com/Therapeutic-Failures-in-Psychotherapy/Gazzola-Iwakabe-Knox/p/book/9781032574011#	Q4	L3: Psychotherapeutic interventions and change processes.	1	1	2	17-10-2023

3.5.- Other Publications

3.5.1.- Principal Investigators

No.	Title	Authors	Source (Name of the Journal)	DOI	Quartil e	Lines of Research	No. principal investigat ors of the center	Number of researchers of the center another category	No. studen ts	Date of publication
1	Chilean students and psychotherapists' beliefs and prejudices regarding sexual and gender diversity	Tomicic A., Martinez C., Brandelli A.	Praxis Psy	10.32995/praxispsy.v24i39.233	Q4	L3: Psychotherapeutic interventions and change processes.	2	0	0	01-07-2023
2	What is taught about LGBT+ topics in the psychology curriculum of Chilean universities?	Concha Aqueveque, F., Martínez, C., & Spuler, C.	RELIES Revista del Laboratorio Iberoamericano para el Estudio Sociohistórico de las Sexualidades	10.46661/relies.8242	Q4	L1: Basic bio-psycho-social structures and processes	1	0	2	19-10-2023

3.6.- “ISI/WOS Publications or Similar to ISI/WOS Standard”, “SCOPUS Publications or Similar to SCOPUS Standard” “SCIELO Publications or Similar to SCIELO Standard”, “Books and chapters in books” y “Other Publications [Other Researchers]”

3.6.1.- Other researchers

No,	Publication Category	Title	Authors	Source (Name of the Journal)	DOI	Quartile	Lines of Research	No. of researchers of the center another category	No. students	Date of publication
1	ISI/WOS Publications or Similar to ISI/WOS Standard	A critical analysis of digital phenotyping and the neuro-digital complex in psychiatry	De La Fabián, R., Jiménez-Molina, Á., & Pizarro Obaid, F.	Big Data & Society	10.1177/20539517221149097	Q1	L1: Basic bio-psycho-social structures and processes.	1	0	22-01-2023
2	ISI/WOS Publications or Similar to ISI/WOS Standard	Social contagion, violence, and suicide among adolescents	Martínez, V., Jiménez-Molina, Á., Gerber, M.	Current Opinion in Psychiatry	10.1097/YCO.0000000000000858	Q1	L1: Basic bio-psycho-social structures and processes.	2	0	01-05-2023
3	ISI/WOS Publications or Similar to ISI/WOS Standard	Psychobiotic effects on anxiety are modulated by lifestyle behaviors: a randomized placebo-controlled trial on healthy adults	Morales-Torres R, Carrasco-Gubernatis C, Grasso-Cladera A, Cosmelli D, Parada FJ, Palacios-García I.	Nutrients	10.3390/nu15071706	Q1	L1: Basic bio-psycho-social structures and processes.	3	0	31-03-2023

4	Books and chapters in books	Depression in Chile: an intersectional perspective from the social sciences	Jiménez, A. & Abarca, G.	In Rojas, G. (ed) La depresión ¿enfermedad o sufrimiento vital? Santiago: Editorial Universitaria. ISBN: 9789561129955. Primera edición	https://midap.org/investigadora-graciela-rojas-presenta-libro-la-depresion-enfermedad-o-sufrimiento-vital/	Q4	L1: Basic bio-psycho-social structures and processes.	1	0	01-02-2023
5	Books and chapters in books	Depression in adolescents	Martínez, V.	In Rojas, G. (ed) La depresión ¿enfermedad o sufrimiento vital? Santiago: Editorial Universitaria. ISBN: 9789561129955. Primera edición	https://midap.org/investigadora-graciela-rojas-presenta-libro-la-depresion-enfermedad-o-sufrimiento-vital/	Q4	L2: Health promotion and psychosocial prevention.	1	0	01-02-2023
6	Books and chapters in books	Innovations in closing the global prevention and treatment gap for depression in children, adolescents, and youths	Irrázaval, M.	In Martínez, V., Miranda-Castillo, C. (eds) Prevention and Early Treatment of Depression Through the Life Course. Depression and Personality. Springer, Cham. Print ISBN 978-3-031-13028-1	10.1007/978-3-031-13029-8_2	Q4	L2: Health promotion and psychosocial prevention.	1	0	01-01-2023

7	Books and chapters in books	Digital technology interventions for preventing and treating youth depression	Lira, D., Martínez, V.	In Martínez, V., Miranda-Castillo, C. (eds) Prevention and Early Treatment of Depression Through the Life Course. Depression and Personality. Springer, Cham. Print ISBN 978-3-031-13028-1	10.1007/978-3-031-13029-8_4	Q4	L2: Health promotion and psychosocial prevention.	1	1	01-01-2023
8	ISI/WOS Publications or Similar to ISI/WOS Standard	Moving psychiatric deinstitutionalization forward: a scoping review of barriers and facilitators	Montenegro, C., Irrázaval Domínguez, M., González Moller, J., Thomas, F., & Urrutia Ortiz, J.	Cambridge Prisms: Global Mental Health	10.1017/gmh.2023.18	Q2	L4: Mitigation of Chronicity in the Course of Depression.	2	0	04-05-2023
9	Books and chapters in books	Psychotherapeutic tools for managing patients with depression. A guide for primary health care	De la Parra, G., Crempien, C., Morales, S., Zúñiga, A.K., & Errázuriz, A. (eds)	Ediciones UC. ISBN 978-956-14-3108-9	https://ediciones.uc.cl/herramientas-psicoterapeuticas-para-el-manejo-de-pacientes-con-depresion-config-9789561431089.html	Q4	L 3: Psychotherapeutic interventions and change processes.	5	0	01-06-2023

10	Books and chapters in books	Prologue: Psychotherapeutic tools for managing patients with depression. A guide for primary health care	De la Parra G., Errázuriz, A.	In De la Parra, G., Crempien, C., Morales, S., Zúñiga, A., Errázuriz, A. (Eds.) Herramientas psicoterapéuticas para el manejo de pacientes con depresión. Una guía para el trabajo en atención primaria. Ediciones UC. ISBN 978-956-14-3108-9.	https://ediciones.uc.cl/herramientas-psicoterapeuticas-para-el-manejo-de-pacientes-con-depresion-config-9789561431089.html	Q4	L 3: Psychotherapeutic interventions and change processes.	2	0	01-06-2023
11	Books and chapters in books	Contemplation of nature to promote mental health and prevent depression in youth	Medeiros, S., Langer, Á.I., Stolzenbach, S.	In Martínez, V., Miranda-Castillo, C. (eds) Prevention and Early Treatment of Depression Through the Life Course. Depression and Personality. Springer, Cham. Print ISBN 978-3-031-13028-1	10.1007/978-3-031-13029-8_5	Q4	L 2: Health promotion and psychosocial prevention.	2	0	01-01-2023

12	Books and chapters in books	Preventive and early treatment of depression in older adults	Saldivia, S., Cova, F., Inostroza, C., Aslan, J., Farhang, M.	In Martínez, V., Miranda-Castillo, C. (eds) Prevention and Early Treatment of Depression Through the Life Course. Depression and Personality. Springer, Cham. Print ISBN 978-3-031-13028-1	10.1007/978-3-031-13029-8_9	Q4	L 2: Health promotion and psychosocial prevention.	1	0	01-01-2023
13	Books and chapters in books	Preventing depression in children and adolescents through mindfulness-based interventions in schools	García-Rubio, C., Andreu, C.I.	In Martínez, V., Miranda-Castillo, C. (eds) Prevention and Early Treatment of Depression Through the Life Course. Depression and Personality. Springer, Cham. Print ISBN 978-3-031-13028-1	10.1007/978-3-031-13029-8_3	Q4	L 2: Health promotion and psychosocial prevention.	1	0	01-01-2023
14	ISI/WOS Publications or Similar to ISI/WOS Standard	Mental health, by the masses and for the masses	Montenegro, C.	The Lancet	10.1016/S0140-6736(23)00906-6	Q1	L1: Basic bio-psycho-social structures and processes.	1	0	13-05-2023

15	ISI/WOS Publications or Similar to ISI/WOS Standard	State of the art of participatory and user-led research in mental health in Brazil: a scoping review	Florence, A., Bocalini, M., Cabrini, D., Tanzi, R., Funaro, M., Jordan, G., Davidson, L., Drake, R., Montenegro, C., and Yasui, S.	Cambridge Prisms-Global Mental Health	10.1017/gmh.2023.12	Q2	L1: Basic bio-psycho-social structures and processes.	1	0	05-04-2023
16	Books and chapters in books	Therapeutic tools for addressing personality vulnerabilities and resistant depressive symptomatology	De la Parra, G., Zúñiga, A.K. & Crempien, C.	In De la Parra, G., Crempien, C., Morales, S., Zúñiga, A., Errázuriz, A. (Eds.) Herramientas psicoterapéuticas para el manejo de pacientes con depresión. Una guía para el trabajo en atención primaria. Ediciones UC. ISBN 978-956-14-3108-9	https://ediciones.uc.cl/herramientas-psicoterapeuticas-para-el-manejo-de-pacientes-con-depresion-config-9789561431089.html	Q4	L 3: Psychotherapeutic interventions and change processes.	3	0	01-06-2023

17	Books and chapters in books	Theoretic-empirical foundations	De la Parra, G. & Zúñiga, A.K.	In De la Parra, G., Crempien, C., Morales, S., Zúñiga, A., Errázuriz, A. (Eds.) Herramientas psicoterapéuticas para el manejo de pacientes con depresión. Una guía para el trabajo en atención primaria. Ediciones UC. ISBN 978-956-14-3108-9	https://ediciones.uc.cl/herramientas-psicoterapeuticas-para-el-manejo-de-pacientes-con-depresion-config-9789561431089.html	Q4	L 3: Psychotherapeutic interventions and change processes.	2	0	01-06-2023
18	Books and chapters in books	An introduction to complex depression	Crempien, C., & De la Parra, G.	In De la Parra, G., Crempien, C., Morales, S., Zúñiga, A., Errázuriz, A. (Eds.) Herramientas psicoterapéuticas para el manejo de pacientes con depresión. Una guía para el trabajo en atención primaria. Ediciones UC.	https://ediciones.uc.cl/herramientas-psicoterapeuticas-para-el-manejo-de-pacientes-con-depresion-config-9789561431089.html	Q4	L1: Basic bio-psycho-social structures and processes.	2	0	01-06-2023

				ISBN 978-956-14-3108-9						
19	Books and chapters in books	Tools for evaluating personality vulnerabilities and adverse experiences in childhood	Crempien, C., De la Parra, G., & Zúñiga, A.K.	In De la Parra, G., Crempien, C., Morales, S., Zúñiga, A., Errázuriz, A. (Eds.) Herramientas psicoterapéuticas para el manejo de pacientes con depresión. Una guía para el trabajo en atención primaria. Ediciones UC. ISBN 978-956-14-3108-9	https://ediciones.uc.cl/herramientas-psicoterapeuticas-para-el-manejo-de-pacientes-con-depresion-config-9789561431089.html	Q4	L4: Mitigation of Chronicity in the Course of Depression.	3	0	01-06-2023
20	Books and chapters in books	Conceptualizing suicide risk	Morales, S., Maino, M., Echávarri, O., Szmulewicz, T., Moya, C. & Morales, C.	In De la Parra, G., Crempien, C., Morales, S., Zúñiga, A., Errázuriz, A. (Eds.) Herramientas psicoterapéuticas para el manejo de pacientes con depresión. Una guía para el trabajo en	https://ediciones.uc.cl/herramientas-psicoterapeuticas-para-el-manejo-de-pacientes-con-depresion-config-9789561431089.html	Q4	L 3: Psychotherapeutic interventions and change processes.	6	0	01-06-2023

				atención primaria. Ediciones UC. ISBN 978-956- 14-3108-9						
21	Books and chapters in books	Suicide risk: evaluation and intervention	Morales, S., Maino, M., Echávarri, O., Szmulewicz, T., Moya, C. & Morales, C.	In De la Parra, G., Crempien, C., Morales, S., Zúñiga, A., Errázuriz, A. (Eds.) Herramientas psicoterapéuticas para el manejo de pacientes con depresión. Una guía para el trabajo en atención primaria. Ediciones UC. ISBN 978-956- 14-3108-9	https://ediciones .uc.cl/herramien tas- psicoterapeutica s-para-el- manejo-de- pacientes-con- depresion- config- 9789561431089 .html	Q4	L 3: Psychotherape utic interventions and change processes.	6	0	01-06- 2023

22	Books and chapters in books	The social dimension of depression	Martínez, P., & Aravena, C.	In De la Parra, G., Crempien, C., Morales, S., Zúñiga, A., Errázuriz, A. (Eds.) Herramientas psicoterapéuticas para el manejo de pacientes con depresión. Una guía para el trabajo en atención primaria. Ediciones UC. ISBN 978-956-14-3108-9	https://ediciones.uc.cl/herramientas-psicoterapeuticas-para-el-manejo-de-pacientes-con-depresion-config-9789561431089.html	Q4	L1: Basic bio-psycho-social structures and processes.	1	1	01-06-2023
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23	Books and chapters in books	Network-based work in depression management	Martínez, P., & Aravena, C.	In De la Parra, G., Crempien, C., Morales, S., Zúñiga, A., Errázuriz, A. (Eds.) Herramientas psicoterapéuticas para el manejo de pacientes con depresión. Una guía para el trabajo en atención primaria. Ediciones UC. ISBN 978- 956-14-3108-9	https://ediciones.uc.cl/herramientas-psicoterapeuticas-para-el-manejo-de-pacientes-con-depresion-config-9789561431089.html	Q4	L 3: Psychotherapeutic interventions and change processes.	1	1	01-06-2023
24	Books and chapters in books	First part: depression, suicide, and personality disorders. Chapter 3. How families experience an adolescent's suicide attempt	Szmulewicz, T., Maino, M., Morales, C., Morales, S., Echávarri, O., & Moya, C.	In Jiménez, JP., Olhaberry, M., Altimir, C., Errázuriz, P., Dagnino, P. (Eds.) Salud mental y sociedad en tiempos de crisis. Festina Lente Ediciones. ISBN 978-956-6210-06-1	https://play.google.com/books/reader?id=4WSyEAAAQBAJ&pg=GBS.PT2&hl=es	Q4	L1: Basic bio-psycho-social structures and processes.	6	0	01-04-2023
25	Books and chapters in books	Third part: the pandemic and mental health.	Reinel M., Quevedo Y.,	In Jiménez, JP., Olhaberry, M., Altimir, C.,	https://play.google.com/books/reader?id=4WSy	Q4	L1: Basic bio-psycho-social	2	1	01-04-2023

		Chapter 3. A bitter pill	& Hernández C.	Errázuriz, P., Dagnino, P. (Eds.) Salud mental y sociedad en tiempos de crisis. Festina Lente Ediciones. ISBN 978-956-6210-06-1	EAAAQBAJ&pg=GBS.PT2&hl=es		structures and processes.			
26	Books and chapters in books	Third part: the pandemic and mental health. Chapter 7. Suicides during the pandemic: why aren't the figures going down and what can we expect in the future?	Jiménez Á., Martínez V., & Duarte F.	In Jiménez, JP., Olhaberry, M., Altimir, C., Errázuriz, P., Dagnino, P. (Eds.) Salud mental y sociedad en tiempos de crisis. Festina Lente Ediciones. ISBN 978-956-6210-06-1	https://play.google.com/books/reader?id=4WSyEAAAQBAJ&pg=GBS.PT2&hl=es	Q4	L1: Basic bio-psycho-social structures and processes.	2	0	01-04-2023
27	Books and chapters in books	Third part: the pandemic and mental health. Chapter 8. Fear of COVID-19 vaccinations in Chile: what are its justifications and how can we overcome it?	Ortiz M., & Repetto P.	In Jiménez, JP., Olhaberry, M., Altimir, C., Errázuriz, P., Dagnino, P. (Eds.) Salud mental y sociedad en tiempos de crisis. Festina Lente Ediciones. ISBN 978-956-6210-06-1	https://play.google.com/books/reader?id=4WSyEAAAQBAJ&pg=GBS.PT2&hl=es	Q4	L1: Basic bio-psycho-social structures and processes.	1	0	01-04-2023

28	Books and chapters in books	Fourth part: mental health, the constituent process, and social challenges. Chapter 4: “Eco-anxiety” is not the problem	Costa S.	In Jiménez, JP., Olhaberry, M., Altimir, C., Errázuriz, P., Dagnino, P. (Eds.) Salud mental y sociedad en tiempos de crisis. Festina Lente Ediciones. ISBN 978-956-6210-06-1	https://play.google.com/books/reader?id=4WSyEAAAQBAJ&pg=GBS.PT2&hl=es	Q4	L1: Basic bio-psycho-social structures and processes.	1	0	01-04-2023
29	ISI/WOS Publications or Similar to ISI/WOS Standard	Forest bathing diminishes anxiety in undergraduate students: a pilot study in the Valdivian temperate rainforest	Langer ÁI, Solano E, Bacigalupe LD, Soto B, Asenjo A, Cifuentes A, Navarrete I, Vergara RC, & Steinebach C	Journal of Forest Research	10.1080/13416979.2023.2232086	Q3	L 2: Health promotion and psychosocial prevention.	1	0	12-07-2023
30	ISI/WOS Publications or Similar to ISI/WOS Standard	Critical reflections on the concept and impact of “scaling up” in global mental health	Bayetti, C., Bakhshi, P., Davar, B., Khemka, G. C., Kothari, P., Kumar, M., Kwon, W., Mathias, K., Mills, C., Montenegro,	Transcultural Psychiatry	10.1177/13634615231183928	Q1	L1: Basic bio-psycho-social structures and processes.	1	0	01-06-2023

			C., Trani, J. F., & Jain, S.							
31	ISI/WOS Publications or Similar to ISI/WOS Standard	Pregnancy: reproduction or change? Division of labour in Chilean heterosexual couples during their first pregnancy	Arriagada, V. S., Toval-Gajardo, M., & Pérez, F. C.	Families Relationships and Societies	10.1332/204674321X16738521866297	Q4	L 2: Health promotion and psychosocial prevention.	1	0	27-02-2023
32	ISI/WOS Publications or Similar to ISI/WOS Standard	Effects of intranasal oxytocin and positive couple interaction on immune factors in skin wounds	Ditzen B, Aguilar-Raab C, Winter F, Hernández C, Schneider E, Bodenmann G, Heinrichs M, Ehlert U, Lächli S	Brain Behavior and Immunity	10.1016/j.bbi.2022.08.011	Q1	L1: Basic bio-psycho-social structures and processes.	1	0	01-01-2023
33	ISI/WOS Publications or Similar to ISI/WOS Standard	A compassion-based treatment for couples with the female partner suffering from current depressive disorder: a randomized-controlled trial	Aguilar-Raab C, Winter F, Warth M, Stoffel M, Moessner M, Hernández C, Pace TWW, Harrison T, Negi LT, Jarczok MN, Ditzen B.	Journal of Affective Disorders	10.1016/j.jad.2023.08.136	Q1	L 3: Psychotherapeutic interventions and change processes.	1	0	01-12-2023

34	Scopus	The role of humor in psychotherapy practice: the perspective of cognitive-constructivist psychotherapists	Muñoz, M. & Duarte, J.	Psykhe	10.7764/psykhe.2021.33419	Q4	L 3: Psychotherapeutic interventions and change processes.	1	0	01-01-2023
35	ISI/WOS Publications or Similar to ISI/WOS Standard	Mental health problems in university students during the COVID-19 pandemic: what kind of help do they seek?	Salinas-Oñate, N., Gómez-Pérez, D., Cancino, M., Ortiz, M., Salazar-Fernández, C., & Olivera, MP.	Terapia Psicológica	10.4067/s0718-48082023000100019	Q4	L 2: Health promotion and psychosocial prevention.	2	0	19-04-2023
36	ISI/WOS Publications or Similar to ISI/WOS Standard	Types of psychiatric beds and mental health services in 16 Latin American countries, 1990–2020	Mundt AP, Delhey S, Martínez P, Irrázaval M, et al.	Psychiatric Services	10.1176/appi.ps.20220590	Q1	L1: Basic bio-psycho-social structures and processes.	2	0	30-08-2023

37	ISI/WOS Publications or Similar to ISI/WOS Standard	Digital adaptation of group activities in an outpatient center of a children's hospital: adolescent participants' experiences	Costa-Cordella S, Borgeaud Carmona K, Díaz Contreras N, González Cano Á, Mazo Bontá C, Grasso-Cladera A.	Medwave	10.5867/medwave.2023.04.2586	Q3	L 2: Health promotion and psychosocial prevention.	1	0	26-05-2023
38	ISI/WOS Publications or Similar to ISI/WOS Standard	The impact of mental health problems and social support on sleep quality: a longitudinal follow-up study before and during the COVID-19 pandemic in Chilean university students.	Antúnez, Z., Vergara, R. C., Langer, Álvaro I., Santander, J., Baader, T., Álamo, C., ... Moncada, C.	Anales de Psicología / Annals of Psychology	10.6018/analesps.517321	Q3	L1: Basic bio-psycho-social structures and processes.	1	0	27-05-2023
39	ISI/WOS Publications or Similar to ISI/WOS Standard	Emotions in the upbringing process within the context of international migration	Olaya, M., Cárdenas, M., Álamo, N. & Tesch, L.	Si Somos Americanos. Revista de Estudios Transfronterizos	https://www.sisomosamericano.cl/index.php/sisomosamericanos/article/view/1100	Q4	L 2: Health promotion and psychosocial prevention.	1	0	06-10-2023

40	Scopus	Difficulties and vulnerabilities of migrant children during the COVID-19 pandemic	Cárdenas, M. E., Grau-Rengifo, M. O., Alamo Anich, N., Bernal Silva, M., López Contreras, E., Donoso Vargas, B., Veas Flores, A., & Grau-Rengifo, M. F.	Revista Latinoamericana de Ciencias Sociales, Niñez y Juventud	10.11600/rclsnj.21.3.5902	Q4	L 2: Health promotion and psychosocial prevention.	1	0	31-07-2023
41	ISI/WOS Publications or Similar to ISI/WOS Standard	Implementation strategies and outcomes of school-based programs for adolescent suicide prevention: a scoping review protocol	Vargas B, Martínez P, Mac-Ginty S, Hoffmann T, Martínez V.	PLOS ONE	10.1371/journal.pone.0284431	Q1	L 2: Health promotion and psychosocial prevention.	2	0	04-05-2023
42	ISI/WOS Publications or Similar to ISI/WOS Standard	The role of contextual factors on neurocognitive processing: a systematic review with meta-analysis of	Arévalo-Romero C, Costa-Cordella S & Rojas-Líbano D.	Journal of Cognitive Psychology	10.1080/20445911.2023.2260050	Q4	L1: Basic bio-psycho-social structures and processes.	1	0	19-10-2023

		the effect of response types in cognitive tasks								
43	Books and chapters in books	Socioemotional styles: when affectivity meets learning	Silva, J.R., Medina, F.	In Fossa, P., Cortés-Rivera, C. (eds) Affectivity and Learning. Springer, Cham. ISBN 978-3-031-31708-8	https://doi.org/10.1007/978-3-031-31709-5_17	Q4	L1: Basic bio-psycho-social structures and processes.	1	1	27-07-2023
44	ISI/WOS Publications or Similar to ISI/WOS Standard	A case study of an individual participant data meta-analysis of diagnostic accuracy showed that prediction regions represented heterogeneity well	De Lara, A., Bhandari, P.M., Wu, Y. et al. (Paul Vöhringer contributed)	Scientific Reports	10.1038/s41598-023-36129-w	Q2	L1: Basic bio-psycho-social structures and processes.	1	0	07-06-2023
45	Books and chapters in books	Minimal biological adaptiveness and the phenomenology of delusions in schizophrenia	López-Silva, P.	In Falcato, A., & Gonçalves, J. (Eds.). (2023). The philosophy and psychology of delusions: historical and contemporary perspectives (1st ed.). Routledge. eBook ISBN 9781003288992	10.4324/9781003288992	Q4	L1: Basic bio-psycho-social structures and processes.	1	0	13-07-2023

46	ISI/WOS Publications or Similar to ISI/WOS Standard	Invited commentary: improving instruments to counter the bias in their construction	Caqueo-Urizar, A. & Irrázaval, M.	American journal of epidemiology	10.1093/aje/kwad063	Q1	L1: Basic bio-psycho-social structures and processes.	1	0	01-08-2023
47	ISI/WOS Publications or Similar to ISI/WOS Standard	Non-pharmacological interventions for autism spectrum disorder in children: an overview of systematic reviews	Meza, N., Rojas, V., Escobar Liquitay, C. M., Pérez, I., Aguilera Johnson, F., Amarales Osorio, C., Irrázaval, M., Madrid, E., & Franco, J.V.A.	BMJ Evidence-Based Medicine	10.1136/bmjebm-2021-111811	Q1	L 2: Health promotion and psychosocial prevention.	1	0	01-08-2023
48	Other publications	The importance of scientific evidence in school-based mental health interventions	Martínez, V.	Estudios Públicos	10.38178/07183089/2132230128	Q4	L 2: Health promotion and psychosocial prevention.	1	0	01-09-2023
49	Scopus	Adaptation of a mobile app for early anxiety and depression intervention in university students in Chile:	Lira, D., Caviendes, P., & Martínez, V.	BJPsych International	10.1192/bji.2023.1	Q2	L 2: Health promotion and psychosocial prevention.	1	1	24-03-2023

		A participatory study								
50	ISI/WOS Publications or Similar to ISI/WOS Standard	Depression, generalized anxiety, and risk of problematic substance use in secondary education students	Crockett M, Martínez V.	Andes Pediátrica	10.32641/andespediatr.v94i2.4376	Q4	L 2: Health promotion and psychosocial prevention.	1	0	01-03-2023
51	Books and chapters in books	Approaching suicide risk through digital technologies in university students	Martínez V.	En Martí Noguera JJ & Pérez Soto F. Casos clínicos en telesalud mental. ISBN 9788413824932	https://tienda.elsevier.es/casos-clinicos-en-telesalud-mental-9788413824932.html	Q4	L 2: Health promotion and psychosocial prevention.	1	0	14-09-2023
52	Books and chapters in books	Intruders in the mind: interdisciplinary perspectives on thought insertion	Lopez-Silva, P., and McClelland, T. (eds).	Publisher: Oxford University Press. Print ISBN: 9780192 896162	10.1093/med/9780192896162.001.0001	Q4	L1: Basic bio-psycho-social structures and processes.	1	0	01-10-2023

53	Books and chapters in books	Self-disturbances, perceptual anomalies, and physicality: towards a multimodal model of thought insertion	López-Silva, P, and others	In López-Silva, P., and McClelland, T. (eds). Intruders in the mind: interdisciplinary perspectives on thought insertion. Print ISBN: 9780192896162. Publisher: Oxford University Press	10.1093/med/9780192896162.03.0003	Q4	L1: Basic bio-psycho-social structures and processes.	1	0	01-10-2023
54	ISI/WOS Publications or Similar to ISI/WOS Standard	The effects of social determinants and resilience on the mental health of chilean adolescents	Caqueo-Urizar A, Mena-Chamorro P, Henríquez D, Urzúa A, Irrázaval M	Children-Basel	10.3390/children10071213	Q2	L1: Basic bio-psycho-social structures and processes.	1	0	13-07-2023
55	Books and chapters in books	Schizophrenia and the error-prediction model of thought insertion	López-Silva, P., and others	In López-Silva, P., and McClelland, T. (eds), Intruders in the mind: interdisciplinary perspectives on thought insertion. Print ISBN: 9780192896162. Publisher: Oxford University Press	https://doi.org/10.1093/med/9780192896162.003.0008	Q4	L1: Basic bio-psycho-social structures and processes.	1	0	01-10-2023

56	Scopus	The etiological problem of psychotic delusions in today's neuropsychiatry	López-Silva, P.	Revista Ciencias de la Salud	10.12804/revistas.urosario.edu.co/revsalud/a.10378	Q4	L1: Basic bio-psycho-social structures and processes.	1	0	09-05-2023
57	ISI/WOS Publications or Similar to ISI/WOS Standard	Adverse sequelae of the COVID-19 pandemic on mental health services in Chile	Toro-Devia O, Solis-Araya C,.. Irarrázaval M, ... Alvarado-Muñoz R.	Revista Panamericana de Salud Publica-Pan American Journal of Public Health	10.26633/RPSP.2023.87	Q3	L1: Basic bio-psycho-social structures and processes.	1	0	01-01-2023
58	ISI/WOS Publications or Similar to ISI/WOS Standard	Results of the COVID-19 mental health international for the health professionals (COMET-HP) study: depression, suicidal tendencies and conspiracism	N Fountoulakis, K., N Karakatsouli s, G.,... Irarrázaval, M., ... Smirnova, D.	Social psychiatry and psychiatric epidemiology	10.1007/s00127-023-02438-8	Q2	L1: Basic bio-psycho-social structures and processes.	1	0	03-03-2023
59	ISI/WOS Publications or Similar to ISI/WOS Standard	Adaptation and validation of the Autism Mental Status Exam (AMSE) in Chile: attempting to close the diagnostic gap	Irarrázaval M, López I, Figueroa C, Cabezas M, Yañez C, Rodillo E, Riesle S,	Andes Pediátrica	10.32641/andespediatr.v94i4.4476	Q4	L1: Basic bio-psycho-social structures and processes.	1	0	01-03-2023

			Rivera T, García R.							
60	ISI/WOS Publications or Similar to ISI/WOS Standard	The autism law in Chile: challenges for implementation and the role of pediatricians	Irrázaval, M.	Andes Pediátrica	10.32641/andes pediatr.v94i4.48 37	Q4	L 2: Health promotion and psychosocial prevention.	1	0	01-01- 2023
61	Other publications	Barriers and facilitating factors for seeking professional mental health care, from the perspective of adolescents with depression	Landázuri A, Lüttges C, Martínez V.	Revista Chilena de Psiquiatría y Neurología de la Infancia y Adolescencia	https://www.sopnia.com/wp-content/uploads/2023/10/Rev-SOPNIA-2023-2.pdf#page=21	Q4	L 2: Health promotion and psychosocial prevention.	1	0	01-08- 2023
62	ISI/WOS Publications or Similar to ISI/WOS Standard	Disparities in adolescents' use of mental health services in Chile	Salinas- Contreras M, Vargas B, Crockett M, Martínez V.	Andes Pediátrica	10.32641/andes pediatr.v94i6.46 37	Q4	L 2: Health promotion and psychosocial prevention.	1	0	01-11- 2023
63	Scopus	Constructivism and existentialist phenomenology: two moments in post-rationalistic epistemology	López-Silva, P; Otaíza, M.	Cinta de Moebio	10.4067/S0717- 554X20230001 00024	Q2	L1: Basic bio- psycho-social structures and processes.	1	0	01-03- 2023

64	ISI/WOS Publications or Similar to ISI/WOS Standard	Beliefs and imaginations: examining the etiological problem of delusions	López-Silva, P.	Pensamiento: Revista de Investigación e Información Filosófica	10.14422/pen.v79.i302.y2023.014	Q3	L1: Basic bio-psycho-social structures and processes.	1	0	01-07-2023
65	ISI/WOS Publications or Similar to ISI/WOS Standard	Impact of acute psychosocial stress on attentional control in humans. A study of evoked potentials and pupillary response	Rojas-Thomas F, Artigas C, Wainstein G, Morales JP, Arriagada M, Soto D, Dagnino-Subiabre A, Silva J, Lopez V.	Neurobiology of Stress	10.1016/j.ynstr.2023.100551	Q2	L1: Basic bio-psycho-social structures and processes.	1	0	01-07-2023
66	ISI/WOS Publications or Similar to ISI/WOS Standard	The psychological science accelerator's COVID-19 rapid-response dataset	Buchanan, E.M., Lewis, S.C., Paris, B. ... Silva, J. ... & Primbs, M.	Scientific Data	10.1038/s41597-022-01811-7	Q1	L1: Basic bio-psycho-social structures and processes.	1	0	11-02-2023
67	ISI/WOS Publications or Similar to ISI/WOS Standard	The aberrant salience hypothesis: unifying the neurobiology and the phenomenology of schizophrenia	López-Silva, P., & Abarca, M.	Revista Latinoamericana de Psicopatología Fundamental	10.1590/1415-4714.e220421	Q4	L1: Basic bio-psycho-social structures and processes.	1	0	27-11-2023

68	ISI/WOS Publications or Similar to ISI/WOS Standard	Health-related quality of life in Chileans residing in vulnerable municipalities	Rada, I., Ortiz, M.S., Cabieses, B.	Gaceta Sanitaria	10.1016/j.gacet a.2023.102328	Q4	L1: Basic bio-psycho-social structures and processes.	1	0	30-09-2023
69	ISI/WOS Publications or Similar to ISI/WOS Standard	Relación entre estigma de peso y alimentación emocional: una aproximación desde el modelo de ecuaciones estructurales	Rodríguez, B., Gómez-Pérez, D., Ortiz, M.S.	Nutrición Hospitalaria	10.20960/nh.04159	Q4	L1: Basic bio-psycho-social structures and processes.	1	0	12-06-2023
70	ISI/WOS Publications or Similar to ISI/WOS Standard	Correction to: Cardiometabolic comorbidities in Hispanic/Latino cancer survivors: prevalence and impact on health-related quality of life and supportive care needs	Maras AF, Penedo FJ, Ramirez AG, Worch SM, Ortiz MS, Yañez B, Muñoz E, Lad T, Hollowell C, Medina HN, Moreno PI.	Supportive Care in Cancer	10.1007/s00520-023-08217-0	Q2	L4: Mitigation of Chronicity in the Course of Depression.	1	0	06-12-2023

71	ISI/WOS Publications or Similar to ISI/WOS Standard	Exploring the impact of social protest on mental health: a study of the 2019 “social uprising” in Chile	Duarte F & Jiménez-Molina A	Social Science & Medicine	10.1016/j.socsci-med.2023.116392	Q1	L1: Basic bio-psycho-social structures and processes.	1	0	14-11-2023
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3.7.- Collaborative Publications

Category of Publication	1 researcher		2 researchers		3 researchers		4 or more researchers	
	No.	%	No.	%	No.	%	No.	%
ISI/WOS Publications or Similar to ISI/WOS Standard	48	33.57%	10	6.99%	3	2.10%	4	2.80%
SCOPUS Publications or Similar to SCOPUS Standard	5	3.50%	0	0.00%	0	0.00%	1	0.70%
SCIELO Publications or Similar to SCIELO Standard	0	0.00%	0	0.00%	0	0.00%	1	0.70%
Books and chapters	30	20.98%	23	16.08%	5	3.50%	9	6.29%
Other Publications	3	2.10%	1	0.70%	0	0.00%	0	0.00%
TOTAL OF PUBLICATIONS	86	60.14%	34	23.78%	8	5.59%	15	10.49%

Annex 4.- Organization of Scientific Events

Scope	Title	Type of Event	City	Country	Responsible Researcher	URL
Nothing to report during 2023						

Annex 5.- Education and Capacity Building**5.1.- Capacity Building Inside MSI Center**

Tutor	Undergraduate Students		Graduate Students				Total
			Master		Doctoral		
	F	M	F	M	F	M	
Alemka Tomicic	3	2	0	0	0	2	7
Alemka Tomicic - Javiera Duarte	1	0	0	0	0	0	1
Alex Behn	0	0	1	1	3	1	6
Álvaro Jiménez	0	0	0	0	0	1	1
Candice Fischer	0	0	7	2	0	0	9
Carola Pérez	3	0	0	0	0	0	3
Carolina Altimir	0	0	0	0	1	0	1

Claudia Capella	3	1	1	0	1	2	8
Claudia Miranda	0	0	2	0	0	0	2
Claudio Martínez	0	0	0	0	0	1	1
Cristóbal Hernández	0	0	0	1	0	0	1
Diana Rivera	0	0	2	0	2	0	4
Eugenio Rodríguez	0	0	0	0	0	2	2
Francisca Pérez	0	0	1	1	1	0	3
Guillermo de la Parra - Javiera Duarte	0	0	1	0	0	0	1
Jaime Silva	0	0	0	0	1	1	2
Javier Morán	16	4	0	0	0	0	20
Juan Pablo Jiménez	0	0	0	0	1	0	1
Juan Pablo Jiménez - Alex Behn	0	0	0	0	0	1	1
Manuel Ortiz	0	0	0	0	1	2	3
Marcia Olhaberry	0	0	1	0	3	0	4
María Graciela Rojas	0	0	0	0	1	0	1
María Pía Santelices	0	0	4	0	2	1	7
Mariane Krause	0	0	1	0	1	1	3
Nicolle Álamo - Claudia Capella	0	0	1	0	0	0	1
Paula Errázuriz	0	0	5	2	2	2	11
Susana Morales Silva	0	0	0	0	1	0	1
Vania Martínez	0	0	0	0	1	0	1
Total	26	7	27	7	22	17	106

5.2.- Short-term Traineeships of MSI Students

5.2.1.- Internships Abroad of Young Researchers from the Center

Student Name	Institution	Country	Advisor	Project Description	Starting Date	Ending Date
Nicolás Labbé Arocca	Center for Psychotherapy Research (FOST), Universidad de Heidelberg	Germany	Stephanie Bauer	The thesis project seeks to design a personalized psycho-educational intervention focused on Borderline Personality Disorder (BPD) using evidence-based intervention planning models. Also, it seeks to foster the capacities of mental health professionals who, despite not necessarily having specialized in working with these patients, must still treat them.	02-06-2023	28-08-2023
Catalina Núñez Barraza	Psychotherapy Evaluation and Research Lab at Sheffield (PEARLS), de la Universidad de Sheffield	UK	Michael Barkham & Jaime Delgadillo	The thesis project seeks to study the heterogeneity of depression from a symptomatological point of view using network analysis. Furthermore, the identification of the way in which symptoms relate to one another in each depression profile can shed light on the main intervention objectives and treatment personalization. This internship is associated with the collaboration project of the International Network for the Study of the Heterogeneity of Depression PCI REDES180104.	15-02-2023	15-08-2023
Sofía Fernández Sanz	Anna Freud Centre for Children and Families de la University College London	UK	Nick Midgley	The project seeks to improve the quality of the interventions offered to children and adolescents who have suffered sexual abuse; also, it is an attempt to strengthen research and obtain solid evidence about the relevant factors associated with psychotherapeutic change in young people. Therefore, this thesis project should contribute to MIDAP's line of research entitled "Psychotherapeutic interventions and change processes". Furthermore, since sexual abuse experiences have been linked to the development of future mental health problems of issues such as depression, research	11-09-2023	31-12-2023

				focused on learning about and improving interventions for child victims of sexual abuse should help to change the early conditions that may lead to the emergence of future mental health disorders, thus contributing to the line of research entitled “Health promotion and psychosocial prevention”.		
Stephanie Vaccarezza Schürmann	Clinical Psychology and Psychotherapy Division, Department of Psychology, University of Trier	Germany	Wolfgang Lutz	The main objective of the internship is to develop scientific competences linked to the design of clinical psychology and psychotherapy studies and to the advanced quantitative data analysis. The student will get the opportunity to learn about the Trier Treatment Navigator, a digital navigation system based on machine learning designed to develop practical guidelines grounded in empirical data, select an optimum treatment strategy, predict drop-out risk, and follow-up patients’ suicide risk and the progress of their psychotherapeutic treatment. This program was created by Wolfgang Lutz and his research team to promote clinical practice based on scientific evidence.	15-03-2023	15-08-2023
Antonella Davanzo Baros	Center for Psychotherapy Research (FOST), Universidad de Heidelberg	Germany	Markus Moessner	The thesis project is led by MIDAP’s head of research, Alex Behn, and seeks to study and establish optimum calibration parameters for the frequency of messages sent by the tool Ecological Momentary Assessment (EMA) for the study of BPD. This study is also part of the project “Using Technology to facilitate international Research on diagnosis and treatment of BPD in adolescence, including low-and middle income countries - a strategy based on direct Clinical benefits”, led by A. Behn.	31-05-2023	31-08-2023

5.2.2.- Internships of Foreign or Young Researchers at MIDAP

Intern Type	Intern Name	Academic Degree	Home Institution	Host Institution	Country	Project Description	Starting Date	Ending Date
Nothing to report during 2023								

Annex 6.- Networking and Other Collaborative Work**6.1.- Formal Collaboration Networks**

Network Name	Network Scope	Researchers				Institutions
		From the Center		External		
		Researchers	Postdocs / Students	Researchers	Postdocs / Students	
E-Mental Health: New information technologies in mental health	I	8	0	2	2	MIDAP; Heidelberg University, Germany; Universidad de Antioquia, Colombia; Universidad CES, Colombia; National Institute of Psychiatry Ramón De la Fuente Muñiz, Mexico; Psicomédica Clinical and Research Group, Chile; Chilean Safety Association.
International network for the study of the heterogeneity of depression	I	3	3	8	2	MIDAP; Global Mental Health Lab, Columbia University (USA); The University of Sheffield (England).

Network for the study of emotion regulation within the family context	I	2	0	4	0	Universidad del Desarrollo, University of Melbourne / Mindful Centre for Training and Research in Developmental Health, University of California Davis / Healthy Emotions, Relationships and Development (HERD) Lab, Foundation for Depression and Personality Research.
Active ingredients of change in transference-focused psychotherapy: Towards the identification of candidate interventions for short-term, modular interventions for patients with complex, treatment-resistant depression	I	3	0	4	0	Pontificia Universidad Católica de Chile, MIDAP and Personality Disorders Institute at Cornell University.
Latin American network for psychotherapy process research	I	7	0	4	0	MIDAP; Clinical Psychology Research Team, Universidad de Belgrano, Argentina; Laboratory of Studies in Psychotherapy and Psychopathology, Universidad UNISINOS, Brazil; Psychology, Health and Society Research Group, Universidad CES, Colombia; Center for Focused Psychoanalytic Interventions, Uruguay; Pontificia Universidad Católica del Perú, Healthy Minds Unit of the Universidad San Francisco de Quito, Ecuador; Universidad Santa María La Antigua, Panamá.
Study on early development contexts, aspects of personality, and mentalization in depression	I	6	0	4	0	MIDAP; Research Group on Stress and Depression, Université Catholique de Louvain, Belgium; University College London, England; “Parent Infant Consultation” and “Operationalized

						Psychodynamic Diagnosis (OPD) Task Force”, Heidelberg University Hospital, Germany
Using technology to facilitate international research on diagnostic and treatment of borderline personality disorder in adolescence including low and middle income countries. A strategy based on direct clinical benefit	I	4	2	5	2	MIDAP; Red Salud-UC Christus, Chile; Child and Adolescent Psychiatric Hospital, University of Basel; Center for Scientific Computing, University of Basel; Child and Adolescent Mental Health Center, Kosovo; University Clinical Center of Kosovo and Department of Psychology, University of Prishtina. Dar es Salaam, Muhimbili National Hospital, Tanzania; Orygen Youth Health, Melbourne; University of Houston.
Contemplative Studies Chile Germany	I	3	0	2	0	MIDAP; Psychology U. Adolfo Ibáñez; Institut für Medizinische Psychologie, Universität Heidelberg, Germany.
UFRO Network - Loma Linda University	I	1	0	2	1	Loma Linda University, USA / UFRO, Chile.
PLASMA (Platform for Social Research on Mental Health in Latin America).	I	2	1	4	1	UC, UDP, UCh, King’s College London, London School of Hygiene and Tropical Medicine, Paris V Descartes University, University of São Paulo (NEP/FMUSP) and at the Brazilian Centre for Analysis and Planning (CEBRAP), Institute for Global Health (UCL) and the NIHR Mental Health Policy Research Unit.
International network for strengthening and developing e-mental health – FOVI220026	I	6	3	5	0	Universidad Austral, Universidad de Chile, Universidad Diego Portales, Universidad del Desarrollo, Universidad de la Frontera, King’s College Londres (Reino Unido), Universidad de Heidelberg (Alemania),

						Universidad Libre de Ámsterdam (Países Bajos), Universidad Peruana Cayetano Heredia (Perú), Universidad de Ciencias de la Salud, CES (Colombia)
Early childhood network: the triad	I	1	0	2	0	MIDAP, Pontificia Universidad Católica, Chile; Tecnológico de Monterrey, México; UniAndes, Colombia.

NOMENCLATURE:**[Network Scope]**

[N] National [I] International [LA] Latin American

6.2.- Other Collaborative Activities

Activity Name	Objective	Description	Co-Participant Institutions	Number of Researchers from MIDAP	Number of Postdocs/Students from MIDAP	Number of External Researchers	Number of External Postdocs/Students	Products	Name of MIDAP's Associate Researchers participating in the activity
Collaboration with Sótero del Río Hospital: FIP project	To conduct an effectiveness study on an abbreviated model of intervention for borderline	An ongoing research project funded by MIDAP is currently recruiting patients at the outpatient service of SRHCC.	Sótero del Río Health Care Complex (CASR)	3	1	0	0	Scientific publications	Alex Behn Candice Fischer Cristóbal Hernández

	personality disorders.								
Studies in Personality Disorders with ICHTP	To conduct research focused on the measurement and treatment of personality disorders.	The ICHTP has active collaboration agreements with MIDAP to validate measurement instruments and study active ingredients in psychotherapy as well as basic psychopathology.	Instituto Chileno de Trastornos de Personalidad (ICHTP) [Chilean Institute of Personality Disorders]	4	1	0	0	Scientific publications, scientific seminars	Alex Behn Candice Fischer Claudio Martínez Cecilia de la Cerda

Vice-presidency of the Latin American region of International Society for the Study of Personality Disorders (ISSPD)	To collaborate in a prominent scientific federation on the topic of personality disorders.	The ISSPD is a global Federation that brings together scientists that cover the topic of personality disorders and personality dysfunction.	International Society for the Study of Personality Disorders (ISSPD)	1	0	0	0	1. The ISSPD 2021 online conference was held in Oslo. 2. Work continued on a manuscript on the history of the ISSPD, including the role of the Latin American chapter and MIDAP's research in the region. 3. Work was done on the organization of the 2023 conference in Sydney, Australia. 4. Senior Researcher Guillermo de la Parra participated in the scientific committee of the conference in Australia.	Alex Behn.
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Longitudinal Studies: ELRI	Incorporate a mental health module into ELRI	MIDAP has contracted with the Center for Intercultural and Indigenous Studies (CIIR) to include a mental health module in the Longitudinal Survey on Intercultural Relations (ELRI).	Center for Intercultural and Indigenous Studies (CIIR)	4	1	4	0	N/A	Álvaro Jiménez. Mariane Krause. Alex Behn. Juan Pablo Jiménez.
Network approach to parental burnout	Conduct cross-cultural research on the topic of parental burnout, on which aspects of the phenomenon are current and which are due to cultural dynamics specific to a country or continent.	The network examines the conceptual validity, prevalence, and cross-cultural variation of parental burnout around the world. Consortium members use a common protocol that includes sociodemographic factors, parental burnout, gender roles, independent-interdependent self, parental ideal, parental role	Universities from 42 countries are participating. In Chile there were initially 3 universities: PUC, UAI, U Santo Tomás (Talca).	1	0	5	0	Scientific publications	María Pía Santelices.

		and duty involvement, and parental goals and values.							
Collaboration with Mentaliza Group	To facilitate access to samples in the field of addictions and personality disorders	The Mentaliza Group is led by the Postdoctoral Researcher Yamil Quevedo. Two MIDAP research projects are currently collecting data with professionals and patients from the Mentaliza Group.	Mentaliza Group	5	5	4	4	Scientific publications, presentations at scientific conferences	Alex Behn. Cristóbal Hernández. Klaus Schmeck Susanne Schlüter-Müller. Mariane Krause.
Empirical studies on depression and psychotherapy	To collaborate with Psicomédica in the execution of empirical studies on depression and psychotherapy.	Psicomédica is an outpatient mental health clinic in Santiago that treats patients as part of the GES depression program.	Psicomédica Clinical & Research Group	4	1	1	0	1. Submission for publication of a manuscript on early adversity and complexity in depression (publication accepted in 2021, Depression and Anxiety); 2. Submission for publication of manuscript on early adversity	Alex Behn. Candice Fischer. Paula Errázuriz. Paula Dagnino.

								and suicide risk, psychiatric admission, and recurrence of depression (manuscript accepted in 2021, European Journal of Psychotraumatology). 3. Currently, Paula Errázuriz's Fondecyt project is recording data in Psicomédica.	
Collaboration with MIDE UC	To collaborate in several initiatives aimed at developing measurement strategies capable of informing reliable and useful diagnoses for the design of	With respect to MIDAP's findings in the mental health field—given the Institute's aim to inform public policy on common mental health disorders, including depression—, it is greatly important to ensure that said policies are based	MIDE UC Measurement Center	2	0	3	0	Seminars, consultancies	Alex Behn. Cristóbal Hernández.

	protection systems associated with public policies.	on trustworthy data and the actual state of the population in order to determine which preventive interventions can succeed in reducing the impact of depression. To do so, it is necessary to conduct good routine measurements, and it is precisely this goal that we intend to meet by collaborating with MIDE UC, which specializes in a variety of psychosocial phenomena. We expect to organize seminars, courses, and joint research projects, apart from adding a mental health module to the Foco Ciudadano [Citizen Focus] survey, conducted							
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		annually by MIDE UC.							
Longitudinal Studies: Encuesta Longitudinal de Primera Infancia (ELPI)	To monitor the longitudinal trajectory of mental health markers in a cohort of children followed by the ELPI Survey.	MIDAP established a partnership with the Survey of First Infancy (ELPI).	Ministerio de Desarrollo Social y Familia	1	0	0	0	Surveys	María Pía Santelices.
Collaboration with the Columbia Global Centers Santiago	To carry out scientific dissemination activities on mental health jointly.	In 2020, MIDAP co-organized a cycle of international conferences on Mental Health with Columbia Global Centers Santiago and the Vice-President's Office for Research of UC. We expect to repeat this event in 2022.	Columbia Global Centers Santiago	2	0	0	0	Seminars	Alex Behn. Juan Pablo Jiménez
Early Childhood Triad	Generate interdisciplinary	The triad has existed for 4 years and since 2022 a	PUC (Chile), Instituto Tecnológico	1	4	5	0	Scientific publications	María Pía Santelices.

	knowledge about early childhood well-being in Latin America.	priority theme has been added: Early Childhood. The President of the UC appointed researcher M. Pía Santelices as the university's early childhood representative. The new project is called "Breaking the chain of adversity: Promoting good treatment of children", funded by universities and the FEMSA Foundation.	y de Estudios Superiores de Monterrey (Mexico), Universidad de los Andes (Colombia).						
Fundación Círculo Polar	To conduct scientific communication activities about diagnosis and the importance for patients and their families to understand and be	In January 2024, MIDAP organized the 9 th MIDAP Research Meeting, an invitation to think entitled “From lived experience to regional PAHO/WHO guidelines: reflecting on MIDAP’s role”	Fundación Círculo Polar, Centro Colaborador de la OPS/OMS para el Desarrollo de Servicios, Capacitación e Investigación	3	0	0	0	Outreach, seminars	Alex Behn. Alemka Tomicic. Juan Pablo Jiménez.

	familiar with their pathologies,		en Salud Mental.						
Duoc UC	To give advice and perform several interventions (e.g. diagnostic procedures, designs, talks, and activities) to promote mental health and well-being among DUOC's student body.	A two-stage mental health consultation service. First, an evaluation was conducted to learn about DUOC UC's students' emotional well-being and mental health. Second, based on the initial study, an articulated strategy was designed to reinforce, expand, and focus the support that DUOC UC grants its students.	Argumental, Pontificia Universidad Católica de Chile	2	10	0	0	Radiografía, manuales, seminarios y charlas, diseño de intervención	Alex Behn. Cristóbal Hernández.
Fundación TLP Chile	To conduct scientific communication activities about diagnosis and its importance for patients	In January 2024, MIDAP organized the 9th MIDAP Research Meeting, an invitation to think entitled "From lived experience to regional	Fundación TLP Chile, Centro Colaborador de la OPS/OMS para el Desarrollo de Servicios,					Outreach, seminars	Alex Behn. Alemka Tomicic. Juan Pablo Jiménez.

	and their families to understand and be familiar with their pathologies.	PAHO/WHO guidelines: reflecting on MIDAP's role"	Capacitación e Investigación en Salud Mental.						
Collaboration with Heidelberg University Hospital	To conduct a study on the implementation of contemplative practices in psychotherapy in Germany and Chile.	Currently, the authors are analyzing the data from questionnaires completed by Chilean and German therapists.	Heidelberg University Hospital	3	0	0	0		Sebastián Medeiros Cristóbal Hernández Carla Crempien
Study on forest therapy.	To conduct a qualitative study on how women receiving treatment for breast cancer experience forest therapy.	The authors are currently analyzing qualitative data from interviews with the participants.	Fundación Floresta	2	0	0	0		Sebastián Medeiros Álvaro Langer

Annex 7.- Outreach**7.1.- Outreach Activities Throughout the Period**

Event Title	Type of Event	Scope	Target Audience	Date	Country	Region	N° of Student from the Center	N° of Attendees	Duration in days	Participating Researchers	Responsible for the activity
Conference at the 2023 Congreso Futuro	Conference	International	General public	19-01-2023	Chile	Metropolitan a de Santiago	20	100	1	Alex Behn	Alex Behn
In-person launch of the book “Mental health and society in times of crisis”.	Book launch	National	University professors	25-04-2023	Chile	Metropolitan a de Santiago	10	71	1	Alex Behn. Susana Maldonado Curti. Juan Pablo Jiménez. Marcia Olhaberry.	Paula Zañartu
			MIDAP professionals from the same field								
			Professionals from other areas								
			General public								
			Media								
			Undergraduates								
			Graduates								

Talk: “Treatment personalization models in psychotherapy”	Talk	National	Undergraduates	17-03-2023	Chile	Metropolitana de Santiago	8	15	1	Paula Errázuriz.	Paula Zañartu
			Graduates								
			MIDAP professionals from the same field								
			General public								
“Some challenges for mental health in Chile”, a talk by Dr. Ricardo Araya	Conference	International	Professors	09-01-2023	Chile	Metropolitana de Santiago	10	45	1		Paula Zañartu
			Graduates								
			Undergraduates								
			MIDAP professionals from the same field								
			General public								
			Media								
MIDAP Bulletin	Informative bulletin	National	Professors	01-12-2023	Chile	Metropolitana de Santiago	50	6000	11		Carolina Cares
			MIDAP professionals from the same field								
			Public sector								
			Media								

International seminar: “E-mental health: challenges and opportunities in Chile”.	Seminar	International	General public	16-10-2023	Chile	de la Araucanía	2	56	1	Álvaro Jiménez Molina. María Graciela Rojas Castillo.	Paula Zañartu
			Professionals from other fields								
			MIDAP professionals from the same field								
			Professors								
			Undergraduates								
			Graduates								
Mental Health Updates, MIDAP’s Podcast	Podcast	International	General public	01-12-2023	Chile	Metropolitan a de Santiago	12	1000	8		Carolina Cares
E-mental health: Where are we? Where are we going?	Seminar	International	Professors	19-10-2023	Chile	Metropolitan a de Santiago	60	3	1	Álvaro Jiménez Molina. María Graciela Rojas Castillo.	Paula Zañartu
			MIDAP professionals from the same field								
			General public								
			Media								
			Undergraduates								
			Graduates								

7.2.- Articles and Interviews

Type of Media and Scope	Local / Regional		National		International		TOTAL
	No. Interviews	No, Articles	No. Interviews	No, Articles	No. Interviews	No. Articles	
Written	0	0	0	0	1	17	18
Internet	0	1	0	2	4	13	20
Audiovisual	0	0	1	0	26	2	29
TOTAL	0	1	1	2	31	32	67

Annex 8.- Connections with other sectors 2023

Activity	Type of Activity	Country of Institution	Agent Type	Economic Sector
Consejo Asesor CUIDO-60	Asesoría de experto	Cuba	ONG y Fundaciones	Educación
High-level Commission	Comisión Alto Nivel	USA	Organización intergubernamental	Medicina y salud humana
Trastornos de Personalidad: Estigma y Esperanza	Charla	Chile	Instituciones Públicas Centralizadas y Descentralizadas	Medicina y salud humana
Capacitación sobre Patología de la Personalidad y Riesgo	Capacitación	Chile	ONG y Fundaciones	Derechos de los Niños
Expert Committee Global Summit Mental Health	Entrenamiento Científico	Argentina	Organización gubernamental	Medicina y salud humana
Propuesta técnico-metodológica para el abordaje de la salud mental de	Desarrollo de Estudio	Chile	Universitarias y sector público	Educación

Activity	Type of Activity	Country of Institution	Agent Type	Economic Sector
personas migrantes con pertinencia cultural				
Consejo Asesor en Salud Mental para el Sistema de Educación Superior	Mesa de cooperación técnica	Chile	Propuestas de Políticas o Intervención en Políticas Públicas	Medicina y salud humana
Capacitación en Video-Feedback como estrategia de intervención en primera infancia	Curso	Chile	Variedad de instituciones	Educación
Pasantía postdoctoral	Entrenamiento Científico	Canada	Institución educativa	Educación
“Promoting sensitive care: Modulating the oxytocin paradox through secure attachment priming”	Desarrollo de Project	Chile	Universidad	Educación
Diploma in Neurodevelopment and Learning. Module 3: Neurophenomenology of the development of the sense of self.	Training	Chile	University	Education
Women’s Day Talk –Sephardi community: Self-esteem and Well-being	Talk	Chile	NGOs and foundations	Religious education
Dialogues among key actors about the implementation of suicide prevention actions	Technical cooperation committee	Chile	Centralized and decentralized public institutions	Medicine and human health
Dementia Advisory Committee	Expert advice	Chile	Participation in committees and support initiatives for the public and private sectors	Medicine and human health
Member of FONDECYT Psychology Study Group	Expert advice	Chile	Participation in committees and support initiatives for the public and private sectors	Medicine and human health

Activity	Type of Activity	Country of Institution	Agent Type	Economic Sector
Diploma in tools for mental health diagnosis in child-adolescent populations with an integral perspective	Training	Chile	Servicio de Salud Metropolitano Central, Universidad de Chile, and other public institutions	Medicine and human health
Child depression – adolescent suicide	Training	Chile	Servicio de Salud Metropolitano Central, Universidad de Chile, and other public institutions	Medicine and human health
Study: “Psychotherapeutic change process in child victims of sexual assault: Toward an explanatory model of the influence of caregiver, intervention, and therapeutic relationship factors”	Scientific training	Chile	University	Education
Expert guest in discussion of public policy, MINSAL – Universidad de Chile	Technical cooperation committee	Chile	Participation in committees and support initiatives for the public and private sectors	Medicine and human health
Methodological support for bringing up to date the national suicide prevention program	Scientific advice	Chile	Centralized and decentralized public institutions	Medicine and human health
Course/Workshop: Contemplative Art-Therapy	Training	Chile	Laboratory	Psychotherapy
Colloquium	Teaching activity	Chile	Non-profit corporation	Education
Work meetings for the “Take Care of Your Mental Health!” campaign	Work meeting	Chile	NGOs and foundations	Communications
Expert advisory group	Expert advice	USA	University	Medicine and human health
Advisory Committee for the Integral National Care System	Expert advice	Chile	Policy Proposals or Public Policy Intervention	Medicine and human health

Activity	Type of Activity	Country of Institution	Agent Type	Economic Sector
Advisory Committee for the Center on Healthy Aging Research (CIES)	Expert advice	Chile	University Consortium	Education
Public Technological Institute for Coexistence and Social Sustainability	Project development	Chile	Consortium of universities, foundations, guilds, and civil society	Intersectoral

Annex 9.- Total Funding

9.1.1.- Montos totales en pesos chilenos, de los recursos recibidos de parte de Milenio, y otros recursos nacionales o extranjeros percibidos durante el período (01 de enero a 31 de diciembre).

El porcentaje (%) de recursos utilizados por el centro se refiere a lo ejecutado al 31/12/23

Funds	Amount [\$]	Percentage of total income [%]
CONICYT - Other	\$29,985,000	4.80%
FONDECYT	\$140,000	0.02%
Other Private Sector Funds	\$72,695,516	11.65%
Foundation for Research	\$63,130,313	10.11%
Other International Funds	\$3,398,223	0.54%
CORFO - Other	\$100,000,000	16.02%
Millennium Funds	\$337,627,000	54.09%

Funds	Amount [\$]	Percentage of total income [%]
Host Institution Contribution	\$17,200,000	2.76%
TOTAL	\$624,176,052	

9.1.2.- Estructura de gastos del PAUR correspondiente al año a reportar, de manera desagregada, para cada uno de los subitems.

TYPE OF EXPENSE	MIDAP	PME	FONDECYT	FOVI	BOTNAR	DUOC	FOUNDATION	PUC	TOTAL
Professional fees	131,015,341						47,514,625	10,000,008	188,529,974
Additional staff	58,968,781								58,968,781
Administration	725,000		140,000						865,000
O. Adm	1.148,301			21,850			3,232,265		4,402,416
Consultancy	64,883,532					72,695,516			137,579,048
Travel stipends	19,956,871			18,558,611	3,398,223			7,199,992	49,113,697
Publications	6315,971	7,070,600							13,386,571
Fungible	302,831	849,541		720,000			134,990		2,007,362
Investment/ BS	3,978,614								3,978,614
Insurance policy	6,595,277	129,322		351,054					7,075,653
Host	10,869,231								10,869,231
General total	304,759,750	8,049,463	140,000	19,651,515	3,398,223	72,695,516	50,881,880	17,200,000	476,776,347

Annex 10.- Outstanding Activities

Name of the activity relevant in your discipline	Type of activity relevant in your discipline carried out	Description of the relevant activity in your discipline	Importance in your discipline of the activity	Possibility to maintain or replicate this activity
Nothing to report during 2023				

Annex 11.- Negative or positive aspects that you would like to address in order to understand the context in which the center developed its work during the reported period.

11.1.1.- Indicate positive or negative aspects of the national or international context that may have affected the work of the center for the period to be reported (year 2023), considering the following areas:

- a. Scientific investigation**
- b. Youth training**
- c. Extension activities**
- d. Collaboration networks**

Relevant Positive and Negative Aspects
Nothing to report during 2023

11.1.2.- Conduct a SWOT analysis (Strength, Weaknesses, Opportunities and Threats) of the center during the reporting period.

Strengths:

1. Solid experience of the administrative team.
2. Consistent and transparent financial processes.
3. Ability to attract resources through consultancy services and tenders.
4. Broad team of researchers distributed across 6 host universities.
5. Operations in universities with well-established undergraduate and graduate programs.
6. Major role in the training of graduate students and knowledge transfer.
7. Solid reputation as a knowledge generator and training center.
8. Strong international scientific collaboration networks.

Opportunities:

1. More public awareness of mental health in Chile.
2. Development of telemedicine and technologies for mental well-being.
3. State funding instruments to ensure the Institute's continuity.
4. Digital tools that foster scientific collaboration.
5. Research funding instruments available in Chile.

Weaknesses:

1. Limited funding for research projects.
2. Variability in the interaction with the host universities.
3. Limited availability of researchers due to their academic posts.
4. Lack of suitable infrastructure for physical storage.

Threats:

1. Non-inflation-adjusted funding model.
2. Difficulties in the financial administration of projects carried out with ANID.
3. Frequent changes in funding application rules and procedures.
4. Short and variable periods to apply for complementary projects or grants.
5. Cumbersome and outdated information management systems.

Annex 12.- Relevant materials, products and activities carried out by the center



1. Alex Behn at Congreso Futuro



2. Launch of MIDAP book “Mental Health and Society in Times of Crisis”



3. Talk by Juan Martín Gómez



4. Poster announcing talk by Ricardo Araya



5. Talk by Ricardo Araya



6. E-mental health - Santiago



7. E-mental health - Temuco

Appendix I: Set of identifying codes for current MIDAP studies 2023**Lines of research:**

1. Basic bio-psycho-social structures and processes.
2. Health promotion and psychosocial prevention.
3. Psychotherapeutic interventions and change processes.
4. Mitigation of chronicity in the course of depression.

Line of Research	Code	Study	Principal Investigator
1	001-L1	The Psychopathology of Everyday-Life of Borderline Personality Disorder: Towards an Integrative Model of Disease Mechanisms	Alex Behn
1	002-L1	Facilitating and hindering factors of the search for psychological help in university students: An integrative and culturally relevant approach	Natalia Salinas
1	023-L1	Public stigma of depression in Chile: a multivariate and culturally pertinent approach	Natalia Salinas
1	073-L1	Using technology to facilitate international research on diagnosis and treatment of borderline personality disorder in adolescence including low- and middle-income countries. A strategy based on direct clinical benefit.	Alex Behn
1	009-L1	Gene-culture interaction in depressive symptomatology and subjective well-being in Chile.	Juan Pablo Jiménez / Alberto Botto
1	004-L1	An integrative psychophysiological study of the effects of contemplative practices on well-being; a cross-sectional and longitudinal approach.	Diego Cosmelli
1	006-L1	Evaluation of differential mechanisms for the influence of information technologies on the development and maintenance of anxious and depressive symptomatology.	Cristóbal Hernández
1	022-L1	Differential longitudinal models for antecedents and consequences of internet addiction	Cristóbal Hernández

1	008-L1	Study of cognitive bases of comprehension in dialogue.	Pablo López-Silva
1	007-L1	The architecture of delirium	Pablo López-Silva
1	010-L1	Study on the affective adaptability of delusions.	Pablo López-Silva
1	011-L1	Evaluation and Prediction of Suicide Risk	Susana Morales
1	013-L1	Identification of genetic and electroencephalographic biomarkers that contribute to the diagnosis of major depressive disorder.	Susana Morales
1	014-L1	Mental health, stressors and psychological coping resources of higher education students in the Valparaíso region after the COVID-19 pandemic.	Javier Morán
1	015-L1	Use of antidepressants during pregnancy: psychological causes and craniofacial consequences	Marcia Olhaberry
1	016-L1	Effects of perceived discrimination and unfair treatment on health, obesity and metabolic syndrome: psychological and physiological mechanisms in a longitudinal study.	Manuel Ortiz
1	061-L1	Longitudinal relationship between the perception of the interaction between physician and patient and metabolic control in patients with type 2 diabetes: a moderated mediation growth-curve analysis.	Manuel Ortiz
1	018-L1	Convergence in adolescent-parent dyad views of family functioning and adolescent autonomous behavior: Impact of adolescent temperament and parental depression on the course of convergence trajectories".	Carola Pérez
1	052-L1	Promoting sensitive care: Modulating the oxytocin paradox through secure attachment priming	Jaime Silva
1	074-L1	Changes in emotional reactivity following acquired brain injury: Their impact on mental health and interpersonal relationships. Researcher.	Christian Salas
1	075-L1	Re-contextualizing psychiatric deinstitutionalization in Chile: Local processes and tensions, global links, and opportunities for progress	Cristián Montenegro

1	076-L1	Development of a Comprehensive Psychotherapy Model for LGBT Patients: A Qualitative Study of Patient and Psychotherapist Experiences	Alemka Tomicic
2	005-L2	Development and evaluation of a program based on digital technologies for the detection of risk and promotion of help-seeking in university students.	Álvaro Jiménez
2	007-L2	Randomized pilot feasibility study of a group intervention by video conference to promote maternal sensitivity in mother/infant dyads attended in Primary Health Care	Marcia Olhaberry
2	049-L2	Trajectories and predictors of depressive and anxious symptomatology in family caregivers of people with dementia: a longitudinal study	Claudia Miranda
2	091-L2	Evaluating the effectiveness of a digital version of the intervention “What Were We thinking” to promote maternal mental health in the postpartum	Carola Pérez
2	021-L2	Efficacy of a mobile application for early intervention of depression and anxiety in university students	Vania Martínez
2	009-L2	Learning about parenting experiences with young and unborn children during the Coronavirus (COVID-19) in Chile.	Marcia Olhaberry
2	010-L2	Implementation and Evaluation of an Intervention with Video-feedback focused on Attachment Quality and Parental Reflective Function, aimed at Mother-Father-Child Triads with difficulties in Child Socioemotional Development	Marcia Olhaberry
2	089-L2	Concordance in the physiological and subjective stress response. The role of temperament and family context in emotional regulation in late adolescents and young adults	Carola Pérez
2	090-L2	Brief internet mentalization-based video feedback intervention to improve parental sensitivity in depressed mothers being treated in public health services: randomized controlled feasibility trial.	Marcia Olhaberry
2	013-L2	Construction of co-parenting in first-time parenting couples.	Carola Pérez
2	089-L2	Concordance in the physiological and subjective stress response. The role of temperament and family context in emotional regulation in late adolescents and young adults	Carola Pérez
2	012-L2	Prevention of depression in adolescents in schools using mindfulness-based interventions	Álvaro Langer
2	018-L2	Intervention in Attachment and Mentalization in caregivers of pre-school children	Pía Santelices

2	027-L2	Implementation and evaluation of an intervention based on video-feedback in pre-school contexts, for parents with histories of early trauma.	Pía Santelices
3	088-L2	Process of psychotherapeutic change in children who have been victims of sexual aggression: Towards a comprehensive model of the influence of responsible adult factors, interventions and the therapeutic relationship	Claudia Capella
3	046-L3	Characterization of alliance rupture and resolution episodes based on patients' and therapists' affective-facial communication and their association with psychotherapeutic change: distinctions for clinical practice	Carolina Altimir
3	003-L3	Effectiveness of a brief Dialectical Behaviour Therapy Skills training group for Borderline Personality Disorder in a public outpatient service in Chile: a multiple baseline comparison	Alex Behn
3	048-L3	Towards a comprehensive model of the therapeutic alliance in psychotherapy with depressed patients: understanding the relationship between the alliance, patient/therapist characteristics, process variables, and outcome	Paula Errázuriz
3	008-L3	Training in psychotherapeutic skills for the management of depression in Primary Health Care	Guillermo de la Parra
3	013-L3	Psychotherapeutic process and outcome in institutional settings: a multidimensional study.	Daniel Espinosa
3	014-L3	Impact of the Diploma Course "Personality Disorders: Theory, Diagnosis and Treatment" on the experience of therapists in their work with difficult patients in the public service.	Candice Fischer
3	015-L3	Psychotherapy during lockdown: how psychotherapists meet and how they perceive current practice.	Olga Fernández
3	017-L3	Implementation and evaluation of a Mindfulness-Based Interventions program in a Specialty Medical Center.	Sebastián Medeiros
3	018-L3	Contemplative Practices in Psychotherapy (COPiT) – Implementation of contemplative practices in psychotherapy in German speaking countries and Chile	Sebastián Medeiros
3	020-L3	Qualitative deepening of an online intervention with mentalization-based video-feedback to improve responsive responding in mother-infant dyads with depressive symptoms: Pilot Randomized Clinical Trial.	Marcia Olhaberry
3	023-L3	Stress, dyadic coping and relational satisfaction in Chilean couples.	Diana Rivera

3	028-L3	Video-feedback intervention focused on bond quality and parental reflective functioning, aimed at mother-father-child triads	Marcia Olhaberry
3	050-L3	Development of a Comprehensive Model of Psychotherapy with LGBT Patients: A Qualitative Study of the Experiences of Patients and Psychotherapist	Alemka Tomicic
3	033-L3	Distinctions in the Diagnosis and Prognosis of Depression in Psychotherapy: Relational Patterns, Internal Conflicts, and Vulnerabilities of Psychic Functioning and their Relationship to Psychotherapy Process Variables	Paula Dagnino
3	035-L3	Profiles of depression and their relationship to therapeutic change	Paula Dagnino
4	043-L4	A collaborative computer-assisted cognitive-behavioral educational and psychological treatment for depressed patients with chronic disease at primary care	Graciela Rojas / Pablo Martínez
1 y 2	01-L	The dreamed body: an exploratory study on the bodily experience of trans* and gender nonconforming (TGNC) people.	Claudio Martínez
1 y 2	02-L	Facilitating and hindering factors of psychological help-seeking in college students: An integrative and culturally relevant approach.	Natalia Salinas
1 y 3	03-L	Experiences with depression	Mariane Krause
2 y 3	04-L	Evolution of therapeutic change and manifestations of mentalization in therapist-patient interaction in an online brief intervention based on mentalization with video-feedback with mothers with depressive symptomatology and their infants.	Catalina Sieverson
2 y 3	05-L	Meanings attributed to the experience of quarantine due to COVID-19 from the perspective of the Chilean population: its effects on mental health and coping strategies.	Nelson Valdés
2 y 4	07-L	Study on the experience of Forest Therapy in women with breast cancer and depressive symptoms.	Sebastián Medeiros

Appendix II: 2023 MIDAP's publications in APA format (total or partially financed by MSI)

Category of Publication	MSI Center Members	Reference
ISI/WOS Publications or Similar to ISI/WOS Standard	Associate Researchers	[1] Franco P, Olhaberry M, Kelders S, Muzard A., (2023), A Chilean survey of perinatal women and health care professionals' views towards perinatal apps, mHealth, 9, eISSN 2306-9740, 10.21037/mhealth-22-37
		• Torres-Cortés B, Leiva L, Canenguez K, Olhaberry M, Méndez E., (2023), Shared components of worldwide successful sexuality education interventions for adolescents: a systematic review of randomized trials, International Journal of Environmental Research and Public Health, 20, 5, 4170, EISSN 1660-4601, 10.3390/ijerph20054170
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		[7] Muzard, A., Olhaberry, M., Nuñez, C., Vaccarezza, S., Franco, P., Morán, J., Sieverson, C., León, M.J., Apter, G., (2023), Parental personality traits and emotion regulation: its relationship with infants' socioemotional development during the perinatal period, General Hospital Psychiatry, 83, 20, 0163-8343, 10.1016/j.genhosppsy.2023.04.004
		[8] Ríos U, Morán J, Hermosilla J, González R, Muñoz P, Arancibia M, Herrera L, Jiménez JP and Moya PR, (2023), The interaction of the oxytocin receptor gene and child abuse subtypes on social cognition in euthymic patients with bipolar disorder type I, Frontiers in Psychiatry, 14, 1151397, 1664-0640, 10.3389/fpsy.2023.1151397

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	Others	<p>[116] Martínez, V. (2023), Importancia de la evidencia científica en intervenciones escolares en salud mental, Estudios Públicos, 171, 125, 0718-3089, 10.38178/07183089/2132230128</p> <p>[119] Landázuri A, Lüttges C, Martínez V. (2023), Barreras y facilitadores para la búsqueda de ayuda profesional en salud mental, desde la perspectiva de adolescentes con depresión, Revista Chilena de Psiquiatría y Neurología de la Infancia y Adolescencia, 34, 2, 21, 0718-3798, https://www.sopnia.com/wp-content/uploads/2023/10/Rev-SOPNIA-2023-2.pdf#page=21</p>

Appendix III: Congress presentations in 2023

*Scope: N = National; I = International

**Lines of research:

1. Basic bio-psycho-social structures and processes.
2. Health promotion and psychosocial prevention.
3. Psychotherapeutic interventions and change processes.
4. Mitigation of Chronicity in the Course of Depression

N°	Author(s) and title	Event's name	Type of presentation	Link	City	Country	Date	Scope *	Line of research **
1	Aedo M, Díaz V, Avilés F, Vásquez C, Tomicic A, Duarte J y Martínez C. Effectiveness of a peer support intervention for people with bipolar disorder and their relatives: a qualitative analysis from the facilitators' perspective	16° Congreso Chileno de Psicoterapia. 14° Congreso Latinoamericano de Investigación en Psicoterapia	Poster	http://www.congresopsicoterapia.cl/Programa2023.html	Viña del Mar	Chile	25-08-2023	N	2

2	Ahumada F, Díaz V, Hernández M, Duarte J y Martínez C. Trajectory of psychotherapeutic change in a patient diagnosed with BPD in a long-term therapy	16° Congreso Chileno de Psicoterapia. 14° Congreso Latinoamericano de Investigación en Psicoterapia	Poster	http://www.congresopsicoterapia.cl/Programa2023.html	Viña del Mar	Chile	25-08-2023	N	3
3	Álamo N, Bräutigam B, Noroña C, M. Grau MO. Mental health and psychosocial well-being in immigrants and refugees: experiences and challenges for intervention	54th International Annual Meeting of the Society for Psychotherapy Research (SPR). “Reshaping the social representation of psychotherapy: an engagement with public mental health”	Panel	https://www.psychotherapyresearch.org/page/spr2023	Dublin	Ireland	21-06-2023	I	1
4	Álamo N, Canales A, Capella C, Núñez L, Olhaberry M, Grau O, Gabriel N y Muñoz C. Initial change process in the caregivers of child victims of sexual abuse: the actors’ perspective	16° Congreso Chileno de Psicoterapia. 14° Congreso Latinoamericano de Investigación en Psicoterapia	Oral communication	http://www.congresopsicoterapia.cl/Programa2023.html	Viña del Mar	Chile	25-08-2023	N	3

5	Álamo N, Capella C, Núñez L, Grau MO, Canales A, Muñoz C, Gabriel-Vacher N. Change processes in caregivers of child victims of sexual abuse: the view of the therapists	54th International Annual Meeting of the Society for Psychotherapy Research (SPR). “Reshaping the social representation of psychotherapy: an engagement with public mental health”	Poster	https://www.psychotherapyeurope.org/page/spr2023	Dublin	Ireland	21-06-2023	I	3
6	Aldoney D, Mendive S, Zegers M, Prieto F, J. Perez JC. Parents’ linguistic input in children aged 3 during play	IX Congreso de la Sociedad Científica de Psicología de Chile	Symposium	https://cienciaspsicologica.cl/2023/11/11/programa-ix-congreso-scp/	Antofagasta	Chile	16-11-2023	N	2
7	Altimir C, De la Cerda C, Gómez-Barris E. (Discussants). Affective regulation, reflective functioning and interventions focused on structural personality deficits during moments of rupture and repair attempts	54th International Annual Meeting of the Society for Psychotherapy Research (SPR). “Reshaping the social representation of psychotherapy: an engagement with public mental health”	Panel	https://www.psychotherapyeurope.org/page/spr2023	Dublin	Ireland	21-06-2023	I	3

8	Altimir C, Gómez-Barry E y de la Cerda C. Facial-affective patient-therapist regulation and retrospective narration of the therapist about their intervention during the ruptures and repairs of the alliance in a brief psychodynamic psychotherapy	16° Congreso Chileno de Psicoterapia. 14° Congreso Latinoamericano de Investigación en Psicoterapia	Oral communication	http://www.congresopsicoterapia.cl/Programa2023.html	Viña del Mar	Chile	25-08-2023	N	3
9	Altimir C, Reinel M. Paper: Facial-affective markers of patient-therapist rupture-resolution processes	54th International Annual Meeting of the Society for Psychotherapy Research (SPR). “Reshaping the social representation of psychotherapy: an engagement with public mental health”	Panel	https://www.psychotherapyresearch.org/page/spr2023	Dublin	Ireland	21-06-2023	I	3

10	Altimir C. The clinical relevance of the therapeutic relationship: tools for approaching and strengthening it.	Coloquio "Abordaje clínico de la depresión y su complejidad: claves para una psicoterapia efectiva en contextos institucionales y APS". Universidad Alberto Hurtado	Oral communication	https://www.uahurtado.cl/event/coloquio-abordaje-clinico-de-la-depresion-y-su-complejidad-claves-para-una-psicoterapia-efectiva-en-contextos-institucionales-y-aps/	Santiago	Chile	26-10-2023	N	3
11	Alvarado V, Arredondo K, Garay C, García N, Olivares S, Morán Kneer J, Sieverson C, Olhaberry M. The use of mentalization during video-feedback-based interventions: a case study with a mother-baby dyad with depressive symptomatology	XVII Congreso Chileno de Psicología. "Psicología en tiempos de incertidumbre".	Lecture	https://congresopsicologia.umag.cl/	Punta Arenas	Chile	04-10-2023	N	2

12	Alvarado V, Arredondo K, Garay C, García N, Olivares S, Morán-Kneer J, Olhaberry M y Sieverson C. The use of mentalization during video-feedback-based interventions: a case study with a mother-baby dyad with depressive symptomatology	16° Congreso Chileno de Psicoterapia. 14° Congreso Latinoamericano de Investigación en Psicoterapia	Poster	http://www.congresopsicoterapia.cl/Programa2023.html	Viña del Mar	Chile	25-08-2023	N	3
13	Arévalo P, Altimir C, De la Cerda C, Gómez-Barris E. Paper: Patient-therapist facial-affective regulation and therapist's retrospective account of his interventions within ruptures and resolutions of the alliance in a brief psychodynamic psychotherapy	54th International Annual Meeting of the Society for Psychotherapy Research (SPR). "Reshaping the social representation of psychotherapy: an engagement with public mental health"	Panel	https://www.psychotherapyresearch.org/page/spr2023	Dublin	Ireland	21-06-2023	I	3

14	Barrera A, Castro V, Vallejos L, Salinas-Oñate N, Salazar C. Positive development in Chilean university students: progress and challenges in studies within the context of Initiation Fondecyt No. 11200984.	XVII Congreso Chileno de Psicología. "Psicología en tiempos de incertidumbre".	Symposium	https://congresopsicologia.umag.cl/	Punta Arenas	Chile	04-10-2023	N	1 and 2
15	Barrera P, Santelices MP, Undurraga C. Individual adverse childhood experiences (ACEs) and their relationship with self-reported mental health problems: an exploratory study in Chile	IX Congreso de la Sociedad Científica de Psicología de Chile	Poster	https://cienciaspsicologica.cl/2023/11/11/programa-ix-congreso-scp/	Antofagasta	Chile	16-11-2023	N	1 and 2
16	Behn A, Cottin M, Hernández C. Using the Mental Health Information Reporting Assistant (MHIRA) to evaluate and monitor patients during psychotherapy and other psychosocial interventions	54th International Annual Meeting of the Society for Psychotherapy Research (SPR). "Reshaping the social representation of psychotherapy: an engagement with public mental health"	Pre-Conference Workshop	https://www.psychotherapysresearch.org/page/spr2023	Dublin	Ireland	21-06-2023	I	3

17	Behn A, Davanzo A, d'Huart D, Seker S, Moessner M, Zimmermann R, Schmeck K. Paper: Study features and response compliance in Ecological Momentary Assessment Research in Borderline Personality Disorder: A Systematic Review and Meta-analysis	54th International Annual Meeting of the Society for Psychotherapy Research (SPR). “Reshaping the social representation of psychotherapy: an engagement with public mental health”	Panel	https://www.psychotherapyeurope.org/page/spr2023	Dublin	Ireland	21-06-2023	I	1
18	Behn A, Núñez C, Barkham M, Delgadillo J, Banyard H, Verdelli H, Watzke B, Probst T, Humer E. Paper: Exploring common symptom profiles in depression using the PHQ-9: findings from an international study with community and clinical samples from the United Kingdom, Germany, Austria, Ethiopia, Uganda, and Chile	54th International Annual Meeting of the Society for Psychotherapy Research (SPR). “Reshaping the social representation of psychotherapy: an engagement with public mental health”	Panel	https://www.psychotherapyeurope.org/page/spr2023	Dublin	Ireland	21-06-2023	I	1

19	Behn A, Núñez C, Delgadillo J, Barkham M, Watzke B, Verdeli H, Probst T y Humer E. Exploration of common symptomatic profiles in depression using the PHQ-9: results of an international study with community and clinical samples from the United Kingdom, Germany, Austria, Ethiopia, Uganda, and Chile.	16° Congreso Chileno de Psicoterapia. 14° Congreso Latinoamericano de Investigación en Psicoterapia	Oral communication	http://www.congresopsicoterapia.cl/Programa2023.html	Viña del Mar	Chile	25-08-2023	N	1
20	Behn A. Borderline Personality Disorder: Attachment and Intervention Development	54th International Annual Meeting of the Society for Psychotherapy Research (SPR). “Reshaping the social representation of psychotherapy: an engagement with public mental health”	Panel	https://www.psychotherapypsyresearch.org/page/spr2023	Dublin	Ireland	21-06-2023	I	1 y 3
21	Behn A. Challenges of the Mental Health of the Future	Congreso Futuro. Sin límite real. Bloque 17: Emociones compartidas	Oral communication	https://www.congresofuturo.cl/programa_2023.pdf	Santiago	Chile	19-01-2023	N	1,2,3

22	Behn A. Deciphering the heterogeneity of depression: exploring symptomatic profiles, symptom networks, and clinical variables relevant to psychotherapy	16° Congreso Chileno de Psicoterapia. 14° Congreso Latinoamericano de Investigación en Psicoterapia	Panel	http://www.congresopsicoterapia.cl/Programa2023.html	Viña del Mar	Chile	25-08-2023	N	1
23	Behn A. Examining symptom profiles using the PHQ-9: what we have learned from the International Network for the Study of Depression Heterogeneity	54th International Annual Meeting of the Society for Psychotherapy Research (SPR). “Reshaping the social representation of psychotherapy: an engagement with public mental health”	Panel	https://www.psychotherapypresearch.org/page/spr2023	Dublin	Ireland	21-06-2023	I	1
24	Behn A. International adaptations of DBT in routine and public care settings	54th International Annual Meeting of the Society for Psychotherapy Research (SPR). “Reshaping the social representation of psychotherapy: an engagement with public mental health”	Panel	https://www.psychotherapypresearch.org/page/spr2023	Dublin	Ireland	21-06-2023	I	3

25	Behn A. Basic psychopathology mechanisms of BPD measured through momentary ecological evaluations	16° Congreso Chileno de Psicoterapia. 14° Congreso Latinoamericano de Investigación en Psicoterapia	Oral communication	http://www.congresopsicoterapia.cl/Programa2023.html	Viña del Mar	Chile	25-08-2023	N	1
26	Behn A. Basic psychopathology and treatment of Borderline Personality Disorder	16° Congreso Chileno de Psicoterapia. 14° Congreso Latinoamericano de Investigación en Psicoterapia	Panel	http://www.congresopsicoterapia.cl/Programa2023.html	Viña del Mar	Chile	25-08-2023	N	1
27	Behn, A. The future of psychotherapy research in Chile	16° Congreso Chileno de Psicoterapia. 14° Congreso Latinoamericano de Investigación en Psicoterapia	Oral communication	http://www.congresopsicoterapia.cl/Programa2023.html	Viña del Mar	Chile	25-08-2023	N	3
28	Bettancourt J, Hidalgo A, Navarrete F, Vargas C, Geldres A y Morán J. How have we looked	16° Congreso Chileno de Psicoterapia. 14° Congreso Latinoamericano de Investigación en Psicoterapia	Poster	http://www.congresopsicoterapia.cl/Programa2023.html	Viña del Mar	Chile	25-08-2023	N	3

29	Bettancourt JP, Hidalgo A, Navarrete F, Morán Kneer J, Geldres A, Duarte J. Observation instruments used in process research in Latin America: a systematic review of 20 years of development (2000-2023)	XVII Congreso Chileno de Psicología. "Psicología en tiempos de incertidumbre".	Poster	https://congresopsicologia.umag.cl/	Punta Arenas	Chile	04-10-2023	N	3
30	Calderón J, Fischersworring M, Gaete MI & Martínez C. Identity in tension between object-body and subject-body: a microphenomenological analysis of bodily discordance in seven TGNC people	XIII Biennial International Society of Critical Health Psychology (ISCHP) Conference	Symposium	https://ischp.net/past-conferences/	Rancagua	Chile	26-07-2023	N	1
31	Capella C, Boddy J, Nuñez L, Álamo N, Olhaberry M, Velilla C. Accounting for inequities in accessing child services and specialized interventions following sexual abuse: a case with a migration background	Conference at the European Scientific Association on Residential and Family Care for Children and Adolescents (EUSARF)	Symposium	https://eusarf.org/	Brighton	United Kingdom	15-09-2023	I	2

32	Capella C, Núñez L, Olhaberry M y Álamo N. Psychotherapeutic change in child victims of sexual assault: a pilot analysis of methodological integration	16° Congreso Chileno de Psicoterapia. 14° Congreso Latinoamericano de Investigación en Psicoterapia	Oral communication	http://www.congresopsicoterapia.cl/Programa2023.html	Viña del Mar	Chile	25-08-2023	N	3
33	Concha-Aqueveque F, Martínez C. Paper: Psychophysiological markers of expertise in case formulation	54th International Annual Meeting of the Society for Psychotherapy Research (SPR). “Reshaping the social representation of psychotherapy: an engagement with public mental health”	Panel	https://www.psychotherapyresearch.org/page/spr2023	Dublin	Ireland	21-06-2023	I	1
34	Constantino M, Flückiger C, Lipner L, Rubel J, Brakemeier EL, Behn A. (Discussants). From Process to Practice: Using Process-Outcome Research to Meaningfully Enhance Patient Outcomes	54th International Annual Meeting of the Society for Psychotherapy Research (SPR). “Reshaping the social representation of psychotherapy: an engagement with public mental health”	Semi-Plenary	https://www.psychotherapyresearch.org/page/spr2023	Dublin	Ireland	21-06-2023	I	3

35	Coo S, García MI, Pérez C, Aldoney D, Olhaberry M, Fernández O, Álamo N, Franco P, Pérez F y Fernández S. “And Now What?” Feasibility of a digital intervention for promoting postpartum maternal health	16° Congreso Chileno de Psicoterapia. 14° Congreso Latinoamericano de Investigación en Psicoterapia	Oral communication	http://www.congresopsicoterapia.cl/Programa2023.html	Viña del Mar	Chile	25-08-2023	N	2
36	Coo, S., García, I., Pérez, C., Aldoney, D., Olhaberry, M., Fernández, O., Álamo, N., Franco, P., Pérez, F., Fernández, S., Fisher, J., Rowe, H. Online intervention to prevent postnatal depression and anxiety in Chilean first-time mothers: A feasibility trial	18th World Congress for the World Association for Infant Mental Health (WAIMH). "Early Relationships Matter: Advancing Practice, Policy and Research In Infant Mental Health".	Brief Oral Presentation	https://www.waimh2023.org/	Dublin	Ireland	15-07-2023	I	2

37	Correa M, Quevedo Y, Behn A. Paper: Effectiveness of a brief Dialectical Behaviour Therapy Skills training group for Borderline Personality Disorder in a public outpatient service in Chile: a multiple baseline comparison	54th International Annual Meeting of the Society for Psychotherapy Research (SPR). “Reshaping the social representation of psychotherapy: an engagement with public mental health”	Panel	https://www.psychotherapyeurope.org/page/spr2023	Dublin	Ireland	21-06-2023	I	3
38	Costa S. Pediatric Chronic Conditions	International Congress on Mentalization Based Treatment for Children, Adolescents and Families. Organized by Vidal i Barraquer Mental Health University Institute (Ramon Llull University) and the IMAGINA– Centre for Mentalization Applications, with the collaboration of the Anna Freud National Centre for Children and Families	Oral communication	https://mbtcongressbarcelona.com/	Barcelona	Spain	29-06-2023	I	4

39	Costa-Cordella S, Rossi A, Grasso-Cladera A. Paper: Cultural Adaptations of MBT Lighthouse Parenting for Chilean Families: Identifying Stakeholder Recommendations	54th International Annual Meeting of the Society for Psychotherapy Research (SPR). “Reshaping the social representation of psychotherapy: an engagement with public mental health”	Panel	https://www.psychotherapyeurope.org/page/spr2023	Dublin	Ireland	21-06-2023	I	2
40	Costa-Cordella S. Relational aspects in the clinical work with children and caregivers in different contexts of trauma	54th International Annual Meeting of the Society for Psychotherapy Research (SPR). “Reshaping the social representation of psychotherapy: an engagement with public mental health”	Panel	https://www.psychotherapyeurope.org/page/spr2023	Dublin	Ireland	21-06-2023	I	2
41	Cottin M, Díaz J, Orellana G y Hernández C. How to help people who do not seek our help? Exploring barriers to the use of mental health services among students	16° Congreso Chileno de Psicoterapia. 14° Congreso Latinoamericano de Investigación en Psicoterapia	Oral communication	http://www.congresopsicoterapia.cl/Programa2023.html	Viña del Mar	Chile	25-08-2023	N	2

42	Cottin, M., Behn, A. Digital use of standardized evaluation instruments for children and adolescents: can we use available questionnaires in electronic format?	16° Congreso Chileno de Psicoterapia. 14° Congreso Latinoamericano de Investigación en Psicoterapia	Oral communication	http://www.congresopsicoterapia.cl/Programa2023.html	Viña del Mar	Chile	25-08-2023	N	1
43	Crempien C, de la Parra G, Morales S, Zúñiga K, Errázuriz A, Martínez P, Aravena C, Ferrari MT. Three-voiced development of a training program in psychotherapeutic competences for the management of depression in primary health care	Seminary Aportes de la Investigación Cualitativa para el desarrollo de Políticas Públicas en Salud Mental y Psicoterapia. Facultad de Psicología UDP	Seminar	https://psicologia.udp.cl/agenda/Seminary-aportes-a-la-investigacion-cualitativa-para-el-desarrollo-de-guias-y-orientaciones-clinicas-sensibles-y-culturalmente-competentes/	Santiago,	Chile	13-04-2023	N	3
44	Dagnino P, Calderón A y Figueroa C. Depression complexity profiles and their impact on the psychotherapeutic process	16° Congreso Chileno de Psicoterapia. 14° Congreso Latinoamericano de Investigación en Psicoterapia	Oral communication	http://www.congresopsicoterapia.cl/Programa2023.html	Viña del Mar	Chile	25-08-2023	N	1

45	Dagnino P. Paper: Patients' profile complexities and suggested training competencies	54th International Annual Meeting of the Society for Psychotherapy Research (SPR). “Reshaping the social representation of psychotherapy: an engagement with public mental health”	Panel	https://www.psychotherapyresearch.org/page/spr2023	Dublin	Ireland	21-06-2023	I	1
46	Dagnino, P. National guest as keynote speaker: Personalized treatment for different depression complexity levels	XI Jornadas Internacionales de la Sociedad Chilena de Trastornos Bipolares (SOCHITAB)	Conference	https://www.sochitab.cl/xi-jornadas-sochitab-2023	Santiago	Chile	07-09-2023	N	1
47	Dagnino, P. Invited as keynote speaker. Title: Patients’ profiles: considering personality functioning	Conference "30 years of OPD - Innovations in OPD-3". Universidad de Kassel	Oral communication	https://www.psyakademie.de/termine/veranstaltung/g-1-i2rnsmnfsvf55t8pdg3e1f79s_20230617	Kassel	Germany	17-06-2023	I	1
48	Dagnino, P. Depression complexity profiles and their impact on the psychotherapeutic process	XXIV Congreso Nacional de Psicología Clínica: “El Bienestar Psicológico”	Oral communication	https://www.scpcl.cl/xxiv-congreso-nacional-de-psicologia-clinica-2023/	Santiago	Chile	24-05-2023	N	3

49	de la Cerda C, Altimir C y Gómez-Barris E. The relationship between the quality of patient and therapist reflective functioning during rupture and resolution strategy events and the quality of therapist mentalization during retrospective interviews in a brief psychodynamic psychotherapy	16° Congreso Chileno de Psicoterapia. 14° Congreso Latinoamericano de Investigación en Psicoterapia	Oral communication	http://www.congresopsicoterapia.cl/Programa2023.html	Viña del Mar	Chile	25-08-2023	N	3
50	De la Cerda C, Altimir C, Gomez-Barris E. Paper: Relationship between the quality of patient and therapist's reflective function during rupture and resolution strategy events and the quality of therapist's mentalization during retrospective interviews, in a brief psychodynamic psychotherapy	54th International Annual Meeting of the Society for Psychotherapy Research (SPR). "Reshaping the social representation of psychotherapy: an engagement with public mental health"	Panel	https://www.psychotherapyresearch.org/page/spr2023	Dublin	Ireland	21-06-2023	I	3

51	de la Cerda C, Altimir C, Gomez-Barry E. Lecture on mental health: The relationship between the quality of patient and therapist reflective functioning during rupture and resolution strategy events and the quality of therapist mentalization during retrospective interviews in a brief psychodynamic psychotherapy	XVII Congreso Chileno de Psicología. "Psicología en tiempos de incertidumbre".	Lecture	https://congresopsicologia.umag.cl/	Punta Arenas	Chile	04-10-2023	N	3
52	De la Cerda C, Altimir C, Gómez-Barry E. Affective regulation, reflective functioning, and interventions focused on structural personality deficits during moments of rupture and attempts to repair the alliance	16° Congreso Chileno de Psicoterapia. 14° Congreso Latinoamericano de Investigación en Psicoterapia	Panel	http://www.congresopsicoterapia.cl/Programa2023.html	Viña del Mar	Chile	25-08-2023	N	3

53	De La Parra G, Crempien C, Zúñiga K, Morales S, Errázuriz A, Martínez P, Aravena C, Ferrari MT. Paper: The difficult patient with depression: acceptability of a psychotherapeutic on line training program for primary care psychologists	54th International Annual Meeting of the Society for Psychotherapy Research (SPR). “Reshaping the social representation of psychotherapy: an engagement with public mental health”	Panel	https://www.psychotherapyeurope.org/page/spr2023	Dublin	Ireland	21-06-2023	I	3
54	Duggal C, Iwakabe S, Krause M, Lorenzo-Luaces L, McMain S, Singla D, Jeong Youn S. (Discussants) How to promote participation of individuals from under-represented groups in psychotherapy research	54th International Annual Meeting of the Society for Psychotherapy Research (SPR). “Reshaping the social representation of psychotherapy: an engagement with public mental health”	Structured Discussion	https://www.psychotherapyeurope.org/page/spr2023	Dublin	Ireland	21-06-2023	I	3
55	Ditzen B, Aguilar-Raab C, Schneider E, Stoffel M, Hernandez C, Bodenmann G, Heinrichs M, Ehlert U. Paper: Interactive effects of a minimal couple intervention and intranasal oxytocin on psychobiological stress markers	54th International Annual Meeting of the Society for Psychotherapy Research (SPR). “Reshaping the social representation of psychotherapy: an engagement with public mental health”	Panel	https://www.psychotherapyeurope.org/page/spr2023	Dublin	Ireland	21-06-2023	I	1

56	Duarte J. Paper: Episodes of meeting in psychotherapy as an intersubjective approach to change process research: Learnings of 8 years of research on moments of meeting	54th International Annual Meeting of the Society for Psychotherapy Research (SPR). “Reshaping the social representation of psychotherapy: an engagement with public mental health”	Brief Paper Session	https://www.psychotherapyeurope.org/page/spr2023	Dublin	Ireland	21-06-2023	I	3
57	Duarte, J. Moments of meeting in psychotherapy: an intersubjective approach to the study of change. What we have learned in 8 years of research	Symposium de Investigación. Doctorado en Psicología. Universidad Diego Portales.	Symposium	https://www.instagram.com/p/CwFwWbwOVkU/?img_index=1	Santiago	Chile	23-08-2023	N	3
58	Errázuriz P, Falkenström F, Fernández Álvarez H, Firth N, Gomez B, M O'Shea A, Jeong Youn S. (Discussants). Advancing psychotherapy research for clients with limited socio-economic resources by learning from each other	54th International Annual Meeting of the Society for Psychotherapy Research (SPR). “Reshaping the social representation of psychotherapy: an engagement with public mental health”	Structured Discussion	https://www.psychotherapyeurope.org/page/spr2023	Dublin	Ireland	21-06-2023	I	3

59	Errázuriz P, Fischer C, Vaccarezza S, López A y Opazo S. Therapists' perception of the therapeutic alliance and the therapeutic frame with complex patients: rethinking Bordin's alliance conceptualization	XVIII Congress of the International Society for the Study of Personality Disorders (ISSPD 2023)	Panel	https://isspdc.org/congress.com/	Sydney	Australia	01-11-2023	I	3
60	Errázuriz P. Paper: The importance of the therapeutic frame for therapists working with complex patients in Public Mental Health: Rethinking the concept of therapeutic alliance	54th International Annual Meeting of the Society for Psychotherapy Research (SPR). "Reshaping the social representation of psychotherapy: an engagement with public mental health"	Panel	https://www.psychotherapysresearch.org/page/spr2023	Dublin	Ireland	21-06-2023	I	3
61	Espinosa-Duque D, Krause M. Therapeutic relationship: Contexts, moments, and challenges	54th International Annual Meeting of the Society for Psychotherapy Research (SPR). "Reshaping the social representation of psychotherapy: an engagement with public mental health"	Panel	https://www.psychotherapysresearch.org/page/spr2023	Dublin	Ireland	21-06-2023	I	3

62	Espinosa-Duque D, Morales-Reyes I y Krause M. Analysis of the psychotherapeutic process as a clinical tool: therapeutic alliance and subjective transformation	16° Congreso Chileno de Psicoterapia. 14° Congreso Latinoamericano de Investigación en Psicoterapia	Workshop	http://www.congresopsicoterapia.cl/Programa2023.html	Viña del Mar	Chile	25-08-2023	N	3
63	Fernández O, Álamo N, Fernández S, Pérez F, García MI, Pérez C, Coó S. Exploring the therapeutic relationship in a WhatsApp-based intervention for postpartum depression prevention	54th International Annual Meeting of the Society for Psychotherapy Research (SPR). “Reshaping the social representation of psychotherapy: an engagement with public mental health”	Panel	https://www.psychotherapysresearch.org/page/spr2023	Dublin	Ireland	21-06-2023	I	3
64	Fernández O, Aldoney D, Fernández S, Pérez F, García MI, Pérez C y Coó S. “We’re in this together”: Benefits perceived by mothers participating in a postpartum depression prevention program regarding parental involvement in child upbringing	16° Congreso Chileno de Psicoterapia. 14° Congreso Latinoamericano de Investigación en Psicoterapia	Oral communication	http://www.congresopsicoterapia.cl/Programa2023.html	Viña del Mar	Chile	25-08-2023	N	2

65	Fernández S, Capella C, Álamo N, Núñez L, Olhaberry M, Gómez C, Rodríguez L and Azócar E. Q-Methodology for analysing clinical strategies in psychotherapies with children who have been sexually abused	39th Annual Q Conference of the International Society for the Scientific Study of Subjectivity	Lecture	https://qmethod.org/39th-annual-q-conference-in-belfast-northern-ireland-september-13-15-2023/	Belfast	Ireland	13-09-2023	I	3
66	Fernández Sanz S, Capella C, Álamo N, Olhaberry M, Camila Gómez, Loreto Rodríguez, Estrella Azócar. Q-Methodology for analysing clinical strategies in psychotherapies with children who have been sexually abused	54th International Annual Meeting of the Society for Psychotherapy Research (SPR). “Reshaping the social representation of psychotherapy: an engagement with public mental health”	Poster	https://www.psychotherapyresearch.org/page/spr2023	Dublin	Ireland	21-06-2023	I	3
67	Fischer C, de la Parra, G., Vaccarezza, S. Errázuriz, P. Navigating through Public Mental Health: Psychotherapy Challenges	54th International Annual Meeting of the Society for Psychotherapy Research (SPR). “Reshaping the social representation of psychotherapy: an engagement with public mental health”	Panel	https://www.psychotherapyresearch.org/page/spr2023	Dublin	Ireland	21-06-2023	I	3

68	Fischer C, Opazo S, Vaccarezza S and Errázuriz P. Training of specific skills for therapists who work with BPD: Learning experience of a Digital Training Platform: HAP (Applied Psychotherapeutic Skills)	XVIII Congress of the International Society for the Study of Personality Disorders (ISSPD 2023)	Panel	https://isspdcongress.com/	Sydney	Australia	01-11-2023	I	3
69	Fischersworring M, Calderón J, Gaete MI & Castillo M. Identity in tension between object-body and subject-body: a microphenomenological analysis of bodily discordance in seven TGNC people	16° Congreso Chileno de Psicoterapia. 14° Congreso Latinoamericano de Investigación en Psicoterapia	Oral communication	http://www.congresopsicoterapia.cl/Programa2023.html	Viña del Mar	Chile	25-08-2023	N	1
70	Franco P, Olhaberry M, Cuijpers P, Kelders S & Muzard A. Maternal depression and early attachment: design and evaluation of an application for prevention	XL Congreso de la Sociedad de Psiquiatría y Neurología de la Infancia y Adolescencia (SOPNIA). "Retomando el camino hacia el futuro. Creando nuevos puentes para avanzar".	Panel	https://www.sopnia.com/congreso/	Viña del Mar	Chile	08-11-2023	N	2

71	Franco P, Olhaberry M, Cuijpers P, Kelders S y Muzard A. An Internet-based intervention for women with symptoms of postpartum depression	16° Congreso Chileno de Psicoterapia. 14° Congreso Latinoamericano de Investigación en Psicoterapia	Lecture	http://www.congresopsicoterapia.cl/Programa2023.html	Viña del Mar	Chile	25-08-2023	N	2
72	Franco P, Olhaberry M, Cuijpers P, Kelders S, Muzard A. Paper: Chilean Internet-Based Intervention for Postpartum Women with Depressive Symptoms: Preliminary Results of a Randomized Controlled Trial	54th International Annual Meeting of the Society for Psychotherapy Research (SPR). “Reshaping the social representation of psychotherapy: an engagement with public mental health”	Brief Paper Session	https://www.psychotherapysresearch.org/page/spr2023	Dublin	Ireland	21-06-2023	I	2
73	Gabriel-Vacher N, Capella C, Olhaberry M, Álamo N, Núñez L. Reflective Function in Caregivers with ACEs of children in CSA psychotherapy: a pilot methodology for coding PRF in psychotherapy process interviews	International Congress on Mentalization Based Treatment for Children, Adolescents and Families. Organized by Vidal i Barraquer Mental Health University Institute (Ramon Llull University) and the IMAGINA– Centre for Mentalization Applications, with the collaboration of the Anna Freud National	Poster	https://mbtcongressbarcelona.com/	Barcelona	Spain	29-06-2023	I	3

		Centre for Children and Families							
74	Gaete MI, Castillo M, Martínez C, Concha F, Paiva I, Tomicic A y Avilés F. Using the body mapping technique to approach the bodily experience of TGNC people	16° Congreso Chileno de Psicoterapia. 14° Congreso Latinoamericano de Investigación en Psicoterapia	Oral communication	http://www.congresopsicoterapia.cl/Programa2023.html	Viña del Mar	Chile	25-08-2023	N	1
75	Gaete MI. Art-based Phenomenological Exploration for Relieving Trauma Experiences: Case Study	Mind & Life Summer Research Institute. Trauma, Resilience, and Flourishing	Poster	https://www.mindandlife.org/event/2023-summer-research-institute/	New York	USA	10-06-2023	I	1
76	Galáz, P., Behn, A. MHIRA: implementation of a monitoring system in the healthcare system	16° Congreso Chileno de Psicoterapia. 14° Congreso Latinoamericano de Investigación en Psicoterapia	Oral communication	http://www.congresopsicoterapia.cl/Programa2023.html	Viña del Mar	Chile	25-08-2023	N	3
77	Gomez-Barris E, de la Cerda C & Altimir C. Interventions focused on structural personality deficits during rupture and resolution events	16° Congreso Chileno de Psicoterapia. 14° Congreso Latinoamericano de Investigación en Psicoterapia	Oral communication	http://www.congresopsicoterapia.cl/Programa2023.html	Viña del Mar	Chile	25-08-2023	N	3

78	González-Araneda N, Bravo-Evans A, Capella C, Meza C, Núñez L, Olhaberry M & Álamo N. Symptomatology in child victims of sexual assault and their caregivers	16° Congreso Chileno de Psicoterapia. 14° Congreso Latinoamericano de Investigación en Psicoterapia	Poster	http://www.congresopsicoterapia.cl/Programa2023.html	Viña del Mar	Chile	25-08-2023	N	1
79	Guajardo V, Lángier Á, Jiménez Á. E-mental health interventions in higher education	Seminary Internacional “Salud mental digital: desafíos y oportunidades en Chile”. Organizado por la Red Internacional para el Fortalecimiento y Desarrollo de la Salud Mental Digital de MIDAP	Panel	https://midap.org/temuco-recibe-el-primer-de-los-dos-Seminarys-internacionales-de-la-red-de-salud-mental-digital-de-midap/	Temuco	Chile	16-10-2023	N	2
80	Hanckes N, Gomez-Barris E, Valdés N, Altimir C, De la Cerda C, Barriga C. Paper: Interventions focusing on structural personality functioning deficits within events of rupture and resolution	54th International Annual Meeting of the Society for Psychotherapy Research (SPR). “Reshaping the social representation of psychotherapy: an engagement with public mental health”	Panel	https://www.psychotherapysresearch.org/page/spr2023	Dublin	Ireland	21-06-2023	I	3

81	Hernández C, Quevedo S, Hansen R, Garcés JA, Ferrada M y Cottin M. When I hide on the Internet: explanatory mechanisms for the relationship between social anxiety and Internet addiction	16° Congreso Chileno de Psicoterapia. 14° Congreso Latinoamericano de Investigación en Psicoterapia	Oral communication	http://www.congresopsicoterapia.cl/Programa2023.html	Viña del Mar	Chile	25-08-2023	N	1
82	Hernández C, Quevedo S, Hansen R, Garcés JA, Ferrada M. Paper: The internet and the symptoms we treat: A longitudinal explanation of the relationship between internet addiction, depression and anxiety	54th International Annual Meeting of the Society for Psychotherapy Research (SPR). “Reshaping the social representation of psychotherapy: an engagement with public mental health”	Brief Paper Session	https://www.psychotherapypsyresearch.org/page/spr2023	Dublin	Ireland	21-06-2023	I	1
83	Honorato C, León MJ & Farkas Klein C. An analysis of parental mentalization, the quality of early family interaction, and their influence on child socio-emotional development	16° Congreso Chileno de Psicoterapia. 14° Congreso Latinoamericano de Investigación en Psicoterapia	Oral communication	http://www.congresopsicoterapia.cl/Programa2023.html	Viña del Mar	Chile	25-08-2023	N	2

84	Immel N, Krause M, Evers P, Jerusalem J, Baader S, Al-Hasani A, Bilstein L, Braus N, Scholz S, Gräfenkämper R, Hunger-Schoppe C. Paper: Interpersonal Changes in Multiperson Settings	54th International Annual Meeting of the Society for Psychotherapy Research (SPR). “Reshaping the social representation of psychotherapy: an engagement with public mental health”	Brief Paper Session	https://www.psychotherapyeurope.org/page/spr2023	Dublin	Ireland	21-06-2023	I	3
85	Isla R, Martínez C, Boetsch ME, Mahana B, Rubio A, Salas C, Valdés C, Mardones C, Balbontín AM, Tapia C, Arros M & Tamblay JA. Observation of subjectification moments in the treatment of high-complexity patients	16° Congreso Chileno de Psicoterapia. 14° Congreso Latinoamericano de Investigación en Psicoterapia	Workshop	http://www.congresopsicoterapia.cl/Programa2023.html	Viña del Mar	Chile	25-08-2023	N	3
86	Jiménez Á. “Postvention” in suicide	Symposium-Workshop “Suicidalidad: actualización para comprender, evaluar e intervenir eficazmente”. Universidad Diego Portales	Symposium	https://medicina.udp.cl/Symposium/	Santiago	Chile	04-08-2023	N	2
87	Jiménez JP, Figueroa J. Clinical practice workshop	16° Congreso Chileno de Psicoterapia. 14° Congreso Latinoamericano de	Workshop	http://www.congresopsicoterapia.cl/Programa2023.html	Viña del Mar	Chile	25-08-2023	N	3

		Investigación en Psicoterapia							
88	Jiménez JP, Jiménez Á, Behn A. COVID-19 pandemic: vulnerabilities and impacts on mental health	XI Congreso Uruguayo de Psiquiatría. “Cien años de la Sociedad de Psiquiatría del Uruguay”, “Soberanía y evolución de la clínica. Interdisciplina y contexto”.	Panel	http://spu.org.uy/sitio/?p=2039	Montevideo	Uruguay	09-11-2023	I	1
89	Jiménez JP, Krause M, de la Parra G, Martínez C. y Behn A. Open discussion: 30 years (1992- 2023) Training and developing a research team in psychotherapy and mental health	16° Congreso Chileno de Psicoterapia. 14° Congreso Latinoamericano de Investigación en Psicoterapia	Panel	http://www.congresopsicoterapia.cl/Programa2023.html	Viña del Mar	Chile	25-08-2023	N	3
90	Jiménez JP. How is a research group trained?	16° Congreso Chileno de Psicoterapia. 14° Congreso Latinoamericano de Investigación en Psicoterapia	Oral communication	http://www.congresopsicoterapia.cl/Programa2023.html	Viña del Mar	Chile	25-08-2023	N	

91	Jiménez JP. Complexity in psychotherapy	XXXIII Jornada de Actualizaciones en Psiquiatría: "Complejidad en Salud Mental". Universidad de Valparaíso	Conference	https://psicologia.uv.cl/?view=article&id=630&catid=36	Valparaíso	Chile	20-10-2023	N	3
92	Jiménez JP. The emergent paradigm in psychiatry research. Gene-environment interaction in depression and the role of early trauma	XI Congreso Uruguayo de Psiquiatría. "Cien años de la Sociedad de Psiquiatría del Uruguay", "Soberanía y evolución de la clínica. Interdisciplina y contexto".	Conference	http://spu.org.uy/sitio/?p=2039	Montevideo	Uruguay	09-11-2023	I	1
93	Krause M, Espinosa HD, Fernández-Álvarez J. Paper: The impact of the use of Information and Communication Technologies (ICT) on psychotherapy practices and the relationship of therapists and patients	54th International Annual Meeting of the Society for Psychotherapy Research (SPR). "Reshaping the social representation of psychotherapy: an engagement with public mental health"	Panel	https://www.psychotherapyresearch.org/page/spr2023	Dublin	Ireland	21-06-2023	I	3
94	Krause M. The Doctoral Program in Psychotherapy and the Millennium Centers	16° Congreso Chileno de Psicoterapia. 14° Congreso Latinoamericano de Investigación en Psicoterapia	Oral communication	http://www.congresopsicoterapia.cl/Programa2023.html	Viña del Mar	Chile	25-08-2023	N	

95	Labbé N, Behn A. Paper: Designing a Personalized Psychoeducative Intervention for Borderline Personality Disorder	54th International Annual Meeting of the Society for Psychotherapy Research (SPR). “Reshaping the social representation of psychotherapy: an engagement with public mental health”	Panel	https://www.psychotherapypsyresearch.org/page/spr2023	Dublin	Ireland	21-06-2023	I	3
96	León MJ y Farkas Klein C. Does shared reading of children’s stories have an impact on early family relationships, parental mentalization, and child socio-emotional development?	16° Congreso Chileno de Psicoterapia. 14° Congreso Latinoamericano de Investigación en Psicoterapia	Oral communication	http://www.congresopsicoterapia.cl/Programa2023.html	Viña del Mar	Chile	25-08-2023	N	2
97	León MJ, Muzard A, Honorato C. Early family interactions, parental regulation and mentalization, and their impact on early child socio-emotional development.	16° Congreso Chileno de Psicoterapia. 14° Congreso Latinoamericano de Investigación en Psicoterapia	Panel	http://www.congresopsicoterapia.cl/Programa2023.html	Viña del Mar	Chile	25-08-2023	N	2

98	León, M.J., Farkas, C. You can count on me: the impact of shared reading of children's stories on child socio-emotional development and parental mentalization	International Congress on Mentalization Based Treatment for Children, Adolescents and Families. Organized by Vidal i Barraquer Mental Health University Institute (Ramon Llull University) and the IMAGINA– Centre for Mentalization Applications, with the collaboration of the Anna Freud National Centre for Children and Families	Poster	https://mbtcongressbarcelona.com/	Barcelona	Spain	29-06-2023	I	2
99	Leyton F, Costa S. Video-feedback centered on resources: promoting mentalization in the early intervention with mothers with depression	Child-Adolescent International Seminar: Intervenciones con niños, adolescentes y sus familias basadas en el apego y la mentalización. Diálogos entre la investigación y la práctica clínica. Universidad de Valparaíso, Escuela de Psicología	Oral communication	https://uv.cl/archivo-noticias-uv/26129-con-gran-exito-se-desarrollo-Seminary-internacional-infanto-juvenil-en-escuela-de-psicologia-uv	Valparaíso	Chile	13-10-2023	N	2

100	Leyton F, Olhaberry M, Morán J, de la Cerda C, León MJ, Sieverson C, Alfaro A, Hernández C, Alvarado R & Steele H. Video-intervention therapy for primary caregivers in a Child Hospitalization Unit: Pilot Clinical Trial	16° Congreso Chileno de Psicoterapia. 14° Congreso Latinoamericano de Investigación en Psicoterapia	Oral communication	http://www.congresopsicoterapia.cl/Programa2023.html	Viña del Mar	Chile	25-08-2023	N	2
101	Leyton F, Olhaberry M. From Child and Parental Mental Health needs toward the generation of an empirically supported treatment: The Chilean experience with Video-Feedback	18th World Congress for the World Association for Infant Mental Health (WAIMH). "Early Relationships Matter: Advancing Practice, Policy and Research In Infant Mental Health".	Masterclass Session	https://www.waimh2023.org/	Dublin	Ireland	15-07-2023	I	2 Y 3
102	López A, González-Araneda N. & Errázuriz P. Therapeutic alliance in the clinical treatment of complex trauma: contributions and recommendations for therapists	16° Congreso Chileno de Psicoterapia. 14° Congreso Latinoamericano de Investigación en Psicoterapia	Panel	http://www.congresopsicoterapia.cl/Programa2023.html	Viña del Mar	Chile	25-08-2023	N	3
103	López-Silva P. What makes delirium delirious?	XVII Congreso Chileno de Psicología. "Psicología en tiempos de incertidumbre".	Lecture	https://congresopsicologia.umag.cl/	Punta Arenas	Chile	04-10-2023	N	1

104	López-Silva P. 4E Cognition Approaches to Mental Health: A Review	4 th International Conference on Philosophy of Mind. 4E's Approach to the Mind/Brain	Lecture	https://4confphilmind.weebly.com/	Lisboa	Spain	06-03-2023	I	1
105	López-Silva P. Schizophrenia and computational psychiatry: the problems of predictive processing for explaining delirium	IX Coloquio en Lenguaje & Cognición	Conference Principal	https://filosofia.uchile.cl/agenda/205332/ix-coloquio-lenguaje-y-cognicion	Santiago	Chile	26-05-2023	N	1
106	López-Silva P. Etiology of delirium and predictive processing	Seminar on Cognitive Diversity. Universidad Nacional Autónoma de México, UNAM	Lecture	https://sites.google.com/view/diversidadcognitiva/registro-de-actividades?authuser=0	Mexico City	Mexico	05-04-2023	I	1
107	López-Silva P. Madness as a strategy: predictive processing and the etiology of delirium	La arquitectura del delirio: diálogos y controversias sobre la psicopatología del delirio	Lecture	https://sistemascomplejos.cl/noticias/la-arquitectura-del-delirio-dialogos-y-controversias-sobre-la-psicopatologia-del-delirio/	Valparaíso	Chile	30-06-2023	N	1

108	López-Silva P. Schizophrenia and the Error-Prediction Model of Thought Insertion and Delusions about Thinking	Philosophy & Psychiatry Talk Series 2023	Lecture	https://sites.google.com/view/socialroots/events/talk-series	Granada	Spain	12-04-2023	I	1
109	Martínez C, Gaete MI, Castillo-Hermosilla M, Concha F, Paiva-Mack I, Tomicic A, Avilés F. Paper: Application of the Body-Mapping Technique for the Psychological Understanding of the Body Experience of Trans and Gender Nonconforming (TGNC) People	54th International Annual Meeting of the Society for Psychotherapy Research (SPR). “Reshaping the social representation of psychotherapy: an engagement with public mental health”	Panel	https://www.psychotherapyresearch.org/page/spr2023	Dublin	Ireland	21-06-2023	I	1
110	Martínez C, Gaete MI, Concha F, Tomicic A, Castillo M, Paiva I. The dreamed body: a study on the bodily experience of trans* and gender non-conforming people (TGNC).	Gender, Work & Organization Conference	Conference	https://gwo2023.co.za/	Stellenbosch	South Africa	28-06-2023	I	1

111	Martínez C, Levitt H. Research contributions to psychotherapy with trans* and gender nonconforming people (TGNC)	54th International Annual Meeting of the Society for Psychotherapy Research (SPR). “Reshaping the social representation of psychotherapy: an engagement with public mental health”	Panel	https://www.psychotherapyeurope.org/page/spr2023	Dublin	Ireland	21-06-2023	I	3
112	Martínez C. 30 Years of Development of the SPR in Chile and Latin America	16° Congreso Chileno de Psicoterapia. 14° Congreso Latinoamericano de Investigación en Psicoterapia	Oral communication	http://www.congresopsicoterapia.cl/Programa2023.html	Viña del Mar	Chile	25-08-2023	N	3
113	Martínez C. Application of the Body-Mapping Technique for the Psychological Understanding of the Body Experience of Trans and Gender Nonconforming (TGNC) People	LXXVIII Congreso de la Sociedad de Neurología, Psiquiatría y Neurocirugía, Sonepsyn. “De la prevención a la recuperación funcional”.	Lecture	https://sonepsyn.cl/web/congreso2023/index.php	Antofagasta	Chile	16-11-2023	N	1
114	Martínez C. Cultural competence for clinical work with LGBT people: the case of suicide	Symposium-Workshop “Suicidalidad: actualización para comprender, evaluar e intervenir eficazmente”. Universidad Diego Portales	Symposium	https://medicina.udp.cl/Symposium/	Santiago	Chile	04-08-2023	N	3

115	Martínez C. The dreamed body: three approaches to the bodily experience of trans* and gender non-conforming people (TGNC).	16° Congreso Chileno de Psicoterapia. 14° Congreso Latinoamericano de Investigación en Psicoterapia	Panel	http://www.congresopsicoterapia.cl/Programa2023.html	Viña del Mar	Chile	25-08-2023	N	1
116	Martínez C. The T Project: three years of achievements and challenges	Aniversario Centro de Referencia Amigable (CRAM)	Conference	https://www.facebook.com/p/CRAMuy-100081407533237/?locale=id_ID	Montevideo	Uruguay	13-09-2023	I	
117	Martínez P, Alunni-Menichini K, Domínguez-Cancino KA, Chabot R, Frossard de Saugy Y, Bertrand K, L'Esperance N, Loslier J, Vasiliadis HM, Huynh C, Nazif-Munoz JJ. Challenges in using administrative health databases for perinatal mental health research in Quebec	Early Life & Prenatal Health in Neurodevelopment (ELePHiNt) Conference	Oral communication	https://rbiq-qbin.qc.ca/2023/01/23/early-life-and-prenatal-health-in-neurodevelopment-elephant-conference/	Montreal	Canada	22-03-2023	I	2

118	Martínez P, Domínguez-Cancino K, Nazif-Muñoz JI. Alcohol consumption in two cohorts of individuals exposed and non-exposed to major substance-related policy reforms in Chile	6th International Conference on Public Policy (ICPP6)	Oral communication	https://www.ippapublicpolicy.org/conference/icpp6-toronto-2023/17	Toronto	Canada	29-06-2023	I	1
119	Martínez P, Gloger S, Dagnino P, Diez De Medina D. Early adverse stress and depression severity: a pilot exploration	LXXVIII Congreso de la Sociedad de Neurología, Psiquiatría y Neurocirugía, Sonepsyn. “De la prevención a la recuperación funcional”.	Lecture	https://sonepsyn.cl/web/congreso2023/index.php	Antofagasta	Chile	16-11-2023	N	1
120	Mellado A, Martínez C. Paper: Temporal organization (and disorganization) of discursive voices and their association with outcomes in a case of psychotherapy of a patient diagnosed with Borderline Personality Disorder (BPD)	54th International Annual Meeting of the Society for Psychotherapy Research (SPR). “Reshaping the social representation of psychotherapy: an engagement with public mental health”	Brief Paper Session	https://www.psychotherapypsyresearch.org/page/spr2023	Dublin	Ireland	21-06-2023	I	3

121	Miranda C & Valenzuela M. Predictors of loneliness in Chilean informal caregivers of people with dementia during the COVID-19 pandemic	International Psychogeriatric Association (IPA) 2023 International Congress	Poster	https://www.ipa-online.org/events/annual-congress/past-ipa-congresses/2023	Lisboa	Portugal	01-07-2023	I	1 y 2
122	Miranda C, Slachevsky A y Tapia T. Effectiveness of a group psychoeducational intervention program for family carers of people with dementia: a pilot randomized control trial in Chile	Alzheimer's Association International Conference (AAIC)	Poster	https://aaic.alz.org/highlights2023.asp	Amsterdam	Netherlands	17-07-2023	I	2 Y 3
123	Molina K, Soto A, Morán J, Geldres A, Duarte J, Arancibia M, Klagges M y García F. Barriers and opportunities for depression treatment in adolescents between 10 and 14 years of age in Primary Health Care	XVII Congreso Chileno de Psicología. "Psicología en tiempos de incertidumbre".	Poster	https://congresopsicologia.umag.cl/	Punta Arenas	Chile	04-10-2023	N	2

124	Morales-Reyes I, Foelsch P, Krause M. Paper: Patient-therapist interaction in change and stuck episodes in the psychotherapeutic process of patients with borderline personality disorder	54th International Annual Meeting of the Society for Psychotherapy Research (SPR). “Reshaping the social representation of psychotherapy: an engagement with public mental health”	Panel	https://www.psychotherapyeurope.org/page/spr2023	Dublin	Ireland	21-06-2023	I	3
125	Morán J, Duarte J. Depression in adolescents and MBT: mentalizing in the family	Child-Adolescent International Seminar: Intervenciones con niños, adolescentes y sus familias basadas en el apego y la mentalización. Diálogos entre la investigación y la práctica clínica. Universidad de Valparaíso, Escuela de Psicología	Oral communication	https://uv.cl/archivo-noticias-uv/26129-con-gran-exito-se-desarrollo-Seminary-internacional-infanto-juvenil-en-escuela-de-psicologia-uv	Valparaíso	Chile	13-10-2023	N	3
126	Morán J, Martínez C, Díaz F. Lecture on Therapy: Observing mentalization in psychotherapy: design and application of an instrument for process research	XVII Congreso Chileno de Psicología. "Psicología en tiempos de incertidumbre".	Lecture	https://congresopsicologia.umag.cl/	Punta Arenas	Chile	04-10-2023	N	3

127	Morán J. A system for observing mentalization in psychotherapy with adolescents: development and some applications in research and practical clinical training	16° Congreso Chileno de Psicoterapia. 14° Congreso Latinoamericano de Investigación en Psicoterapia	Oral communication	http://www.congresopsicoterapia.cl/Programa2023.html	Viña del Mar	Chile	25-08-2023	N	1
128	Muzard A, Sieverson C, Olhaberry M, León Papic MJ, Letot J, Franco P & Apter G. Prenatal family alliance, emotional regulation, and parental personality traits: their relationship with children's early socio-emotional development	16° Congreso Chileno de Psicoterapia. 14° Congreso Latinoamericano de Investigación en Psicoterapia	Oral communication	http://www.congresopsicoterapia.cl/Programa2023.html	Viña del Mar	Chile	25-08-2023	N	2
129	Núñez C & Behn A. Mapping depression heterogeneity: understanding depression profiles using network analysis	16° Congreso Chileno de Psicoterapia. 14° Congreso Latinoamericano de Investigación en Psicoterapia	Oral communication	http://www.congresopsicoterapia.cl/Programa2023.html	Viña del Mar	Chile	25-08-2023	N	1

130	Núñez C, Behn A, Errázuriz P. Paper: Mapping depression heterogeneity: Towards an understanding of symptom profiles using network analysis	54th International Annual Meeting of the Society for Psychotherapy Research (SPR). “Reshaping the social representation of psychotherapy: an engagement with public mental health”	Panel	https://www.psychotherapypsyresearch.org/page/spr2023	Dublin	Ireland	21-06-2023	I	1
131	Núñez L, Fernández S, Capella C, Alamo N, Olhaberry M, Gómez C, Rodríguez L, Azócar E. Initial interventions in child sexual abuse psychotherapy: is mentalization being promoted?	International Congress on Mentalization Based Treatment for Children, Adolescents and Families. Organized by Vidal i Barraquer Mental Health University Institute (Ramon Llull University) and the IMAGINA– Centre for Mentalization Applications, with the collaboration of the Anna Freud National Centre for Children and Families	Poster	https://mbtcongressbarcelona.com/	Barcelona	Spain	29-06-2023	I	3

132	Núñez L, Fernández S, Capella C, Olhaberry M, Álamo N, Rodríguez L, Azócar E & Gómez C. Initial interventions in child sexual abuse psychotherapy: is mentalization being promoted?	16° Congreso Chileno de Psicoterapia. 14° Congreso Latinoamericano de Investigación en Psicoterapia	Oral communication	http://www.congresopsicoterapia.cl/Programa2023.html	Viña del Mar	Chile	25-08-2023	N	3
133	Núñez L, Muñoz-Perez C, Capella C, Álamo N, Olhaberry M, Gabriel-Vacher, N. Paper: Initial therapeutic relationship with children who have been sexually abused: integrating the views of children and therapists	54th International Annual Meeting of the Society for Psychotherapy Research (SPR). “Reshaping the social representation of psychotherapy: an engagement with public mental health”	Panel	https://www.psychotherapyresearch.org/page/spr2023	Dublin	Ireland	21-06-2023	I	3
134	Olhaberry M, Álamo N, Morán J, Capella C & Núñez L. Emotional neglect, adult attachment, and child symptoms in caregivers and child victims of sexual abuse	16° Congreso Chileno de Psicoterapia. 14° Congreso Latinoamericano de Investigación en Psicoterapia	Panel	http://www.congresopsicoterapia.cl/Programa2023.html	Viña del Mar	Chile	25-08-2023	N	1

135	Olhaberry M, Leyton F, Sieverson C, Moran J, Costa S, León MJ, Muzard A & Honorato C. A mentalization-informed online video intervention focused on resources (VI-FR) for improving sensitivity in mother-infant dyads with depressive symptoms: a pilot randomized trial	16° Congreso Chileno de Psicoterapia. 14° Congreso Latinoamericano de Investigación en Psicoterapia	Oral communication	http://www.congresopsicoterapia.cl/Programa2023.html	Viña del Mar	Chile	25-08-2023	N	3
136	Olhaberry M. Assessment of MBT informed interventions developed in Chile	International Congress on Mentalization Based Treatment for Children, Adolescents and Families. Organized by Vidal i Barraquer Mental Health University Institute (Ramon Llull University) and the IMAGINA– Centre for Mentalization Applications, with the collaboration of the Anna Freud National Centre for Children and Families	Oral communication	https://mbtcongressbarcelona.com/	Barcelona	Spain	29-06-2023	I	2 Y 3

137	Olhaberry M. Construction of the first bonds between the baby and their caregivers: the basis for child development	XL Congreso de la Sociedad de Psiquiatría y Neurología de la Infancia y Adolescencia (SOPNIA). "Retomando el camino hacia el futuro. Creando nuevos puentes para avanzar".	Oral communication	https://www.sopnia.com/congreso/	Viña del Mar	Chile	08-11-2023	N	1
138	Olhaberry M. Video-feedback as a clinical tool in mentalization-informed psychotherapy: Chilean studies on early childhood	16° Congreso Chileno de Psicoterapia. 14° Congreso Latinoamericano de Investigación en Psicoterapia	Conference	http://www.congresopsicoterapia.cl/Programa2023.html	Viña del Mar	Chile	25-08-2023	N	3
139	Olhaberry M. Mentalization as a tool in therapeutic work with children and their parents	XL Congreso de la Sociedad de Psiquiatría y Neurología de la Infancia y Adolescencia (SOPNIA). "Retomando el camino hacia el futuro. Creando nuevos puentes para avanzar".	Oral communication	https://www.sopnia.com/congreso/	Viña del Mar	Chile	08-11-2023	N	3

140	Olhaberry M. Mentalization in interventions and in the analysis of the psychotherapeutic process of mother-baby dyads, children, and adolescents	16° Congreso Chileno de Psicoterapia. 14° Congreso Latinoamericano de Investigación en Psicoterapia	Panel	http://www.congresopsicoterapia.cl/Programa2023.html	Viña del Mar	Chile	25-08-2023	N	3
141	Olhaberry, M. Early attachment and psychopathology	Seminar organized by Fundación Casa para la Infancia, conducted in the Faculty of Medicine, Universidad de Valparaíso	Oral	https://fundacioncasapara lainfancia.org/	Valparaíso	Chile	01-04-2023	N	1 y 2
142	Olhaberry, M., Leyton, F., Sieverson, C., Moran, J., Costa, S., León, MJ., Muzard, A., Honorato, C. Internet mentalization-informed, Strength Based (VI-SD) Video Intervention to improve maternal sensitivity in mother-infant dyads	18th World Congress for the World Association for Infant Mental Health (WAIMH). "Early Relationships Matter: Advancing Practice, Policy And Research In Infant Mental Health".	Brief Oral Presentation	https://www.waimh2023.org/	Dublin	Ireland	15-07-2023	I	2 Y 3

143	Olhaberry, M., Núñez, L., Capella, C. & Álamo N. Psychotherapy with children who have experienced sexual abuse: early adversity and caregiver attachment, the use of mentalizing interventions, and the relationship	Child-Adolescent International Seminar: Intervenciones con niños, adolescentes y sus familias basadas en el apego y la mentalización. Diálogos entre la investigación y la práctica clínica. Universidad de Valparaíso, Escuela de Psicología	Oral communication	https://uv.cl/archivo-noticias-uv/26129-con-gran-exito-se-desarrollo-Seminary-internacional-infanto-juvenil-en-escuela-de-psicologia-uv	Valparaíso	Chile	13-10-2023	N	3
144	Olivera del Río M, Salinas Oñate N. Development and validation of an instrument to measure cultural beliefs about condom use	IX Congreso de la Sociedad Científica de Psicología de Chile	Symposium	https://cienciaspsicologica.cl/2023/11/11/programa-ix-congreso-scp/	Antofagasta	Chile	16-11-2023	N	1
145	Ortega C, Tomicic A & Aguilera M. Psychological consequences of recent VIH diagnosis in men who have sex with men: a systematic review	16° Congreso Chileno de Psicoterapia. 14° Congreso Latinoamericano de Investigación en Psicoterapia	Oral communication	http://www.congresopsicoterapia.cl/Programa2023.html	Viña del Mar	Chile	25-08-2023	N	1

146	Ortega C, Tomicic A, Aguilera M. Psychological impact on men who have sex with men (MSM) recently diagnosed with HIV: A scoping review	54th International Annual Meeting of the Society for Psychotherapy Research (SPR). “Reshaping the social representation of psychotherapy: an engagement with public mental health”	Poster	https://www.psychotherapyeurope.org/page/spr2023	Dublin	Ireland	21-06-2023	I	1
147	Ovalle A, Fischer C, Dagnino P, Vaccarezza S. Interoceptive awareness and therapist characteristics	54th International Annual Meeting of the Society for Psychotherapy Research (SPR). “Reshaping the social representation of psychotherapy: an engagement with public mental health”	Poster	https://www.psychotherapyeurope.org/page/spr2023	Dublin	Ireland	21-06-2023	I	3
148	Pérez C, Fernández O, Aldoney D, Coó S & Silva J. Preliminary results on the concordance or non-concordance in physiological and subjective response to stress in late adolescents and young adults with typical, over-controlled, and	16° Congreso Chileno de Psicoterapia. 14° Congreso Latinoamericano de Investigación en Psicoterapia	Poster	http://www.congresopsicoterapia.cl/Programa2023.html	Viña del Mar	Chile	25-08-2023	N	1

	impulsive temperament profiles								
149	Pérez C. “And Now What?” A digital intervention for promoting postpartum maternal health	16° Congreso Chileno de Psicoterapia. 14° Congreso Latinoamericano de Investigación en Psicoterapia	Panel	http://www.congresopsicoterapia.cl/Programa2023.html	Viña del Mar	Chile	25-08-2023	N	2
150	Pérez JC & Saralegui D. Supervision in an Adult Clinical Unit of a University Mental Health Center: a qualitative process study	16° Congreso Chileno de Psicoterapia. 14° Congreso Latinoamericano de Investigación en Psicoterapia	Oral communication	http://www.congresopsicoterapia.cl/Programa2023.html	Viña del Mar	Chile	25-08-2023	N	3
151	Pérez JC, Fernández O, Álamo N, Fernández S, Franco P, Coó S, García MI & Aravena M. How do participants speak and what do they convey through instant text messages in a psycho-educational intervention for preventing depression?	16° Congreso Chileno de Psicoterapia. 14° Congreso Latinoamericano de Investigación en Psicoterapia	Oral communication	http://www.congresopsicoterapia.cl/Programa2023.html	Viña del Mar	Chile	25-08-2023	N	2
152	Pérez JC. Divergences in the autonomy expectations of Chilean adolescents and their mothers?	IX Congreso de la Sociedad Científica de Psicología de Chile	Symposium	https://cienciaspsicologica.cl/2023/11/11/programa-ix-congreso-scp/	Antofagasta	Chile	16-11-2023	N	2

153	Pérez, JC & Saralegui, D. Clinical supervision dynamics in the Adult Unit of the Integral Psychology Service of Universidad del Desarrollo	Seminary IDEA23 (Innovación, Docencia, Enseñanza, Aprendizaje)	Oral	https://idea.udd.cl/	Santiago	Chile	11-07-2023	N	3
154	Pérez, JC. Family cohesion as a mediator between maternal promotion of offspring autonomy and adolescent mental health	Society for Research on Adolescence (SRA) 2023 Annual Meeting	Oral	https://www.emedevents.com/c/medical-conferences-2023/society-for-research-on-adolescence-sra-2023-annual-meeting	San Diego	USA	13-04-2023	I	2
155	Pérez-Méndez J, Behn A, Massmann T, Cottin M. Personality functioning and borderline personality disorder in patients referred for psychiatric consultation in an emergency service	54th International Annual Meeting of the Society for Psychotherapy Research (SPR). “Reshaping the social representation of psychotherapy: an engagement with public mental health”	Poster	https://www.psychotherapyresearch.org/page/spr2023	Dublin	Ireland	21-06-2023	I	1

156	Quevedo Y, Correa M, Hernández C, Behn A. Paper: Using Ecological Momentary Assessment to capture clinical effects from a 3-month online enhanced DBT-ST intervention in a public hospital in Chile	54th International Annual Meeting of the Society for Psychotherapy Research (SPR). “Reshaping the social representation of psychotherapy: an engagement with public mental health”	Panel	https://www.psychotherapyeurope.org/page/spr2023	Dublin	Ireland	21-06-2023	I	3
157	Reinel M, Altimir C y Krause M. Mindfulness in action: a proposal for a new Mindfulness operationalization in psychotherapy process research	16° Congreso Chileno de Psicoterapia. 14° Congreso Latinoamericano de Investigación en Psicoterapia	Oral communication	http://www.congresopsicoterapia.cl/Programa2023.html	Viña del Mar	Chile	25-08-2023	N	3
158	Reinel M, Altimir C, Krause M. Paper: Mindfulness in action: A proposal for a new Mindfulness operationalization in psychotherapy process research	54th International Annual Meeting of the Society for Psychotherapy Research (SPR). “Reshaping the social representation of psychotherapy: an engagement with public mental health”	Panel	https://www.psychotherapyeurope.org/page/spr2023	Dublin	Ireland	21-06-2023	I	3

159	Rodríguez V, Bacigalupo A, Morán Kneer J. Expectations in the family-school relationship with respect to the educational processes of 1 st grade students	XVII Congreso Chileno de Psicología. "Psicología en tiempos de incertidumbre".	Symposium	https://congresopsicologia.umag.cl/	Punta Arenas	Chile	04-10-2023	N	1
160	Rojas G. E-mental health interventions	Seminary Internacional “Salud Mental Digital: ¿Dónde estamos? ¿Hacia dónde vamos?”. Organizado por la Red Internacional para el Fortalecimiento y Desarrollo de la Salud Mental Digital de MIDAP	Panel	https://midap.org/red-de-salud-mental-digital-de-midap-finaliza-semana-de-actividades-con-Seminary-en-santiago/	Santiago	Chile	19-10-2023	N	2 y 3
161	Rojas G. E-mental health interventions	LXXVIII Congreso de la Sociedad de Neurología, Psiquiatría y Neurocirugía, Sonepsyn. “De la prevención a la recuperación funcional”.	Symposium	https://sonepsyn.cl/web/congreso2023/index.php	Antofagasta	Chile	16-11-2023	N	2 y 3

162	Rojas G. Introduction	International seminar “Salud mental digital: desafíos y oportunidades en Chile”. Organizado por la Red Internacional para el Fortalecimiento y Desarrollo de la Salud Mental Digital de MIDAP	Panel	https://midap.org/temuco-recibe-el-primer-de-los-dos-Seminarys-internacional-es-de-la-red-de-salud-mental-digital-de-midap/	Temuco	Chile	16-10-2023	N	
163	Rojas G. Brief manualized psychotherapy for patients with depression and chronic diseases: a controlled clinical trial during the pandemic	16° Congreso Chileno de Psicoterapia. 14° Congreso Latinoamericano de Investigación en Psicoterapia	Oral communication	http://www.congresopsicoterapia.cl/Programa2023.html	Viña del Mar	Chile	25-08-2023	N	3
164	Rojas G. The Development of Digital Mental Health in Chile	International Summit on Public Health and Preventive Medicine (ISPHPM)	Conference	https://www.spectrumconferences.com/2023/isphpm	Brussels	Belgium	08-05-2023	I	2 y 3
165	Rossi JL, Alvarado L, Behn A & Contador M. Subjective experiences of disease in patients with generalized epilepsy with tonic-clonic seizures and their	16° Congreso Chileno de Psicoterapia. 14° Congreso Latinoamericano de Investigación en Psicoterapia	Oral communication	http://www.congresopsicoterapia.cl/Programa2023.html	Viña del Mar	Chile	25-08-2023	N	1

	relation with identity construction								
166	Rubio L, Guerrero K, Ahumada F & Duarte J. Change in the expression of attachment in psychotherapy: A case study of a patient with borderline depression disorder	16° Congreso Chileno de Psicoterapia. 14° Congreso Latinoamericano de Investigación en Psicoterapia	Oral communication	http://www.congresopsicoterapia.cl/Programa2023.html	Viña del Mar	Chile	25-08-2023	N	3
167	Rubio L, Mardones F & Duarte J. Changes in implicit relational knowledge in psychotherapy: a scoping review	16° Congreso Chileno de Psicoterapia. 14° Congreso Latinoamericano de Investigación en Psicoterapia	Poster	http://www.congresopsicoterapia.cl/Programa2023.html	Viña del Mar	Chile	25-08-2023	N	3
168	Salinas N, Pérez C, Jiménez Á, Coó S. How does culture impact on the use of mental health services?	Seminary Internacional “Salud mental digital: desafíos y oportunidades en Chile”. Organizado por la Red Internacional para el Fortalecimiento y Desarrollo de la Salud Mental Digital de MIDAP	Panel	https://midap.org/temuco-recibe-el-primero-de-los-dos-Seminarys-internacionales-de-la-red-de-salud-mental-digital-de-midap/	Temuco	Chile	16-10-2023	N	1, 2 y 3

169	Salinas N, Segú MJ, Salazar C & Baeza MJ. Lecture on psychological evaluation: The role of depression symptoms and self-concealment when seeking psychological help: evidence from an invariance model between male and female university students	XVII Congreso Chileno de Psicología. "Psicología en tiempos de incertidumbre".	Lecture	https://congresopsicologia.umag.cl/	Punta Arenas	Chile	04-10-2023	N	2
170	Salinas-Oñate N, Salazar C, Baeza M & Betancourt H. What factors facilitate the search for psychological help in university students? Evidence in Chilean university students	XXXIX Congreso Interamericano de Psicología (CIP)	Lecture	https://www.cip2023.com/	Asunción	Paraguay	26-06-2023	I	1 y 2
171	Salvo JD, Krause M, Uribe L, & Ramírez I. Resource activation in the first psychotherapy session and its relation with early therapeutic change	16° Congreso Chileno de Psicoterapia. 14° Congreso Latinoamericano de Investigación en Psicoterapia	Oral communication	http://www.congresopsicoterapia.cl/Programa2023.html	Viña del Mar	Chile	25-08-2023	N	3

172	Santelices P, Gómez D. How do parental-interactions and children's temperament influence their socio-emotional development between 12 and 30 months?	18th World Congress for the World Association for Infant Mental Health (WAIMH). "Early Relationships Matter: Advancing Practice, Policy And Research In Infant Mental Health".	Symposium	https://www.waimh2023.org/	Dublin	Ireland	15-07-2023	I	2
173	Sieversen C, Olhaberry M, Guerrero K, Vásquez C & Núñez P. Therapeutic change in the alliance in mother-baby dyads taking part in online video-feedback interventions	16° Congreso Chileno de Psicoterapia. 14° Congreso Latinoamericano de Investigación en Psicoterapia	Oral communication	http://www.congresopsicoterapia.cl/Programa2023.html	Viña del Mar	Chile	25-08-2023	N	3
174	Sieversen C, Olhaberry M, Moran J, Vasquez C, Guerrero K, Nuñez P. Paper: Exploring Therapeutic Alliance Ruptures and Resolutions in Infant-Caregiver Telematic Interventions	54th International Annual Meeting of the Society for Psychotherapy Research (SPR). "Reshaping the social representation of psychotherapy: an engagement with public mental health"	Panel	https://www.psychotherapypsyresearch.org/page/spr2023	Dublin	Ireland	21-06-2023	I	3

175	Sieversen, C., Olhaberry, M., Morán, J., Vásquez, C., Guerrero, K., Núñez, P. Therapeutic Change and mentalization in depressed mother in an online mentalization-informed intervention using video-feedback	18th World Congress for the World Association for Infant Mental Health (WAIMH). "Early Relationships Matter: Advancing Practice, Policy And Research In Infant Mental Health".	Brief Oral Presentation	https://www.waimh2023.org/	Dublin	Ireland	15-07-2023	I	2 Y 3
176	Spuler C, Tomicic A. Family Therapy and Interactional Patterns in Families with Transgender youth	54th International Annual Meeting of the Society for Psychotherapy Research (SPR). "Reshaping the social representation of psychotherapy: an engagement with public mental health"	Panel	https://www.psychotherapyresearch.org/page/spr2023	Dublin	Ireland	21-06-2023	I	1
177	Strauss B, Diamond G, Silberschatz G, Wiseman H, Barber J, Krause M, Tishby O, Bhola P, McMain S. Training of psychotherapy in these changing times	54th International Annual Meeting of the Society for Psychotherapy Research (SPR). "Reshaping the social representation of psychotherapy: an engagement with public mental health"	Structured Discussion	https://www.psychotherapyresearch.org/page/spr2023	Dublin	Ireland	21-06-2023	I	3

178	Tomicic A, Guerrero K, Alarcón F, Hernández M, Aedo M, Ahumada F. Paper: Qualitative Methodology Course with Undergraduate Students: Learning about Bipolar Disorder Experiences while Doing Research	54th International Annual Meeting of the Society for Psychotherapy Research (SPR). “Reshaping the social representation of psychotherapy: an engagement with public mental health”	Panel	https://www.psychotherapyeurope.org/page/spr2023	Dublin	Ireland	21-06-2023	I	1
179	Tomicic A, Martínez C, Concha F & Paiva I. Qualitative analysis of the bodily trajectories of TGNC people	16° Congreso Chileno de Psicoterapia. 14° Congreso Latinoamericano de Investigación en Psicoterapia	Oral communication	http://www.congresopsicoterapia.cl/Programa2023.html	Viña del Mar	Chile	25-08-2023	N	1
180	Tomicic A, Martínez C, Guerrero K, Abarca F. Paper: Psychotherapy experiences of TGNC patients: A qualitative study	54th International Annual Meeting of the Society for Psychotherapy Research (SPR). “Reshaping the social representation of psychotherapy: an engagement with public mental health”	Panel	https://www.psychotherapyeurope.org/page/spr2023	Dublin	Ireland	21-06-2023	I	3

181	Tomicic A, Vásquez C, Avilés F, Díaz V, Aedo M, Duarte J. Effect of a peer support intervention for people with bipolar disorder and their families: a qualitative analysis of the perspective of the perspective of facilitators and patients	LXXVIII Congreso de la Sociedad de Neurología, Psiquiatría y Neurocirugía, Sonepsyn. “De la prevención a la recuperación funcional”.	Lecture	https://sonepsyn.cl/web/congreso2023/index.php	Antofagasta	Chile	16-11-2023	N	2
182	Tomicic A. Contributions of qualitative research to the development of public policy in mental health and psychotherapy	Seminary Aportes de la Investigación Cualitativa para el desarrollo de Políticas Públicas en Salud Mental y Psicoterapia	Seminary	https://psicologia.udp.cl/agenda/Seminary-aportes-a-la-investigacion-cualitativa-para-el-desarrollo-de-guias-y-orientaciones-clinicas-sensibles-y-culturalmente-competentes/	Santiago	Chile	13-04-2023	N	3
183	Tomicic A. Psychotherapy experiences of TGNC patients: a qualitative study	V Edición Enfoque de Género desde la Academia	Conference	https://www.udla.edu.ec/sig/		Ecuador	13-11-2023	I	3

184	Tomicic A. Psychotherapy experiences of TGNC patients: a qualitative study	LXXVIII Congreso de la Sociedad de Neurología, Psiquiatría y Neurocirugía, Sonepsyn. “De la prevención a la recuperación funcional”.	Lecture	https://sonepsyn.cl/web/congreso2023/index.php	Antofagasta	Chile	16-11-2023	N	3
185	Vaccarezza S, Errázuriz P. The Impact of Childhood Maltreatment and Personality Functioning on Depression and Anxiety Symptoms in Adult Patients in Psychotherapy	54th International Annual Meeting of the Society for Psychotherapy Research (SPR). “Reshaping the social representation of psychotherapy: an engagement with public mental health”	Poster	https://www.psychotherapypsyresearch.org/page/spr2023	Dublin	Ireland	21-06-2023	I	1 y 3
186	Vásquez C, Núñez P, Sieverson C & Olhaberry M. Are ruptures scarce or are we not seeing them? A study of the ruptures of the therapeutic alliance in a sample of mothers with postpartum depression symptomatology and their babies taking part in an intervention based on mentalization and video-feedback	16° Congreso Chileno de Psicoterapia. 14° Congreso Latinoamericano de Investigación en Psicoterapia	Poster	http://www.congresopsicoterapia.cl/Programa2023.html	Viña del Mar	Chile	25-08-2023	N	3

187	Vidal-Rojas J, Tomicic A, Martínez C, Godoy V. LGB community prejudice scale towards psychotherapy: construction and psychometric results	54th International Annual Meeting of the Society for Psychotherapy Research (SPR). “Reshaping the social representation of psychotherapy: an engagement with public mental health”	Poster	https://www.psychotherapyeurope.org/page/spr2023	Dublin	Ireland	21-06-2023	I	3
188	Vidal-Rojas J, Tomicic A, Martinez C. Strengthening and weakening of the therapeutic bond with people from the LGBT community: the perspective of the therapeutic dyad	54th International Annual Meeting of the Society for Psychotherapy Research (SPR). “Reshaping the social representation of psychotherapy: an engagement with public mental health”	Poster	https://www.psychotherapyeurope.org/page/spr2023	Dublin	Ireland	21-06-2023	I	3
189	Williams K, Olivares C, Miranda C, Morán Kneer J, Andrea Geldres A. Construction of an instrument for evaluating mentalization capacity in adolescents	XVII Congreso Chileno de Psicología. "Psicología en tiempos de incertidumbre".	Poster	https://congresopsicologia.umag.cl/	Punta Arenas	Chile	04-10-2023	N	1

Appendix IV: Editorial boards

Nº	Name of publication	Category	Member(s) of the Committee	Starting	Ending
1	Aging and Mental Health	ISI/WOS o Similar to ISI/WOS standard	Claudia Miranda	2018	
2	Castalia - Revista de Psicología de la Academia de Humanismo Cristiano	Latindex	Álvaro Jiménez	2019	
3	Cinta de Moebio, Revista de Epistemología de Ciencias Sociales	ISI/WOS o Similar to ISI/WOS standard	Pablo López	2014	
4	Clinica Chimica Acta	ISI/WOS o Similar to ISI/WOS standard	Luis Salazar	2014	
5	Critical Public Health	ISI/WOS o Similar to ISI/WOS standard	Cristian Montenegro	2018	2023
6	Frontiers in Pharmacology	ISI/WOS o Similar to ISI/WOS standard	Luis Salazar	2021	
7	Frontiers in Psychiatry	ISI/WOS o Similar to ISI/WOS standard	Paul Vöhringer Pablo López Silva	2021	
8	Frontiers in Psychology	ISI/WOS o Similar to ISI/WOS standard	Alemka Tomicic	2017	
9	International Journal of Clinical and Health Psychology	ISI/WOS o Similar to ISI/WOS standard	Daniel Espinosa Alex Behn	2022	

10	International Journal of Environmental Research and Public Health. This special issue belongs to the section "Mental Health" / Guest Editor	ISI/WOS o Similar to ISI/WOS standard	Álvaro Jiménez	2022	2023
11	Journal of Clinical Psychology	ISI/WOS o Similar to ISI/WOS standard	Adam Otto	2020	
12	Journal of Critical Public Health (JCPH). This is the inaugural issue of JCPH, that was created in July 2023 to coincide with the resignation by members of the editorial board of Critical Public Health.	Otras Publicaciones	Cristian Montenegro	2023	
13	Journal of Research on Adolescence	ISI/WOS o Similar to ISI/WOS standard	Carola Pérez	2022	
14	Journal of Studies on Alcohol and Drugs	ISI/WOS o Similar to ISI/WOS standard	Álvaro Vergés	2016	
15	New Psychiatry	Other publications	Paul Vöhringer	2023	
16	Pharmaceutics / Topical Advisory Panel	ISI/WOS o Similar to ISI/WOS standard	Luis Salazar	2020	
17	Philosophical Psychology	ISI/WOS o Similar to ISI/WOS standard	Pablo López Silva	2021	
18	PLOS Global Public Health	Scopus	Cristian Montenegro	2021	
19	PLOS Mental Health	Other publications	Vania Martínez	2023	
20	Psicoperspectivas	Scopus	Claudia Capella	2022	2023

21	Psychiatric Services	ISI/WOS o Similar to ISI/WOS standard	Matías Irrarrázaval	2022	
22	Psychotherapy Research	ISI/WOS o Similar to ISI/WOS standard	Mariane Krause	2014	
23	Psychotherapy Research	ISI/WOS o Similar to ISI/WOS standard	Claudio Martínez	2023	
24	Psykhē	Scopus	Alex Behn	2023	
25	Revista APSAN	Other publications	Alberto Botto	2021	
26	Revista Chilena de Neuropsicología	LILACS	Diego Cosmelli Sergio Gloger Jaime Silva	2014	
27	Revista Chilena de Psiquiatría y Neurología de la Infancia y Adolescencia	SCIELO o Similar to SCIELO standard	Vania Martínez	2021	
28	Revista de Psiquiatría Clínica	Scopus	María Graciela Rojas	2018	
29	Revista Praxys Psy	Other publications	Claudio Martínez	2023	
30	Revista Praxys Psy (En número especial, Vol. 24, Núm. 40)	Other publications	Javiera Duarte	2023	2023
31	Somatosphere: Science, Medicine, Anthropology	Other publications	Cristian Montenegro	2018	
32	Studies in Psychology	ISI/WOS o Similar to ISI/WOS standard	Diego Cosmelli	2017	
33	Terapia Psicológica	ISI/WOS o Similar to ISI/WOS standard	Mariane Krause Jaime Silva	2014	

34	Terapia Psicológica	ISI/WOS o Similar to ISI/WOS standard	Alemka Tomicic	2020	
35	Terapia Psicológica	ISI/WOS o Similar to ISI/WOS standard	Javiera Duarte	2021	
36	Topics in Cognitive Science (topiCS)	ISI/WOS o Similar to ISI/WOS standard	Diego Cosmelli	2020	2023

Appendix V: Students graduated in 2023

Student	Educational level	Thesis title	Date of approval
Sebastián Neira Vallejos	PhD	Adherence to type 1 diabetes treatment in insulin pump users: relevant psychological variables and application of an ecologically pertinent intervention	30-10-2023
José Rossi Mery	PhD	Subjective experiences of disease in patients with generalized epilepsy with tonic-clonic seizures and their relation with the personal identity construction process.	16-10-2023
María Salinas Rehbein	PhD	Association between interpersonal relationships, psychological factors, and treatment adherence in adults with type 2 diabetes mellitus.	31-03-2023
María Velasco Hodgson	PhD	Association between benevolent and adverse experiences in childhood and the risk of adult morbidity in a sample of the Maule cohort.	08-09-2023
Catalina Aravena Berríos	Master's Degree	Design of a web-based intervention informed by mindfulness and constructivism for patients with overnutrition in primary health care.	09-05-2023
Alicia Candia Roa	Master's Degree	The influence of early adverse and benevolent experiences on women's and men's depressive symptomatology.	29-03-2023
Pamela Curifuta Herrera	Master's Degree	Longitudinal study of the children's expectations regarding child psychotherapy.	28-04-2023
Martín Ferrada Vega	Master's Degree	The role of reinforcers in the relationship between social anxiety and problematic Internet use in Chilean adults.	25-05-2023

Alejandra Iturra Arenas	Master's Degree	Validation of the perinatal affectivity evaluation.	30-04-2023
Sofía Bozzolo Richter	Master's Degree	Proposal of a psycho-educational manual for people with suspected or diagnosed borderline personality disorder.	28-08-2023
Alexandra Epstein Milberg	Master's Degree	How mental health workers experience the challenges they face working in the public mental health service in Chile.	21-04-2023
Ana Pérez Méndez	Master's Degree	Prevalence of borderline personality disorder and resource use in patients who attend the emergency service at the Sótero del Río Treatment Complex for psychiatric reasons.	18-04-2023
Daniel Vásquez Cembrano	Master's Degree	Heterogeneity of depression: a scoping review.	14-11-2023
Paula Vásquez Astudillo	Master's Degree	Trajectories of the alliance between caregivers and caregivers of children receiving treatment for child sexual abuse, considering their traumatic experiences as children and their attachment patterns.	05-09-2023
María Araya Lira	Master's Degree	Evaluation of the learning experience of psychology students with respect to a set of audiovisual materials for risk evaluation and safety planning.	03-05-2023
Trinidad Gómez Ortega	Master's Degree	Clinical professors' perception of the usefulness and feasibility of an audiovisual short from the HAP (Applied Psycho-therapeutic Skills) project for psychotherapist training.	03-05-2023
Francisca Vadell Fernández	Master's Degree	Take care of your mental health! 2022 campaign. A psycho-educational intervention targeting school climate and violence aimed at caregivers of school students.	19-01-2023

Felipe Alarcón Del Pino	Undergraduate	Study on psychoanalysis, gender, and masculinities.	31-05-2023
Jeisi Fuentes Delgado	Undergraduate	Initial therapeutic alliance in sexual abuse psychotherapy: exploring its relation with the clinical and demographic variables of children and their therapists.	31-05-2023
Martín Hernández Guajardo	Undergraduate	Presentation of the tasks conducted in the work placement and associated reflections.	30-04-2023
Alejandra Saldivia Gómez	Undergraduate	Initial therapeutic alliance in sexual abuse psychotherapy: exploring its relation with the clinical and demographic variables of children and their therapists.	31-05-2023
Gerardo Pérez Muñoz	Undergraduate	Children's participation: a critical analysis of the psychosocial interventions aimed at child victims of sexual abuse.	12-10-2023
Carla Vásquez Vásquez	Undergraduate	Immigration and psychosis: a systematic review.	02-05-2023

Appendix VI: Awards or acknowledgments to MIDAP researchers

N°	Researcher	Award	Country	Awarding Institution	Contribution of the Researcher	Date
1	Claudia Miranda	University President's Medal within the context of the celebrations for the 12 th anniversary of the Universidad de Tarapacá	Chile	Universidad de Tarapacá	Outstanding work as a mental health professional	28-12-2023

2	Cristian Montenegro	Career Development Award	United Kingdom	Wellcome Trust		01-10-2023
3	Cristian Montenegro	Above and Beyond Silver Award for Outstanding Performance	United Kingdom	Faculty of Humanities, Arts and Social Sciences, University of Exeter	Outstanding performance	16-06-2023
4	Javier Morán	Third place in the competition for studies on child-adolescent psychiatry, with the entry “ Conectad@s ”, for treating postpartum depressive symptomatology in PHC	Chile	XL Congreso de la Sociedad de Psiquiatría y Neurología de la Infancia y Adolescencia (SOPNIA)	Research work	08-11-2023
5	Javier Morán	Selected to join the 2023-2025 Advisory Board of the Agency for the Defense of Children.	Chile	Defensoría de los Derechos de la Niñez	The researcher was commissioned to advise the Agency on all matters pertaining to the operations of this body which require input from civil society to be adequately resolved. Also, the researcher is required to generate proposals to steer the operations or actions of the Agency, receive proposals from civil society regarding the role and responsibilities of the Agency, and channel the opinions of civil society regarding the role and responsibilities of this body.	16-10-2023

6	Juan Pablo Jiménez	Professor Emeritus of Psychiatry	Chile	Universidad de Chile	Juan Pablo Jiménez was awarded the position of Professor Emeritus of Universidad de Chile. This award was granted in recognition of his exemplary contributions to the academic field, research, and the training of professionals in the service of the country	18-05-2023
7	Luis Salazar	Prize to the best Poster in Medicine, Dentistry, and Health Sciences IV Congreso de Estudiantes y Graduados de Postgrado	Chile	Universidad de La Frontera	Advisor	24-08-2023
8	Marcia Olhaberry	Third place in the competition for studies on child-adolescent psychiatry, with the entry “Conectad@s”, for treating postpartum depressive symptomatology in PHC	Chile	XL Congreso de la Sociedad de Psiquiatría y Neurología de la Infancia y Adolescencia (SOPNIA)	Research work	08-11-2023

9	María Pía Santelices	The Tecnológico de Monterrey conferred an award on her due to a project that seeks to address the impact of early adverse experiences on physical and mental health	Mexico	La Tríada y Fundación FEMSA	In recognition of the project “Early adverse experiences, clinical biomarkers, and impact on health: a proposal for a preventive program to foster well-being in early childhood”. This initiative addresses the problem of adverse childhood experiences (ACEs) and their impact on toxic stress, which can have serious consequences for the health and well-being of children and adults.	01-12-2023
10	Mariane Krause	Senior Distinguished Research Career Award. 54th International Annual Meeting of the Society for Psychotherapy Research (SPR).	Ireland	Society for Psychotherapy Research (SPR)	In recognition of her major contributions to the scientific study of psychotherapy	21-06-2023
11	Matías Irrarrázaval	WHO Director-General's Excellence Award for his work in the Special Mental Health Initiative	Switzerland	World Health Organization	Regional researcher	15-07-2023
12	Pablo Martínez	Soutien à la participation à des conférences internationales 2023-2024	Chile	Réseau de recherche en santé des populations du Québec	100%	11-10-2023

13	Paula Dagnino	International fund for psychoanalysis research	United Kingdom	International Psychoanalytical Association –IPA	The results of the study “Periods sensitive to early adversities in personality development. The relation between adverse childhood experiences and personality integration level” will enrich psychoanalytic theory.	01-07-2023
14	Paula Errázuriz	Lester Luborsky Student Poster Award. 54th International Annual Meeting of the Society for Psychotherapy Research (SPR)	Ireland	Society for Psychotherapy Research (SPR)	Co-researcher	24-06-2023